

# express

A PUBLICATION OF **The Washington Post** | LIVE ALL DAY AT [WWW.READEXPRESS.COM](http://WWW.READEXPRESS.COM) | JUNE 20, 2006 | >> **FREE** <<

## Tuesday



8,000 troops searched for the missing soldiers.

**Missing GIs:** Group tied to al-Qaeda claims kidnapping | **6**

**Wetlands Ruling:** Divided high court affirms protection | **3**

**Feel the Heat:** Reeling Mavericks try to force Game 7 in Dallas | **22**

### ENTERTAINMENT

**High Wire Act:** All eyes are on *Thom Yorke* as Radiohead makes its next move. Also, the now of the Futureheads; will My TV's soaps clean up?

>> **13-17**

**Weather** >> Sunny, Storms

**90 | 70**

FULL FORECAST ON PAGE 34

## Rice Puts N. Korea on Notice

Possible ballistic missile launch stirs international concern

**WASHINGTON** | Secretary of State Condoleezza Rice warned North Korea on Monday it will face consequences if it test-fires a missile thought to be powerful enough to reach the West Coast of the United States.

"It would be a very serious matter and, indeed, a provocative act should North Korea decide to launch that missile," Rice said amid indications that the North Koreans could launch an intercontinental ballistic missile at any moment.

The senior U.S. diplomat said the United States would talk to other nations about action should the North go ahead, and "I can assure everyone that it would be taken with utmost seriousness."

The United States, Japan, Australia, South Korea and other countries have urged North Korea to abandon any missile firing, but there was no sign of backing down. U.S. officials said Monday the missile was apparently fully assembled and



Rice

fueled, giving the North a launch window of about a month.

Unlike other preparatory steps the United States has tracked, the fueling process is very difficult to reverse, and most likely means the test will go ahead, one senior administration official said.

The precise timing is unclear, the official said. ANNE GEARAN (AP)

## Deluge Forces Evacuations in La., Texas



**HELPING HANDS:** Brandi Brown, 8, is lifted into the arms of a Houston firefighter on Monday as she and her family evacuate their home. Torrential storms dumped 10 inches of rain on parts of Texas and Louisiana. More rain was in the forecast. ♦ **Relief effort:** Texas Gov. sends in the National Guard | **Page 4**

**IRONY | Yur a Grait Spellur!** Caitlin Campbell couldn't spell "collyrium," but someone in Amarillo, Texas, couldn't spell her last name. A billboard went up in this Panhandle city to honor Caitlin's eighth-place finish in the national spelling bee; it reads:



"Congratulations! Caitlin Cambell for making Amarillo proud." Lamar Outdoor Advertising, which donated the space, said it plans to replace the downtown sign with the correct spelling. Caitlin, 14, made it to the ninth round of the bee. (AP) **EyeOpeners** | **Page 2**

# eyeOpeners

## COMPUTER NERDS

## Not Surprisingly, It Will Be a Bachelors' Degree

Abertay University in Dundee, England, is offering the country's first degree in computer hacking, the Daily Record reported. Classes in the major will teach students how to find out passwords and log-in information, and how to shut down computer systems; the aim is to produce hackers that could work for the government against computer criminals. However, even teachers in the discipline say teaching criminal activities could produce more criminals. (EXPRESS)



## MEAT

## OK, New Idea ... Panda Burgers!

Animal rights activists in Buiji, China, stormed a cat-meat restaurant and shut it down, Xinhua news agency reported. About 100 demonstrators — including a local beauty pageant winner —

held banners reading "Cats and dogs are friends of human beings" as they rushed into Fangji Cat Meatball restaurant, accusing the establishment of using street cats for meat and demanding that the owner release any cats awaiting slaughter; however, the owner had already taken the cats out of the eatery. (EXPRESS)



## LEAPS OF FAITH

## Evel Kid-ievel

To protect these children from evil spirits, "El Colacho," a man representing the devil and dressed in a traditional red and yellow costume, jumped over them in Castrillo de Murcia, Spain, on Sunday. But to protect these children from being squashed under the shoes of a leaping man ... hmm. Anyway, "El Colacho" has been jumping over babies in the unusual ritual for centuries during traditional celebrations of Corpus Christi. (EXPRESS)

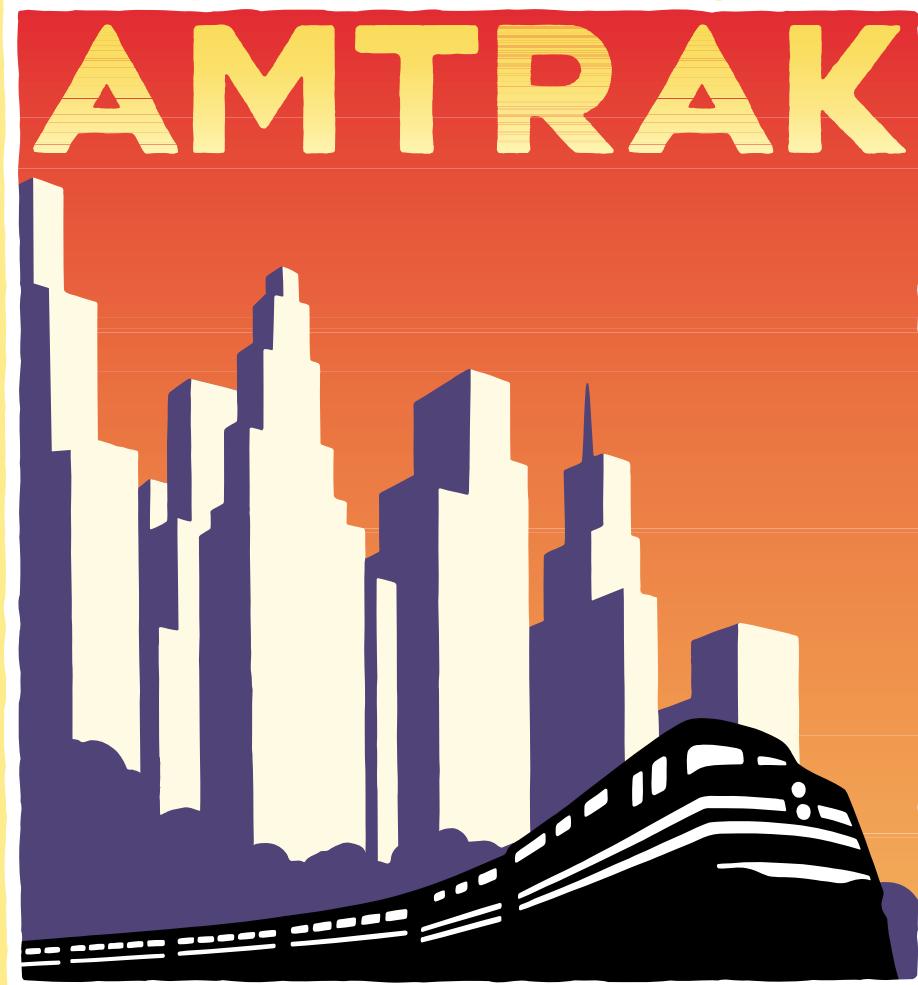


"After you practice parallel parking, we'll make you a fake driver's license."

## TEACHERS

## We'll Hire You When You Get Out of Jail

A Marchwood, England, man who posed as a qualified driving instructor has been sent to jail for two years for fraud — even though his students passed the driving exam at a rate higher than the national average, the Daily Mail reported. Donald Johnston didn't pass exams necessary to be a driving instructor, and lied about his scores in order to get a driving-school franchise. Before Johnston was arrested, 80 percent of his students passed the driving exam on the first time; the national average is 46 percent. (EXPRESS)



## SHARE FARES.<sup>SM</sup>

*Two's company. Three's a deal.*

**SAVE  
UP TO 50%**

Now groups of three to six can save 25% to 50% on fares throughout the Northeast.

Visit [AMTRAK.COM](http://AMTRAK.COM) or call 1-800-USA-RAIL

Use code: H620

 AMTRAK<sup>®</sup>



**REVIEW PENDING:** A Pentagon document classifies homosexuality as a mental disorder, decades after mental health experts abandoned that position. A Pentagon spokesman said the document, which outlines discharge policies, is under review.

## Nation

### In Brief



An air tanker drops fire retardant on a blaze in northern Arizona on Monday. ROY DABNER/AP

**SEDONA, ARIZ.**

#### Wildfires Scorch 1,000 Acres, Force Massive Evacuations

Fire crews struggled with hot, dry and windy weather Monday as they fought to protect hundreds of homes and businesses from a 1,100-acre wildfire creeping into northern Arizona's scenic Oak Creek Canyon. The fire started Sunday and spread quickly, forcing the evacuation of about 400 homes and businesses in the narrow canyon and about 100 homes in five subdivisions on the rugged north side of Sedona. (AP)

**PIERRE, S.D.**

#### Voters to Decide Fate of Law Banning Most Abortions

Voters will have the final say on South Dakota's tough new law that bans almost all abortions. The law's opponents rallied to put a question on the Nov. 7 ballot asking voters if the law should go into effect as planned or be dumped. The state's abortion law, among the strictest in the nation, bans the procedure in all cases except when necessary to save a woman's life, with no exceptions for rape or incest. (AP)

# Court Split on Wetland Protections

### In 5-4 vote, justices limit role of developers, challenge Clean Air act

**WASHINGTON** | The Supreme Court ruled Monday that the government can block development on hundreds of millions of acres of wetlands, even on land miles away from waterways, as long as regulators prove a connection to the waterways.

Chief Justice John Roberts, in his first major environmental case, came up one vote short of dramatically limiting the scope of the land-

mark Clean Water Act.

At the same time, property rights advocates won a new test for when wetlands can be regulated. Moderate Justice Anthony M. Kennedy said there must be a "significant nexus" between the wetland and a navigable waterway.

Any land in America would be covered under the government's interpretation of the law, Roberts and the court's other three conservatives complained in an opinion.

The court's four liberal members said the conservatives would have opened up sensitive wetlands

to polluters.

It was a dramatic conclusion to a pair of property rights cases the justices agreed to review last fall, just days after Roberts joined the court. The Bush administration defended the law and had urged the court to stay out of the case.

The justices were so splintered that there were five separate opinions covering 100 pages.

The key decision was by Kennedy, who agreed with the liberal members that federal regulations can apply to land adjacent to tributaries.

### Courting Kennedy

→ Since the addition of two conservative justices, forming a majority in major cases now depends on winning the vote of moderate Anthony M. Kennedy. | **Today, A Section**

**IN** **The Washington Post**

Kennedy, however, joined conservatives in ruling that regulators may have misinterpreted the Clean Water Act when they refused to let two Michigan property owners build on wetlands they own.

GINA HOLLAND (AP)

**RHODE ISLAND | STACKED AND SOARING**



# Bush Warns Iran Over Uranium Enrichment

### U.S. issues ultimatum ahead of nuclear talks: stop or face sanctions

**KINGS POINT, N.Y.** | President Bush told Iran on Monday that nations worldwide won't back down from their demand that Tehran suspend uranium enrichment.

"Iran's leaders have a clear choice. We hope they will accept our offer and voluntarily suspend these activities so we can work out an agreement that will bring Iran real benefits," Bush said a day before leaving for talks with European Union leaders who are working to resolve the

nuclear dispute.

If Iran's leaders reject the offer, they will face action before the U.N. Security Council and progressively stronger political and economic sanctions, Bush said.

On Sunday, Iran said U.S. insistence that negotiations be conditioned on Tehran's suspension of uranium enrichment has narrowed the scope of possible solutions.

Bush made it clear he would not budge. He said allowing Iran to enrich uranium, a process that can make nuclear fuel for a power plant or fissile material for an atomic bomb, would present a grave threat to the world. DEB REICHMANN (AP)

Allergies?

### Summer is here.

The lazy, sneezy, watery-eye days of summer are here. Tree pollen replaced with mold spores, grass pollen replaced with weed pollen. Fatigue, difficulty breathing, skin conditions or the inability to concentrate may be caused by allergies. Our physicians have the latest medicines, testing and treatment programs to help you feel better quickly, safely and easily all without those painful scratch tests.

Please accept our invitation to visit us and to make an appointment today.

Please call for an appointment  
T: 800.535.5227 [MyAllergyCare.com](http://MyAllergyCare.com)

We participate with most health-plans

**Allergy Care Centers**  
*Care for All Seasons*

**Live!**  
on Woodrow Wilson Plaza  
Ronald Reagan Building and International Trade Center • [www.itdc.com](http://www.itdc.com)  
A project of the U.S. General Services Administration.

Today's Free Performance  
**BG & The Mojo Hands**  
Rollin' & Tumblin' Blues

6/21 City Dance Ensemble  
6/22 One Nite Stand  
6/23 DC Caribbean Carnival  
Schedule subject to change.

JUNE • JULY • AUGUST  
12 noon–1:30 pm  
Monday–Friday  
1300 Pennsylvania Ave., NW

## IRS PROBLEMS?

**EX-IRS AGENTS AND TAX PROFESSIONALS NEGOTIATE FOR YOU!**

"...the (Nation's) most successful (in terms of size) tax-resolution company."\*  
—The Wall Street Journal

**Free Tax Settlement Analysis:**  
Confidential Interview by Appointment Only

**800-765-3007**



**www.taxexperts.com**  
6 Locations in the D.C. Area

**The Nation's Largest Tax Representation Firm**

**Free Special Report: "How to End IRS Problems"**  
**877-451-9111**

We Also Negotiate Defaulted Student Loans

**800-499-0951**

\*not an endorsement by the WSJ

## Herniated Disc Technology Discovered by NASA Scientists

A new free report has recently been released that reveals how breakthrough medical technology is offering new hope for sciatica sufferers. Discover how research has proven non-surgical spinal decompression 86% successful in treating debilitating back pain. Find out how why astronauts don't have back pain and how NASA's accidental discovery lead to the most promising treatment today. For your free report entitled, "How Space Age Technology Is Solving Back Pain Without Drugs Or Surgery!" call 1-800-357-5039 for the toll-free 24 Hour recorded message. Supplies are limited - call now. If phone lines are busy, visit: [www.DiscReportVA.com](http://www.DiscReportVA.com)

4 | EXPRESS | 06.20.2006 | TUESDAY

## Nation



**SWAMPED:** A motorist drives down a flooded street on Monday in Houston. Heavy downpours created a nightmare commute for residents in southeast Texas.

DAVID J. PHILLIP/AP



## HOPKINS HOUSE

A Learning Center for Children and Families

### An Evening With Senator Barack Obama

On Family, Fatherhood, Faith and Leadership

This Wednesday, June 21, 2006

Reception and Dinner  
6:30pm

Hilton Alexandria Mark Center  
5000 Seminary Road  
Alexandria, VA 22311

**Call Today To Purchase Tickets  
(703) 549-4232**

For Information about Hopkins House visit  
[www.HopkinsHouse.org](http://www.HopkinsHouse.org)  
1224 Princess Street, Alexandria, VA 22314

**Tickets Still Available - Buy Your Ticket Today!**



**Special Guests:** Minnie Howard 9th Grade students, T.C. Williams High School students, and Hopkins House Alumni.

**Sponsored By:** CFA Mortgage, James N. Dresser, Mary Jane Maddox, William D. Euille Foundation, Choice Title & Escrow, Minuteman Press, Christopher Consultants, Ltd., Hyjek & Fix, and Mirant.

Proceeds benefit Hopkins House programs for children and families. Hopkins House is a 501(c) (3) non-profit organization.

## Floods Threaten Texas, Louisiana

Gov. Perry taps troops to aid evacuation after torrential downpours

HOUSTON | Texas' governor sent National Guard troops to Houston Monday as torrential rainfall flooded homes and highways in southeastern Texas and parts of Louisiana, where more than 100 patients had to be evacuated from a nursing home.

Houston Mayor Bill White toured his city by helicopter and described seeing "block after block after block flooded."

As much as 10.5 inches of rain were reported in the Houston area by the height of the morning rush hour. Almost 6 inches of rain fell in just 75 minutes near Hobby Airport, the National Weather Service reported.

Gov. Rick Perry ordered the Texas Army National Guard to send trucks, helicopters, swift water rescue teams

and an incident management team to the flooded area.

No deaths had been reported, but roads across the Houston area, including Interstate 10 and other major arteries, were flooded and vehicles were stalled. Hobby Airport was closed for more than 2 hours because employees couldn't get through the flooded roadways.

The storm cell that swamped the city was moving out by mid-day, but more rain was expected by evening. A flood watch was in effect until Tuesday morning for about a dozen counties in southeastern Texas.

In Louisiana, emergency crews evacuated more than 100 patients from Holly Hill Nursing Home, where water was 81 inches deep in some of the halls. Fire departments and two ambulance companies moved patients to another nursing home about 15 miles away.

CHRIS DUNCAN (AP)

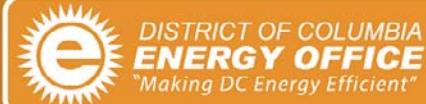
## Save with ENERGY STAR



### ATTENTION D.C. Electric Consumers

To receive your rebate for purchases made between April 13, 2006 and May 31, 2007, you must mail your receipt and rebate form to:

DC Energy Office  
2000 14th Street NW, Ste. 300  
Washington DC, 20009  
attn: Energy Star Rebate



For more information call: 202.673.6750 or visit: [www.dceo.dc.gov](http://www.dceo.dc.gov)

## Rice's Deputy Turns In Resignation

WASHINGTON | Deputy Secretary of State Robert Zoellick, the department's No. 2 official, is resigning, Secretary of State Condoleezza Rice announced Monday.

Rice praised Zoellick's "tireless work ethic," and said he had served as her "alter ego" in the department. She did not announce a replacement.



Zoellick, 52, said he would join the Wall Street investment house Goldman Sachs Group Inc. and concentrate on trying to develop investment markets around the world. (AP)



**HEIRLOOM:** Former Atlanta Mayor Andrew Young and Mayor Shirley Franklin are hoping to buy Martin Luther King's personal papers and keep them in the city.

## Nation

# Big Easy Calls in the Guard

La. governor deploys troops to city's streets after deadly weekend

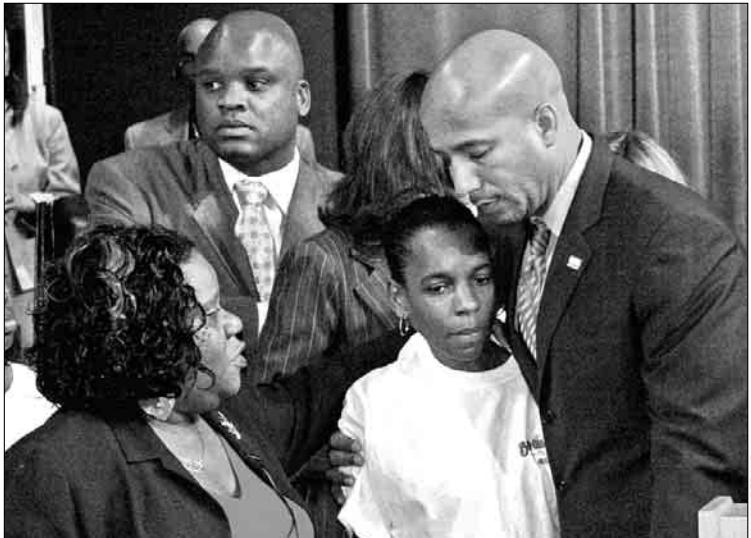
**NEW ORLEANS** | Acting at the mayor's request, Gov. Kathleen Blanco said Monday she would send National Guard troops and state police to patrol the streets of New Orleans after a bloody weekend in which six people were killed.

"The senseless slaying of five teenagers this weekend is shocking," Blanco said. "Things like this should never happen, and I am going to do all I can to stop it."

The governor did not specify how many troops and officers she planned to deploy. Earlier Monday, Mayor Ray Nagin asked for as many as 300 National Guardsmen and 60 state police officers.

It was the first time the National Guard has been used for law enforcement in the United States since the aftermath of Hurricane Katrina.

Nagin had sought the troops after five teenagers in an SUV were shot



**CALL TO ACTION:** New Orleans Mayor Ray Nagin hugs Monalisa Hunter at a press conference on Monday. Hunter lost two sons in a shooting over the weekend.

and killed in the city's deadliest attack in at least 11 years. Police said the attack was apparently motivated by drugs or revenge. Also, a man was stabbed to death Sunday night in an argument over beer.

"Today is a day when New Orleanians are stepping up. We've

had enough," Nagin said.

Nagin said he would not allow criminals to take over when the city is still trying to recover. The mayor said troops should be posted in heavily flooded neighborhoods to free police to concentrate on hot spots elsewhere. CAIN BURDEAU (AP)

## REALIZE YOUR POTENTIAL. LEAD CRITICAL CHANGE.

**Earn a Master's Degree in Organization Development  
in just one weekend a month.**

- ★ Manage human resources
- ★ Implement strategic change

- ★ Improve organization performance
- ★ Increase leadership capacity

Attend an Information Session with faculty and alumni

**Monday, June 26**

6:00 - 7:30 p.m.

Henley Park Hotel, Eton Room  
926 Massachusetts Avenue, NW  
Washington, DC

Metro-accessible: Gallery Place-Chinatown stop

To RSVP, call 202-885-6230

Visit [american.edu/auntl](http://american.edu/auntl) to learn more about the AU/NTL MSOD



SCHOOL of PUBLIC AFFAIRS  
AMERICAN UNIVERSITY ★ WASHINGTON, D.C.



AMERICAN UNIVERSITY AND EMPLOYER

**GRAPHIC DESIGN & MULTIMEDIA**

**CALL TODAY**  
**1-866-811-6459**

**WESTWOOD COLLEGE**  
[WWW.WESTWOOD.EDU](http://WWW.WESTWOOD.EDU)

**ANNANDALE** 7619 Little River Turnpike, 5th Floor • Annandale, VA 22003  
**ARLINGTON/BALLSTON** 1901 N. Ft. Myer Drive, Suite 300 • Arlington, VA 22209

Accredited by the Accrediting Commission of Career Schools and Colleges of Technology (ACCSC). Westwood College - Arlington Ballston (Arlington, VA) is a Branch of Westwood College - Long Beach (Torrance, CA) and has been certified to operate in Virginia by the State Council of Higher Education for Virginia (SCHEV). Westwood College - Annandale Satellite (Annandale, VA) is a satellite campus of Westwood College - Arlington Ballston (Arlington, VA), a branch of Westwood College - Long Beach (Torrance, CA) and has been certified to operate in Virginia by the State Council of Higher Education for Virginia (SCHEV).

Not all programs offered at all campuses.



## Slow Metabolism? Need to lose weight but can't?

- Average 35 lbs of weight-loss in 12 weeks
- Medically supervised - Effective & Safe
- Stops your food cravings
- Boosts your metabolism
- Increases your energy
- Keeps you from feeling deprived

**What have you got to lose? Only weight.  
Call us for a free consultation. 888-577-7587  
or visit us at [www.spdiet.com](http://www.spdiet.com)**



**Carol lost 56 pounds**



**Look  
at our  
results:**

**Jo Ann lost 58 pounds**



**Got  
Belly  
Fat?  
FREE WORKSHOP**

**The secret to losing weight in the belly, hips and thighs begins by knowing your BODY TYPE**

*You will Learn...*

- The basic BODY SHAPES and how hormones can distort the body and block weight loss
- How to trigger your body's FAT BURNING hormones to increase metabolism
- The biggest mistake people make with exercising, which prevents weight loss
- Why hormones affect what you crave.
- How CHRONIC PAIN and SLEEPING PROBLEMS can be related to your body shape.
- You don't lose weight to GET healthy – you get healthy so you CAN lose weight.

Limited Seating! Call for location, and date.

Speaker: Dr. Eric Berg, D.C.

Limited Seating

**REGISTER NOW 703-354-7336**

# World



"This council represents a great new chance for the United Nations and for humanity. [D]o not let the opportunity be squandered."

—U.N. chief Kofi Annan, speaking Monday on the formation of the new U.N. Human Rights Council

# Group Claims It Has 2 U.S. Soldiers

Insurgent faction tied to al-Qaeda says it has GIs missing in Iraq

BAGHDAD, IRAQ | An al-Qaeda-linked group said Monday it was holding captive two U.S. privates, one from Texas and the other from Oregon, and taunted the U.S. military for failing to find the soldiers despite a search involving more than 8,000 Iraqi and American troops.

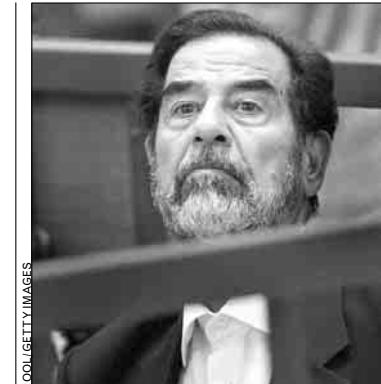
The Mujahideen Shura Council, an umbrella organization for a variety of insurgent factions led by Al-Qaeda in Iraq, offered no video, identification cards or other evidence to prove that they have the Americans. The group had vowed to seek revenge for the June 7 killing of Abu Musab al-Zarqawi, the leader of Al-Qaeda in Iraq, in a U.S. airstrike.

Pentagon spokesman Bryan Whitman, when asked about the claim by the Shura Council that it was holding the soldiers, said: "We have no independent confirmation of that report."

Besides the troops, the U.S. military said Monday it has deployed fighter jets, helicopters, unmanned



ON GUARD: U.S. Army soldiers keep watch for suspicious activity from a rooftop position in eastern Ramadi, Iraq, on Monday.



Saddam Hussein listens to the prosecution's closing arguments on Monday.

## Saddam Prosecutor Urges Death

After defense closing, panel of judges to weigh ex-leader's fate

BAGHDAD, IRAQ | The prosecution demanded the death penalty for Saddam Hussein in its closing arguments Monday, saying he showed "no mercy" in the killings of women and children during a crackdown on Shiite Muslims in the 1980s.

After a three-week recess, the defense gets to sum up its case, then a panel of judges will begin weighing the fate of the ousted leader and his seven co-defendants.

A U.S. official close to the court, speaking on condition of anonymity, said the judges could take around 60 days in their deliberation, meaning verdicts would likely be announced in late September or early October.

If Saddam is convicted and sentenced to death by hanging, it could be months more for the verdict to be carried out. The defendants have the right of appeal — and Saddam faces a second trial, for a campaign against Iraqi Kurds in the 1980s that killed some 100,000 people.

The courtroom was largely silent Monday as chief prosecutor Jaafar al-Moussawi delivered his final arguments.

"The law calls for the death penalty and this is what we ask be implemented," Al-Moussawi said, to which Saddam muttered, "Well done." BUSHRA JUHI (AP)

## U.S. GIs Charged In Deaths of 3 Iraqi Detainees

WASHINGTON | The Army charged three U.S. soldiers with the pre-meditated murder of three male detainees in Iraq last month.

The soldiers also were charged with obstructing justice for allegedly threatening to kill another soldier who was a witness in the case.

A brief Army announcement in Baghdad said the three accused soldiers are currently in pre-trial confinement awaiting a hearing.

The announcement provided no details about the alleged killings, but a defense official speaking on condition of anonymity said the three soldiers are accused of shooting three male detainees as they attempted to flee. (AP)

## Palestinian Workers Get Some Pay

GAZA CITY, GAZA STRIP | Thousands of Palestinian workers happily left Gaza postal banks carrying three crisp \$100 bills on Monday, their first pay since March, dipping into the funds senior Hamas officials hand-carried into Gaza to circumvent a Western aid cutoff.

Payday joy was tempered by the knowledge that the sanctions have forced the Hamas-led government into bankruptcy and hamstrung its activities.

Only postal banks dared handle the money because commercial banks fear anti-terrorism sanctions, and Palestinian officials admitted they had no way to transport the money to the West Bank, or even convert it to a local currency for electronic transfers.

The U.S., Israel and Europe list



Palestinian government workers clamor for long-overdue pay in Gaza City Monday.

Hamas as a terror group because it rejects the existence of Israel and has sent dozens of suicide bombers into the Jewish state, killing hundreds.

The West demands that Hamas recognize Israel, renounce violence and accept previous peace accords,

presence of about 130,000 forces.

The last U.S. soldier to be captured was Sgt. Keith M. Maupin of Batavia, Ohio, who was taken on April 9, 2004 after insurgents ambushed his fuel convoy. Two months later, a tape on Al-Jazeera purported to show a captive U.S. soldier shot, but the Army ruled it was inconclusive. HAMZA HENDAWI (AP)

but Hamas refuses, despite the costly consequences.

Early Tuesday, government spokesman Ghazi Hamad of Hamas said the Islamic movement is close to agreement with the rival Fatah on a document that implies recognition of Israel. IBRAHIM BARZAK (AP)

# A rate that works as hard as a small business owner.

Open a Business Insured Money Market Account with a CitiBusiness® checking account and get a high interest rate on your money. You'll still have access to your funds, so you can stop worrying about managing your cash flow. Running a small business just got smoother.

## Business Insured Money Market Account

# 4.50%

APY

Balance of \$100,000 - \$5,000,000

- Ability to link accounts makes transfers easy, whether on the phone, online or in person.
- APY applies to a new Business Insured Money Market Account linked to a CitiBusiness checking account.

To learn more, stop by, visit [citibank.com](http://citibank.com) or call 1-800-349-9709.



Rates apply only to new CitiBusiness Insured Money Market Accounts opened on or after 6/6/06 until 7/31/06. A balance under \$10,000 earns a .75% Annual Percentage Yield (APY), a balance of \$10,000 - \$24,999 earns a 2.50% APY, a balance of \$25,000 - \$99,999 earns a 3.75% APY, a balance of \$100,000 - \$5,000,000 earns a 4.50% APY, and balances more than \$5,000,000 earn a 3.75% APY. Fees could reduce earnings. Opening deposit cannot be transferred from an existing Citibank account; there is no maximum deposit. A CitiBusiness checking account is required to open a CitiBusiness Insured Money Market Account. Deposits subject to Citibank's standard funds availability delays. ©2006 Citibank. Citibank, N.A., Citibank F.S.B., Citibank (West), FSB. Member FDIC. Citibank, CitiBusiness and Citibank with Arc Design are registered service marks of Citigroup Inc.

# World



**ALL WORK:** Kyrgyzstan's president criticized Cabinet officials for what he said was poor discipline Monday and banned them from taking any vacations until December, his press office said. "It's time to work, not to rest," Kurmanbek Bakiyev reportedly said.

## In Brief

SHANGHAI, CHINA

### College Students Said to Riot Over Diploma Changes

College students in central China smashed offices and set fires in a riot sparked by administrative changes that made their diplomas less prestigious, students and school administrators said Monday. Photos of the weekend riots posted on the Internet showed fires set in debris-

strewn school courtyards and glass smashed in administrative offices, shops, cars and a bank. There was no mention of the apparent riots in the country's state-controlled media. (AP)

KANDAHAR, AFGHANISTAN

### 30 Die in Taliban Ambushes On Convoys Amid Offensive

Two Taliban ambushes of civilian convoys left 30 people dead, while coalition and Afghan forces killed at least 11 militants in an ongoing U.S.-led offensive across southern

Afghanistan, officials said Monday. More than 10,000 coalition and Afghan troops are fanning out across four volatile southern provinces to combat Taliban militants launching attacks from towering mountain ranges. (AP)

UNITED NATIONS

### U.N. Team to Contact Controlling Somali Militants

The U.N. will make its first formal contact with the Islamic militants who captured most of Somalia with the arrival this week of a security



KAREL PRINSLOO/AP

Militants from the Islamic Courts Union control much of southern Somalia. (AP)

team to meet with the leaders of the little-known group, a senior official said Monday. The trip is meant to prepare for a similar visit by U.N. humanitarian agencies, said Francois Lonseny Fall, the U.N. special representative for Somalia. It also reflects a growing realization within the U.N. that the Islamic militants — known as the Islamic Courts Union — are the closest thing Somalia now has to a government after some 15 years as a failed state, officials said, speaking on condition of anonymity. (AP)

**5.25%**  
APY\*  
**11-MONTH CD/CD IRA**

*A sure thing*

MADE POSSIBLE WITH WACHOVIA

Whatever happens with the rest of your investments, your Wachovia CD will keep providing a positive, FDIC-insured return. If you're a new or existing Wachovia personal checking customer, you can lock in this rate with a \$5,000 minimum CD or a \$2,000 minimum CD IRA. Find out more about this and other CD offers. Talk to us today. Stop by a Wachovia Financial Center or call 800-WACHOVIA (800-922-4684).



**WACHOVIA**

\*Annual Percentage Yield (APY) is available and accurate as of June 11, 2006, and subject to change without notice. Offer expires June 30, 2006, and applies to personal CD and CD IRA accounts only. Penalty for early CD withdrawal. Fees may reduce earnings. A CD is a time deposit for which a receipt is issued. © 2006 Wachovia Corporation. Wachovia Bank, N. A., and Wachovia Bank of Delaware, N.A., are Members FDIC.

## New Test For Genetic Disorders

British researchers develop screening process for embryos

LONDON | British researchers revealed a new embryo screening advance on Monday that could help more couples avoid the risk of having children with severe genetic disorders.

The new analysis technique, which is similar to DNA fingerprint work used by police, was developed by the Guy's and St. Thomas' NHS Foundation Trust, which is made up by two of London's oldest teaching hospitals.

Experts hope it will improve the reliability — and success rate — of such screenings for families watching out for diseases like cystic fibrosis, sickle cell and spinal muscular atrophy.

Though most couples are fertile, they would use in vitro fertilization treatments like those used by infertile couples, the trust said in a statement. A single cell is extracted from each embryo and analyzed to compare against those embryos which carry the genetic disorder and those that do not.

News of the advance ignited debate among ethicists in Britain, some of whom fear that doctors have taken another step toward having "designer babies" — or children meeting the parameters of parental specifications. DANICA KIRKA (AP)

5

The number of endangered monkeys stolen from a British zoo, the latest in a string of primate thefts across England, police said. More than 50 small monkeys have been stolen in the past few years.

## World

# Bush Faces Test in Europe

**Concerns over Gitmo, Iraq may impact tone of U.S.-EU summit**

VIENNA, AUSTRIA | Abu Ghraib. Guantanamo. Haditha. America's problems with Iraq are casting a long shadow over President Bush's meeting with European Union leaders this week.

The gathering is restricted to U.S. officials and the EU leadership, and the agenda focuses on Iran's nuclear ambitions, agricultural subsidies and the West's dependence on imported oil and gas.

But the United States' precarious world standing could prove the

unspoken theme of Wednesday's session in Vienna.

Ahead of the visit, National Security Adviser Stephen Hadley said he doubted Bush would have much to say about the U.S. prison for terror suspects at Guantanamo Bay, allegations of prisoner abuse in Iraq and alleged killings of Iraqi civilians by Marines in Haditha.

For millions of Europeans, however, these are the issues that matter — and their concerns are shared by politicians.

Newspaper editorials reflect Europe's dismay with a partnership most here see as having gone wrong.

"Those who came as liberators,

those who wanted to bring the rule of justice ... lost their moral credibility in Iraq," wrote the German weekly Die Zeit. "Not just a few soldiers have 'lost their control' as they like to say. America's entire Iraq policy is out of control."

Pro-U.S. sentiment is stronger in eastern Europe. It peaks in Kosovo, whose ethnic Albanian majority gratefully remembers the U.S.-led bombing in 1999 that forced Serb troops from the province.

"Til I die, I will support whatever America does, be it in Iraq, Afghanistan or elsewhere," says Arben Shaqiri, a 25-year-old bartender in Pristina, Kosovo's main city. GEORGE JAHN (AP)

**BOLIVIA | OFFERING A BLESSING FOR GOOD LEADERSHIP**



**HOT FLASH:** Aymara witch doctors bless the presidential palace and ask for a good governmental performance in the upcoming constitutional assembly in downtown La Paz, Bolivia, Monday. Aymaras, one of the country's most politically influential ethnic groups, perform rituals to ask Mother Earth for luck with their businesses and their daily lives.

## Suu Kyi Turns 61 Under House Arrest

YANGON, MYANMAR | Pro-democracy leader Aung San Suu Kyi marked her 61st birthday Monday, alone and under house arrest, while her supporters around the world called for Myanmar's military government to free her.

The military tightened security outside the barricaded home of Suu Kyi, leader of the National League for Democracy and the 1991 Nobel Peace Prize laureate. She has spent 10 of the last 17 years in confinement, making her one of the

world's most prominent political prisoners.

Her birthday was marked around the world by supporters, who oppose the ruling junta for its human rights abuses and failure to hand over power to a democratically elected government in the country formerly known as Burma. (AP)

**Stratford**  
UNIVERSITY  
**Culinary Arts & Hospitality**

Financial Aid is available for those who qualify

Call to enroll:  
1-800-7-my-goal  
(1-800-769-4625)  
[www.stratford.edu](http://www.stratford.edu)

**America's Favorite**



CHATLINE®  
Try For  
**FREE**  
Code 6730

**202.414.6444**

Find Singles In Your City: **1.800.210.1010**

Text CHAT to 21010 \$4.99 / 10 Min. 18+ [www.LIVELINKS.com](http://www.LIVELINKS.com)

**Fit, Fun & Fabulous!**

fitness • wellness • exercise • diet & nutrition • grooming • beauty • spas

**DISTRICT OF COLUMBIA**

### URBAN TAO AT THERAPEUTICS

Acupuncture, Herbology, Acupuncture Detoxification, Tui Na Massage, Qi Gong, Meditation, Kung Fu, Tai Chi

**H. Frank Neely**  
L AC., NCCAOM

Therapeutics  
1608 20th St. 3rd Floor, NW,  
Washington, DC 20009  
**202-253-0670**  
[urbantao@yahoo.com](mailto:urbantao@yahoo.com)

**DISTRICT OF COLUMBIA**

**Serious  
about  
results?**

**Elite Private Fitness Training**  
Keeping DC fit since 1990  
Bob Whelan, Boston Celtics  
off-season conditioning coach.  
Private Gym in DC (202) 638-1708  
[ElitePrivateFitness.com](http://ElitePrivateFitness.com)

**ProEuro**  
Hair Design

**Voted Best  
Colors in D.C.**

**FREE Hair Color!**

when you purchase Wash, Cut & Blow Dry  
Mon., Tues., Sat. Only!

All body waxing  
**20% Off**

First time clients only - Selected stylists

Please mention  
this ad when you  
book an appt.

2100 Pennsylvania Ave. N.W. • Washington, D.C.

**202-887-9191**

**VIRGINIA**

### iDEAL personal training

Certified Trainers for Every Body

Body Toning □ Pre/Post Natal Training □  
Yoga □ Pilates □ Senior Fitness □ Sports  
Conditioning □ Group Fitness Classes

[www.idealpersonaltraining.com](http://www.idealpersonaltraining.com)  
[info@idealpersonaltraining.com](mailto:info@idealpersonaltraining.com)  
703.608.1104

**VIRGINIA**

**Fit, Fun & Fabulous**

The advertising directory with a focus on fitness, wellness, exercise, diet, nutrition, grooming, beauty and spas

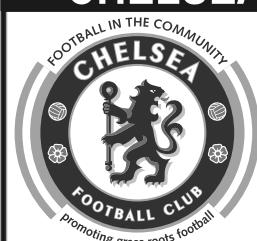
publishes the third Tuesday  
of each month

Next edition:

**Tuesday, July 18**

Don't miss out...for advertising info contact:  
Diane Haith, (202) 334-5706  
**1-800-627-1150, ext. 45706**

**CHELSEA FC ACADEMY USA**



Clinics will be held in partnership with:

- ★ The George Washington Univ DC
- ★ Richmond Kicker, Richmond VA
- ★ Ashburn Village Academy
- ★ Premier AC Residential Academy

**Register Now!**  
[www.avcsports.com](http://www.avcsports.com)

Customized Pre-season  
Team Camps available!  
**Space still available!**  
703-953-2518

Christian Intl Ordained Church  
Prophetic Conference Hosted by  
[www.propheticfeministies.org](http://www.propheticfeministies.org)  
June 23/24th at 7:30pm & June 25th at 2:30pm  
At Fairlington Presbyterian Church, Basement  
1395 & King St., Alexandria, VA 22151  
Call: 703-321-8092  
Parking, seats & training FREE.

## Drive you.

"Cars" can put you in the right wheels. **Wednesdays.**

**express**

### ACNE/ACNE SCAR TREATMENT

Uneven Pigmentation / Blemish Removal • TCA Peels / Big Acid Peels • All treatments are comfortable and have quick recovery.

Call for our Spring Special!  
All procedures performed  
By a Physician

202.452.1332      24<sup>th</sup> and I St.,  
703.533.1025      Foggy Bottom Metro  
703.465.0666      Tyson's Corner  
301.738.6766      Alexandria  
410.730.7226      Bethesda  
Columbia/Baltimore  
Interest free financing • Gift Certificates

-Free Skin Consultation &   
Initial Screening-  
Special Price for DC only  
[www.vitasurgical.com](http://www.vitasurgical.com)

Up to  
30% off  
on  
packages

DC • FAIRFAX • TYSON'S CORNER • ALEXANDRIA • COLUMBIA • BALTIMORE

### CLEARANCE SALE

**\$995**

I SURGEONS

**DESIGNER SOFAS**

Pentagon Row  
Behind Pentagon Mall

Sale Ends  
Soon  
Interest Free  
Financing

**IMMEDIATE  
DELIVERY**

Home Redesign Expo  
1301 S. Joyce St. D-24  
Arlington, VA 22202  
703-415-4560



## Research Study Trying to Improve Depressive Symptoms Quickly

Several medications are effective for treating depression; however, they take weeks or months to achieve their full effects. NIMH is studying whether a drug can cause a rapid antidepressant effect in patients with bipolar or unipolar depression. The study also tries to see if it can sustain the results with another medication in certain patients. Understanding how this works may help us understand depression and design better antidepressants. NIMH is seeking people ages 18-65 with depression (unipolar or bipolar) who are:

- Free of other serious medical conditions
- Willing to participate in a minimum of a 12-day inpatient stay

**Research medications provided free of charge.**

**Compensation and transportation reimbursement is provided.**

Atendemos pacientes de habla hispana.



The National Institute of Mental Health **NIMH**  
National Institutes of Health, Department of Health & Human Services

Call: **301-496-5645**

(TTY: 1-866-411-1010)

<http://patientinfo.nimh.nih.gov>  
or for other studies: [www.clinicaltrials.gov](http://www.clinicaltrials.gov)

[readexpress.com](http://readexpress.com)

# Are you Depressed?

Have you suffered from the following symptoms in the past month?

- Sadness
- Lack of motivation
- Negative thinking
- Problems falling asleep or getting up in the morning
- Appetite or weight changes
- Lack of concentration
- Feelings of anger or guilt

THE GEORGE  
WASHINGTON  
UNIVERSITY  
MEDICAL CENTER  
WASHINGTON DC

For Information about a clinical research study, call (202) 994-2273

If you are between the ages of 18 and 65 and have been experiencing symptoms of depression for at least 1 month, you may qualify to participate in a research study. We are studying whether a drug that is FDA-approved for treatment of bipolar mania (and schizophrenia) is safe and effective for depression. Participants will receive study drugs and study-related physical exams at no charge to them.

[www.researchgw.com](http://www.researchgw.com)

The George Washington University is an Equal Opportunity/Affirmative Action Institution.



**A Decade of Passion**

First 7,500 fans receive a D.C. United Wrist Band courtesy of GEICO.

**WED. JUNE 21st @ 7:30PM**  
D.C. UNITED vs. CHICAGO

First 5,000 fans receive a D.C. United Shoe Bag courtesy of Makita.

**SAT. JUNE 24th @ 7:30PM**  
D.C. UNITED vs. KANSAS CITY

**For Tickets Call**  
202.587.5000 or online at [dcunited.com](http://dcunited.com)

**GEICO**  
[geico.com](http://geico.com)

**Makita**

**M opens doors**

© 2006 MLS. All Major League Soccer properties used by permission. All rights reserved © 2006 All Photos D.C. United and WireImage.



**BUMPER CROPP:** Linda Cropp's mayoral campaign now has the backing of councilman Jack Evans. The Ward Two Democrat calls Cropp a "strong leader" who used her position as Council chairwoman to bring the other members together.

## Local

# Missing Publisher's Remains Found

Boater spots Merrill's body more than 11 miles from empty boat

ANNAPOLIS, MD. | The body of prominent publisher and former diplomat Philip Merrill was recovered from the Chesapeake Bay on Monday, about 11½ miles northeast of the spot where his empty sailboat was found June 10.

A boater discovered the body near Poplar Island off the Talbot County shoreline about 12:30 p.m. and notified police, Col. Mark Chaney, superintendent of the state Natural Resources Police Department, said.

The discovery ends a massive search effort during the last 10 days involving helicopter, boats and sonar equipment that covered more than 300 square miles from

the Chesapeake Bay Bridge south to Plum Point off of Calvert County.

Merrill's body was taken to nearby Tilghman Island, where he was identified based on his clothing by a deputy state medical examiner.

"The clothing matches what Mr. Merrill was wearing the day he took off to sail," including a shirt with the name of the boat, the Merrilly, on it, Chaney said.

He said the body would be taken

to Baltimore Monday for an autopsy, which was expected to be done on Tuesday.

Chaney said he could not comment on what might have caused Merrill's death. "This is still under investigation," he said.

While the body was found south of the primary search area, Chaney said it would be reasonable that it would be in that area based on where the boat was found. TOM STUCKEY (AP)

## D.C. Fire Chief Admits 'Apathy' in Department

More firings could follow report critical of journalist's care

WASHINGTON | While partly blaming uncommitted employees, District of Columbia Fire Chief Adrian H. Thompson assured city leaders Monday that departmental problems outlined in a report regarding the death of a New York Times journalist would be corrected.

Last week's inspector general's report on the Jan. 6 death of David Rosenbaum found not only errors by

personnel responding to the emergency call, but also what were called "significant performance management issues."

In hours of testimony before the D.C. Council's judiciary committee, Thompson pinned some of the blame on employees who have "no commitment to service," but said his department will seek out those who demonstrate the apathy and indifference noted in the report.

One emergency medical technician on the Rosenbaum call was fired after the report was released Friday night. SANDY KOZEL (AP)

ASPEN HILL, MD. | FREE SPEECH



LINDA DAVIDSON/TWP

**END OF BONDAGE:** Connie Blake of the Association for the Study of African-American Life and History marks the 141st anniversary of the emancipation of American slaves Monday at a library in Aspen Hill, Md.

## D.C. Workers Get Credit Monitoring

WASHINGTON | The company that administers the District's retirement plan is sending letters to about 13,000 current and former city workers whose personal data were stolen.

The letter from ING Financial Services warns workers about possible identity theft stemming from the theft of a laptop computer con-

taining Social Security numbers and other information from the home of an ING employee.

ING is also setting up and paying for a year of credit monitoring for the affected employees.

Officials say the laptop was not password-protected and the information was not encrypted. The company has announced a

new policy restricting laptops from being taken in public until they are encrypted.

ING won't identify the employee whose computer was stolen.

D.C. police spokesman Joe Gentile says the employee reported the theft last Monday after returning home from a weekend out of town. A video game system, some beer and jars of change were also reported stolen. (AP)

## MEGA MILLIONS

DRAWINGS TUESDAY AND FRIDAY

\$12

MILLION

Estimated Annuitized Jackpot

Play at  
your favorite  
Maryland or Virginia  
Lottery retailer.

Top Prize Chances: 1 in 176 Million  
[www.mdlottery.com](http://www.mdlottery.com) • [www.valottery.com](http://www.valottery.com)

## The Lotteries

Monday, June 19

### DISTRICT

Mid-day Lucky Numbers	<b>2-0-2</b>
Evening Lucky Numbers	<b>2-4-7</b>
Mid-day DC 4	<b>7-0-7-1</b>
Evening DC 4	<b>0-9-5-0</b>

Rolling Cash Five	<b>8-6-3-30-33</b>
Daily 6	<b>22-17-21-8-9-16 (25)</b>

### MARYLAND

Mid-day Pick 3	<b>0-1-3</b>
Evening Pick 3	<b>5-2-0</b>
Mid-day Pick 4	<b>5-8-1-3</b>
Evening Pick 4	<b>9-3-5-9</b>
Match 5	<b>4-21-23-27-31 (9)</b>

### VIRGINIA

Mid-day Pick 3	<b>4-4-7</b>
Mid-day Pick 4	<b>6-7-8-6</b>
Mid-day Cash 5	<b>9-15-18-20-26</b>

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

# SMOKERS WANTED

Get paid to participate in research

American University is recruiting smokers for participation in a research study examining reactions to a new type of commercially available cigarette.



**To Participate:**

- Must be 18 or older
- Complete two 45-minute visits at American University

**You will receive:**

- Up to \$35
- Reimbursement for transportation costs

To participate, contact  
202-885-1792 or  
[bphp@american.edu](mailto:bphp@american.edu)



EO/AA University and Employer



SCHOOL of PUBLIC AFFAIRS  
AMERICAN UNIVERSITY ★ WASHINGTON, D.C.

## Key Executive MPA

The Master's Degree in Public Administration  
for government executives.

Learn more about our 20-month,  
executive cohort, weekend degree program.

Information Session  
Tuesday, June 27  
12:30 - 2:00 p.m.

Brookings Institution  
Somers Room  
1775 Massachusetts Avenue, NW  
One block from Dupont Circle Metro stop on the red line

Light lunch will be served

RSVP 202-885-6230

Apply today for the Fall 2006 Cohort

Ranked 10th in the nation

- U.S. News & World Report

EO/AA University and Employer

Schedule an appointment to explore graduate study at AU!  
[www.spa.american.edu](http://www.spa.american.edu), [spagrad@american.edu](mailto:spagrad@american.edu), or 202-885-6230

# Money

## Verizon Files Suit Against Vonage

Patent dispute newest legal challenge for Internet phone carrier

HOLMDEL, N.J. | Verizon Communications Inc. has charged that Internet phone carrier Vonage Holdings Corp. violated patent rights that Verizon has on technology for making phone calls over the Internet.

The lawsuit was filed in U.S. District Court in Richmond, Va., on behalf of subsidiaries Verizon Services Corp., of Arlington, Va., and Verizon Laboratories Inc., of Waltham, Mass.

Holmdel-based Vonage, which said Monday it had been sued, contested the claim. "Vonage believes that its services have been developed with its own proprietary technology and technology licensed from third parties and intends to vigorously defend the lawsuit," the company said in a statement.

Vonage stock dropped more

than 9 percent in trading Monday afternoon on the New York Stock Exchange, the latest blow to shares that have lost about half their value since the company went public in late May.

Verizon charged that Vonage is infringing on at least seven of its patents regarding Internet phone service, a technology known as voice over Internet protocol, or VoIP.

The patents include inventions related to gateway interfaces between a packet-switched and circuit-switched network, billing and fraud detection, call services such as call forwarding and voice-mail and methods related to Wi-Fi handset use in a VoIP network, the lawsuit said.

The action by Verizon, the country's largest telecommunications company by revenue, follows a shareholder class-action lawsuit that claims Vonage improperly steered consumers toward investing in its \$531 million initial public offering. JEFFREY GOLD (AP)



**HOOFING IT:** The golden buffalo, the legendary symbol of the American West, will soon roam again — this time as America's first pure gold coin. The U.S. Mint will start taking orders in the coming week for the new coins. The coin will be slightly larger and thicker than a Kennedy half dollar, will contain one ounce of gold and will be designated a \$50 gold piece. (AP)

## Market Action

### New York Stock Exchange

Gainers			Losers				
STOCK	DAILY CHANGE	DAILY PERCENT CHANGE	STOCK	DAILY CHANGE	DAILY PERCENT CHANGE		
WolvTub	.33	+.27	+8.9	Novacea n	.84	+2.23	+36.1
Roste	26.09	+2.09	+8.7	Astealntl	11.59	+2.45	+26.8
CarMax	33.89	+2.39	+7.6	LanVision	6.09	+1.06	+21.1
CrwfdB	6.65	+.42	+6.7	Sentigen	3.35	+.52	+18.4
EnerSys	17.61	+1.04	+6.3	<B>Iomai n	4.45	+.05	+1.1

### Rates

	CURRENT	PREVIOUS WEEK		TODAY	PREVIOUS DAY	YEAR AGO
Prime Rate	8.00	8.00	British Pound	.5435	.5405	.5466
Fed Funds close	5.00	5.00	Canadian Dollar	1.1194	1.1220	1.2315
3-month disc	4.83	4.80	European Euro	.7954	.7915	.8145
2-year	5.17	5.02	Japanese Yen	115.37	115.09	108.66
10-year	5.14	4.98	Mexican Peso	11.4570	11.4153	10.8140
30-year	5.18	5.03	Taiwanese Dollar	32.58	32.47	31.31

### NASDAQ Stock Market

Gainers			Losers				
STOCK	DAILY CHANGE	DAILY PERCENT CHANGE	STOCK	DAILY CHANGE	DAILY PERCENT CHANGE		
PeerlessSys	5.22	-1.40	-21.1	PeerlessSys	5.22	-1.40	-21.1
SORL n	7.37	-1.36	-15.6	SORL n	7.37	-1.36	-15.6
ActPwr	2.87	-.51	-15.1	ActPwr	2.87	-.51	-15.1
AtlasSoSea	4.20	-.70	-14.3	AtlasSoSea	4.20	-.70	-14.3
Britesmile	2.80	-.43	-13.3	Britesmile	2.80	-.43	-13.3

### Currency (Dollars in foreign currency)

	CURRENT	PREVIOUS WEEK	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5435	.5405	.5466	.5405	.5466
Canadian Dollar	1.1194	1.1220	1.2315	1.1220	1.2315
European Euro	.7954	.7915	.8145	.7915	.8145
Japanese Yen	115.37	115.09	108.66	115.09	108.66
Mexican Peso	11.4570	11.4153	10.8140	11.4153	10.8140
Taiwanese Dollar	32.58	32.47	31.31	32.47	31.31

## In Brief

FRANKFURT, GERMANY

### Nokia, Siemens to Combine Networks in \$30B Venture

Nokia Corp. and Siemens AG said Monday they will combine their network equipment units in a reported \$30 billion joint venture to more effectively take on market leader LM Ericsson. The combination — to be called Nokia Siemens Networks — would create one of the largest players in the industry, with \$20 billion in annual sales. Besides Ericsson, it also puts pressure on Lucent, Alcatel, Motorola and Nortel Networks. The venture will create estimated savings of \$1.9 billion by 2010 through an estimated 9,000 job cuts globally, Nokia said. (AP)

GENEVA

### Nestle to Buy Diet Company Jenny Craig in \$600M Deal

Nestle SA, the world's biggest food and drink company, said Monday it is buying weight management and diet company Jenny Craig for \$600 million to strengthen its focus on health products. The acquisition follows Nestle's purchase for around \$670 million last month of Uncle Tobys, an Australian maker of nutritional cereals and snacks. Weight management will become a new business within Nestle's nutrition unit and will reinforce its U.S. presence, the company said. (AP)

DOW

NASDAQ

S&P 500

-72.44	-19.53	-11.40
-0.66	-0.92	-0.91

10942.11 2110.42 1240.14

### Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amgen	65.75	-.107	-16.6
Amylin	42.63	-.127	+6.8
BiogenIdec	45.29	-.98	...
Celgene s	42.53	-.97	+31.3
ChRvLab	36.47	-.56	-13.9
GenProbe	48.58	-.48	-.4
Genentech	78.14	-.96	-15.5
Genzyme	62.79	-.150	-11.3
GileadSci	56.11	-.175	+6.7
Imclone	40.76	+.139	+19.0
Invitrogen	63.89	-.05	-4.1
MedImmune	28.68	-.110	-18.1
MillPhar	9.97	-.10	+2.8
PDL Bio	17.55	-.32	-38.2
VertxPh	31.06	-.200	+12.3

**WE'RE ALL EYEING HIM:** After seeing what Tony Leung Chiu-wai does for Wong Kar-wai's films, director Ang Lee is eyeing the chiseled actor for his spy thriller "Lust, Caution." Lee plans to choose a female lead before finalizing the cast.



## Entertainment

# Ahead of Their Class

### Radiohead previews its new album in a recent performance

**NEW YORK** | Few rock acts have worked harder to elude the scrutiny that comes with being a great band than Radiohead, but sometimes you have to face the inevitable. All eyes were back on the English quintet, arguably the most important band of its generation, as it opened its U.S. tour in New York earlier this month. At least this time the focus of curiosity was something even the band members could appreciate: a preview of Radiohead's first new songs in three years.

The group, which is loosely aiming to complete its album by the end of the year so that singer Thom Yorke can devote some time to a solo album, worked nine new songs into the 23-song program, placing them among selections drawn primarily from its most popular album, "OK Computer" (1997), and its experimental successor, "Kid A." Those older tunes felt reinvented and fresh, especially the "Kid A" songs. Once remote and icy, they now seem like an integral element in the Radiohead canon.

On first impression, the varied new songs expand Radiohead's musical range while reconnecting with



EVEN THEIR PRESS PHOTOS ARE 'ARTY': Alt-rock titans Radiohead, forever pursuing better music through experimentation.

some of its earlier, guitar-rock values. "15 Step" started with an all-percussion backdrop for Yorke's vocal, which proceeded to adopt a Middle Eastern-sounding intonation. "House of Cards" might have been the biggest stretch, a gentle groove with a vintage soul-music flavor, uncharacteristically caressing (though the lyrics posted on fan Web sites are more typically sinister) and content to stay in one place musically.

"Bangers 'n' Mash" was a lively

rocker, with Yorke having a bash at a drum kit while singing, and "Arpeggi" revived some of the drum-and-bass sound of "Kid A" and "Amnesiac" before breaking into a brisk, guitar-driven section. "Nude," which has been floating and forming for a decade, breaks from Radiohead's template by refusing to release its built-up tension.

It remains to be seen whether these new songs will fit the contours of the times in the same way that

made Radiohead's earlier work an essential survival guide in an age of alienation.

Radiohead rarely has failed to be on top of it before, but the question the group will have to face this time is whether it can be comfortable enough to carry on and confrontational enough to matter. When the time comes to reveal the answer, the band had better get ready to have all eyes on it once again.

RICHARD CROMELIN (LOS ANGELES TIMES)

# Sounds of the Future

### New Futureheads LP proves less angular and more considered

**MUSIC** | After burning off a lot of twitchy energy on their self-titled 2004 debut, the Futureheads return with a record that's a bit more sedate.

That's relative, of course — caffeinated monkeys might seem sedate compared to the full-throttle onslaught of the band's



BIG GIGS: The 'Heads have toured with the Foo Fighters, the Pixies and Oasis.

first album.

"News and Tributes" (Star Time International/Vagrant) redirects

that rock 'n' roll fervor into more considered songs that owe more to Talking Heads and XTC than Gang

of Four. The riffs are less angular and there's greater emphasis on vocals, often stacked in lush, vivid harmonies.

Instead of documenting robot love or adjusting to a new job, the Futureheads sing about feeling stalled one day shy of Friday on the moody "Thursday" and falling out of romance on "Back to the Sea."

The disc's less sedate aspects include the lacerating guitar on "Return of the Berserker" — it's the sonic equivalent of washing with steel wool — while a stinging riff helps make a romantic ditty out of avoiding radiation poisoning on "Fallout." ERIC R. DANTON (THE HARTFORD COURANT)

## Today's Top Stops

FOR COMPLETE EVENT LISTINGS SEE WASHINGTONPOST.COM/ENTERTAINMENT



DUDLEY M. BROOKS  
COURTESY NASTY LITTLE MAN

In 2001, Macy Gray took the R&B world aback with her sweet, croaky vocals.

### Macy Gray: Strange Days

Despite racking up acting credits, the soulful R&B star remains best known for her 2000 hit "I Try" and her wracked — yet alluring — pipes. There may still be tickets available for tonight's performance by the time you read this.

9:30 Club, 815 VSt. NW; 7:30 p.m., \$40; 703-218-6500. (USt.-Cardozo)

### Marion Nestle: A Feast of Information

2 The NYU prof shares her new book "What to Eat," a guide to making "sensible food choices" that seeks to decode food labels, among other things. Cut through the confusing and conflicting thicket of food info with this amiable guide.

Politics & Prose, 5015 Connecticut Ave. NW; 7 p.m., free; 202-364-1919. (Van Ness-UDC)

### Seder and Sherrill: Sarcastic Liberals Live

3 America's "Majority Report" read from their book, "F.U.B.A.R.: American's Right-Wing Nightmare — And How You Can Wake Up From It." Bleeding hearts can expect their biases to be reinforced through laughter.

Olsson's, 2111 Wilson Blvd., Arlington; 7 p.m., free; 703-525-4227. (Court House)

### WHAT'S HAPPENING?

Please send press releases and photos to [expressevents@readexpress.com](mailto:expressevents@readexpress.com)

# Are You a Trauma Survivor? Have You Lived Through a Life-Threatening Event?

An event such as physical/sexual abuse, injury, accident or disaster? If so, we are asking you to volunteer for research studies that involve:

- Brain imaging
- Measurement of stress hormones
- Free trial of commonly used medications if indicated

We want to understand the differences in how people respond to and cope with a traumatic experience. Compensation provided.

**301-496-5645**

TTY: 1-866-411-1010

**National Institute of Mental Health**  
National Institutes of Health, Department of Health & Human Services

**TIMES LIKE THESE CALL FOR  
TRAINING IN CRIMINAL JUSTICE**



WESTWOOD COLLEGE CAN HELP PREPARE  
YOU FOR A CRIMINAL JUSTICE CAREER

CALL TODAY!

**1-866-811-6459**

[www.westwood.edu](http://www.westwood.edu)

ANNANDALE

7619 Little River Turnpike, 5th Floor  
Annandale, VA 22003

ARLINGTON BALLSTON

1901 N. Ft. Myer Drive, Suite 300  
Arlington, VA 22209



WESTWOOD  
COLLEGE

Accredited by the Accrediting Commission of Career Schools and Colleges of Technology (ACCSC). Westwood College - Annandale Satellite (Annandale, VA) is a satellite campus of Westwood College - Arlington Ballston (Arlington, VA), a branch of Westwood College - Long Beach (Torrance, CA) and has been certified to operate in Virginia by the State Council of Higher Education for Virginia (SCHEV).

**Yoko Ono presents:  
The Artwork of  
John Lennon**

AVAILABLE FOR PURCHASE



© YOKO ONO

**FRIDAY - JUNE 23RD - 5PM-9PM  
SATURDAY - JUNE 24TH - 11AM - 7PM  
SUNDAY - JUNE 25TH - 11AM-6PM**

**1006 King Street**

(Formerly Alexandria Furniture) (Corner of S. Patrick and King St.)

**Alexandria, Virginia**

FOR DIRECTIONS AND INFO CALL: (703)-838-5005

SUGGESTED \$2 DONATION AT THE DOOR TO BENEFIT  
THE ALEXANDRIA SEAPORT FOUNDATION



The National Institute of Dental and Craniofacial Research seeks patients with the following conditions:

- Enlarged Gums caused by medications (dilantin, cyclosporine and calcium channel blockers).
- Brandywine tooth and gum problems.

All study participants will have an examination of their teeth and gum tissues. If you have a gum enlargement that needs to be removed or need extractions, we will provide these services for you.

All study-related tests and medications at the NIH Clinical Center are provided at no cost.

**CALL TODAY**

**1-800-411-1222**

(TTY : 1-866-411-1010)

Se Habla Espanol

<http://clinicaltrials.gov>

National Institutes of Health, Bethesda, Maryland accessible by metro via the Red Line (Medical Center stop).

Parking is provided at no cost.

**Department of Health and Human Services  
National Institutes of Health**



**REGAL ENTERTAINMENT GROUP**

**GALLERY PLACE STADIUM 14**  
701 Seventh St NW 800-FANDANGO 1721#

Adv. Tix on Sale CLICK (PG-13) ★  
Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★  
Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★  
NACHO LIBRE (PG) DIG (1200 230 500) 730 1000  
FAST & THE FURIOUS 3 (PG-13) DIG (1210 100 255 355) 530 710  
810 950 1040  
GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1220 225 430) 720  
930  
THE LAKE HOUSE (PG) DIG (1205 235 510) 740 1010  
CARS (G) DIG (1200 1200 100 300 345) 440 615 920 800 910 1010  
THE OMEN (R) - ID REQ'D DIG (1250 430 220) 745 940 1020  
THE BREAK-UP (PG-13) DIG (1215 1245 245 515) 700 800 1035  
X-MEN 3 (PG-13) DIG (120 410) 715 955  
OVER THE HEDGE (PG) DIG (1235 220 520) 735  
THE DA VINCI CODE (PG-13) DIG (140 540) 930  
MISSION IMPOSSIBLE 3 (PG-13) DIG (330) 640 950

**BALLSTON COMMON STADIUM 12**  
800-FANDANGO 377#

Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★  
Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★  
THE LAKE HOUSE (PG) DIG (1200 200 230 430) 500 710 740 940  
NACHO LIBRE (PG) DIG (115 145 345 415) 650 730 920 1000  
THE OMEN (R) - ID REQ'D DIG (155 405 445) 735 945 1020  
THE BREAK-UP (PG-13) DIG (150 220 435 505) 715 745 955 1025  
AN INCONVENIENT TRUTH (PG) DIG (120 240 510) 720 750 1015  
THE DA VINCI CODE (PG-13) DIG (120 340 440) 700 800 1030  
MISSION IMPOSSIBLE 3 (PG-13) DIG (330) 640 950

**BOWIE STADIUM 14**  
15200 Major Lansdale Blvd 800-FANDANGO 454#

Adv. Tix on Sale CLICK (PG-13) ★  
Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★  
Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★  
FAST & THE FURIOUS 3 (PG-13) DIG (1230 130 350 450) 710 800  
1000 1045  
NACHO LIBRE (PG) DIG (135 420) 750 950 1045  
GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1220 220 440) 720  
945  
THE LAKE HOUSE (PG) DIG (150 500) 745 1025  
CARS (G) DIG (1200 100 200 315 415 515) 630 730 830 930 1030  
THE OMEN (R) - ID REQ'D DIG (1240 140 345 445) 655 735 940 1040  
THE BREAK-UP (PG-13) DIG (120 240 435 505) 715 745 955 1025  
X-MEN 3 (PG-13) DIG (1245 400) 715 955  
OVER THE HEDGE (PG) DIG (125 410) 715 955  
THE DA VINCI CODE (PG-13) DIG (1250 425) 750 950 1015  
MISSION IMPOSSIBLE 3 (PG-13) DIG (1250 425) 750 950 1015

**Free Family Film Festival - Today 10AM**

**BETHESDA 10**  
7272 Wisconsin Avenue 800-FANDANGO 569#

Adv. Tix on Sale CLICK (PG-13) ★  
Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★  
Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★

THE LAKE HOUSE (PG) DIG (1105 130 350) 720 1020

GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1115 120 200 400) 750 1000

THE LAKE HOUSE (PG) DIG (1140 205 430) 740 1000

NACHO LIBRE (PG) DIG (1145 220 445) 710 945

CARS (G) DIG (1100 1130 150 225 435 505) 730 800 1015

THE OMEN (R) - ID REQ'D DIG (1200 330 435 530) 740 950 1040

THE BREAK-UP (PG-13) DIG (1135 345) 705 950

X-MEN 3 (PG-13) DIG (1110 140 410) 650 950 1010

THE DA VINCI CODE (PG-13) DIG (1120 345) 700 1005

MISSION IMPOSSIBLE 3 (PG-13) DIG (920) 920

**ROCKVILLE CENTER STADIUM 13**  
Rockville Town Center 800-FANDANGO 248#

Free Theatre Parking - Monroe Street Garage

Weeknights after 6 PM - all day Saturday/Sunday

Adv. Tix on Sale CLICK (PG-13) ★

Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★

Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★

FAST & THE FURIOUS 3 (PG-13) DIG (1215 245 515) 745 1015

NACHO LIBRE (PG) DIG (1200 230 430) 650 750 950 1040

GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1100 120 200 400) 750 1000

THE LAKE HOUSE (PG) DIG (1105 150 425) 720 1000

THE BREAK-UP (PG-13) DIG (1235 205) 1030

X-MEN 3 (PG-13) DIG (1215 215 510) 750 1035

OVER THE HEDGE (PG) DIG (1210 220 435) 700

THE DA VINCI CODE (PG-13) DIG (1220 345) 705 1020

MISSION IMPOSSIBLE 3 (PG-13) DIG (920) 920

**POTOMAC YARD STADIUM 16**  
3575 Jefferson Davis Hwy 800-FANDANGO 690#

Adv. Tix on Sale CLICK (PG-13) ★

Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★

Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★

FAST & THE FURIOUS 3 (PG-13) DIG (1120 120 230 445) 650 750 950 1040

NACHO LIBRE (PG) DIG (1110 130 210 400) 645 740 900 1040

GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1215 215 510) 750 1030

THE LAKE HOUSE (PG) DIG (1215 215 510) 750 1030

THE BREAK-UP (PG-13) DIG (1215 215 510) 750 1030

X-MEN 3 (PG-13) DIG (1215 215 510) 750 1030

OVER THE HEDGE (PG) DIG (1210 220 435) 700

THE DA VINCI CODE (PG-13) DIG (1220 345) 705 1020

MISSION IMPOSSIBLE 3 (PG-13) DIG (920) 920

**FAIRFAX TOWNE CENTER 10**  
4110 W Ox Road 800-FANDANGO 670#

Adv. Tix on Sale CLICK (PG-13) ★

Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★

Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★

FAST & THE FURIOUS 3 (PG-13) DIG (1220 120 230 445) 650 750 950 1040

NACHO LIBRE (PG) DIG (1110 130 210 400) 645 740 900 1040

GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1215 215 510) 750 1030

THE LAKE HOUSE (PG) DIG (1215 215 510) 750 1030

THE BREAK-UP (PG-13) DIG (1215 215 510) 750 1030

X-MEN 3 (PG-13) DIG (1215 215 510) 750 1030

OVER THE HEDGE (PG) DIG (1210 220 435) 700

THE DA VINCI CODE (PG-13) DIG (1220 345) 705 1020

MISSION IMPOSSIBLE 3 (PG-13) DIG (920) 920

**GERMANTOWN STADIUM 14**  
20000 Century Blvd 800-FANDANGO 455#

Adv. Tix on Sale CLICK (PG-13) ★

Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★

Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★

FAST & THE FURIOUS 3 (PG-13) DIG (1220 115 330 440) 715 800

NACHO LIBRE (PG) DIG (1215 215 330 440) 715 800

GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1215 215 330 440) 715 800

THE LAKE HOUSE (PG) DIG (1215 215 330 440) 715 800

THE BREAK-UP (PG-13) DIG (1215 215 330 440) 715 800

X-MEN 3 (PG-13) DIG (1215 215 330 440) 715 800

OVER THE HEDGE (PG) DIG (1210 220 435) 700

THE DA VINCI CODE (PG-13) DIG (1220 345) 705 1020

MISSION IMPOSSIBLE 3 (PG-13) DIG (920) 920

**UA SNOWDEN SQ STADIUM 14**  
9161 Commerce Ctr Dr 800-FANDANGO 570#

Adv. Tix on Sale CLICK (PG-13) ★

Adv. Tix on Sale SUPERMAN RETURNS (PG-13) ★

Adv. Tix on Sale PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST (PG-13) ★

FAST & THE FURIOUS 3 (PG-13) DIG (1115 200 445) 745 1010

NACHO LIBRE (PG) DIG (1110 120 210 400) 645 740 900

GARFIELD: A TALE OF TWO KITTIES (PG) DIG (1115 215 330 440) 715 800

THE LAKE HOUSE (PG) DIG (1115 215 330 440) 715 800

THE BREAK-UP (PG-13) DIG (1115 215 330 440) 715 800

X-MEN 3 (PG-13) DIG (1115 215 330 440) 715 800

OVER THE HEDGE (PG) DIG (1110 220 435) 700

THE DA VINCI CODE (PG-13) DIG (1120 345) 705 1020

MISSION IMPOSSIBLE 3 (PG-13) DIG (920) 920

**MANASSAS STADIUM 14**  
11380 Bullock Drive 800-FANDANGO 490#

</div



*Experience the Difference.*

Advanced Ticketing  
at MovieWatcher.com

### AMC HOFFMANN CENTER 22

Eisenhower Ave and Telegraph Road in Alexandria  
703-998-4AMC

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) ✓ 12:00, 1:00, 2:30, 3:00, 5:00, 5:55, 7:30, 8:30, 10:00, 10:45  
GARFIELD: A TAIL OF TWO KITTIES (PG) ✓ 11:50, 1:05, 2:05, 3:20, 4:20, 5:25, 7:50, 10:10  
NACHO LIBRE (PG) ✓ 12:15, 1:45, 2:45, 4:15, 5:15, 6:45, 7:45, 9:15, 10:15  
CARS (G) 11:20, 12:05, 12:50, 1:35, 2:20, 3:05, 3:50, 4:35, 5:20, 6:05, 6:50, 7:35, 8:20, 9:05, 9:30, 10:35  
CARS (G) [S] 12:05, 3:05, 6:05, 9:05  
THE OMEN (R) 12:10, 1:40, 3:10, 4:45, 6:10, 7:20, 9:10, 9:55  
THE BREAK-UP (PG13) 11:05, 12:35, 1:45, 3:15, 4:25, 5:50, 7:05, 8:35, 9:45  
X-MEN: THE LAST STAND (PG13) 12:25, 1:55, 3:25, 4:55, 6:25, 7:25, 8:55, 10:25  
THE DA VINCI CODE (PG13) 12:30, 4:00, 6:30, 7:40, 10:20  
OVER THE HEDGE (PG) 12:55, 3:10, 5:30, 7:40, 10:05  
MISSION: IMPOSSIBLE III (PG13) 12:45, 3:45, 7:10, 10:05

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 11:45, 2:15, 4:40, 7:15, 9:40  
A PRAIRIE HOME COMPANION (PG13) 11:00, 1:30, 4:05, 6:55, 9:35  
AN INCONVENIENT TRUTH (PG) ✓ 11:30, 2:00, 4:30, 7:00, 9:30

### AMC SPRINGFIELD MALL 10

Loisdale and Franconia Road  
703-971-3991

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) 1:30, 4:30, 7:30, 10:10  
GARFIELD: A TAIL OF TWO KITTIES (PG) 12:45, 2:50, 5:00, 7:20, 9:30  
NACHO LIBRE (PG) 1:00, 3:15, 5:30, 7:45, 10:00  
CARS (G) 1:15, 4:10, 7:00, 9:45  
THE OMEN (R) 1:50, 4:50, 7:35, 10:15  
THE BREAK-UP (PG13) 1:30, 4:20, 7:15, 9:50  
X-MEN: THE LAST STAND (PG13) 1:10, 4:10, 7:10, 9:45  
THE DA VINCI CODE (PG13) 1:20, 4:40, 8:00  
OVER THE HEDGE (PG) 1:00, 3:10, 5:20, 7:30  
MISSION: IMPOSSIBLE III (PG13) 9:40 PM

### AMC SELECT

THE LAKE HOUSE (PG) 1:40, 4:30, 7:20, 10:10

### AMC MAZZA GALLERIE

Jenifer and Wisconsin  
202-537-9553

GARFIELD: A TAIL OF TWO KITTIES (PG) ✓ 12:15, 2:15, 4:15, 6:15, 8:15, 10:15  
CARS (G) 12:20, 1:20, 3:20, 4:20, 6:20, 7:20, 9:30, 10:15  
THE BREAK-UP (PG13) 12:00, 1:00, 2:30, 3:30, 5:00, 6:05, 7:30, 8:30, 10:00  
THE DA VINCI CODE (PG13) 12:00, 3:15, 9:45

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 12:45, 3:05, 5:25, 7:45, 10:10

### LOEWS GEORGETOWN 14

3111 K Street, N.W.  
202-342-6441 821

#### PRESENTED IN DIGITAL PROJECTION

CARS (G) 12:45, 3:45, 6:40, 9:40

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) ✓ 12:30, 2:05, 3:05, 4:40, 5:40, 8:15, 9:50, 10:45  
NACHO LIBRE (PG) ✓ 12:00, 2:30, 5:00, 7:30, 10:00  
THE OMEN (R) 2:40, 5:25, 8:05, 10:35  
THE BREAK-UP (PG13) 1:00, 2:00, 3:30, 4:30, 6:45, 7:45, 9:20, 10:20  
X-MEN: THE LAST STAND (PG13) 2:20, 5:10, 7:50, 10:40  
THE DA VINCI CODE (PG13) 12:20, 3:50, 7:20, 10:45  
THE DA VINCI CODE (PG13) [S] 12:20, 3:50, 7:20, 10:45  
OVER THE HEDGE (PG) 1:50, 4:00, 6:30  
MISSION: IMPOSSIBLE III (PG13) 9:00 PM

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 11:00 AM  
THE LAKE HOUSE (PG) ✓ 12:15, 1:45, 2:45, 4:15, 5:15, 7:00, 8:00, 9:30, 10:30  
A PRAIRIE HOME COMPANION (PG13) 1:30, 4:10, 7:10, 10:10  
AN INCONVENIENT TRUTH (PG) 1:15, 4:50, 7:40, 10:15

### LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.  
202-966-5400 713

MISSION: IMPOSSIBLE III (PG13) 1:20, 4:10, 7:00, 9:45

AMC SELECT - The best specialty films.

### AMC POTOMAC MILLS 18

2700 Potomac Mills Circle, Ste 886  
703-998-4262

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) ✓ 12:15, 1:30, 2:45, 4:00, 5:15, 6:30, 7:45, 9:00, 10:15  
GARFIELD: A TAIL OF TWO KITTIES (PG) ✓ 1:15, 3:15, 5:25, 7:40, 9:50  
NACHO LIBRE (PG) ✓ 12:00, 2:30, 5:00, 7:30, 10:00  
CARS (G) 12:20, 1:20, 2:20, 3:20, 4:20, 5:20, 6:20, 7:20, 8:20, 9:20, 10:20  
THE OMEN (R) 12:05, 1:50, 2:40, 4:25, 5:20, 7:05, 8:00, 9:45, 10:40  
THE BREAK-UP (PG13) 12:25, 2:05, 3:45, 5:30, 7:15, 8:05, 10:05  
X-MEN: THE LAST STAND (PG13) 1:35, 4:15, 6:55, 9:25, 10:45  
THE DA VINCI CODE (PG13) 12:10, 3:25, 6:40, 9:55  
OVER THE HEDGE (PG) 12:30, 2:50, 5:10, 7:25, 9:35  
MISSION: IMPOSSIBLE III (PG13) 1:55, 4:50, 7:00, 10:50

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 2:00, 4:30, 7:00, 9:30  
A PRAIRIE HOME COMPANION (PG13) 2:35, 5:05, 7:35, 10:10  
AN INCONVENIENT TRUTH (PG) 2:10, 4:40, 7:10, 9:40

### AMC COLUMBIA MALL 14

10300 Patuxent Parkway  
410-423-0520

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) 1:35, 4:10, 6:35, 9:00  
GARFIELD: A TAIL OF TWO KITTIES (PG) 12:20, 2:30, 4:40, 7:00, 9:10  
NACHO LIBRE (PG) ✓ 12:00, 2:25, 4:50, 7:15, 9:40  
CARS (G) 12:10, 1:30, 3:00, 4:30, 5:50, 7:30, 8:40, 10:20  
THE OMEN (R) 1:50, 4:35, 7:20, 10:00  
THE BREAK-UP (PG13) 12:25, 1:45, 3:05, 4:20, 5:35, 7:05, 8:05, 10:35  
X-MEN: THE LAST STAND (PG13) 1:35, 4:20, 7:00, 10:20  
THE DA VINCI CODE (PG13) 12:25, 3:40, 6:55, 10:10  
OVER THE HEDGE (PG) 1:55, 2:00, 4:05, 6:20, 8:30, 10:40  
MISSION: IMPOSSIBLE III (PG13) 9:35 PM

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 12:05, 2:45, 5:15, 7:45, 10:15  
A PRAIRIE HOME COMPANION (PG13) 11:45, 2:20, 5:00, 7:35, 10:05  
AN INCONVENIENT TRUTH (PG) 12:15, 2:50, 5:30, 8:00, 10:30

### LOEWS FAIRFAX SQUARE 8

8065 Leesburg Pike  
703-506-9857 802

REEL MOMS  
RV (PG) 11:00 AM  
THE OMEN (R) 12:00, 2:30, 5:00, 7:45, 10:05  
X-MEN: THE LAST STAND (PG13) 12:15, 2:45, 5:20, 8:00, 10:30  
OVER THE HEDGE (PG) 12:30, 2:45, 4:50, 7:00, 9:10  
MISSION: IMPOSSIBLE III (PG13) 1:00, 4:15, 7:15, 9:55  
RV (PG) 1:30, 5:30, 7:55, 10:15

### AMC SELECT

AN INCONVENIENT TRUTH (PG) 12:20, 2:35, 5:00, 7:10, 9:30  
KEEPING UP WITH THE STEINS (PG13) 12:45, 3:00, 5:25, 7:35, 9:50  
AKEELAH AND THE BEE (PG) 1:45, 4:45, 7:50, 10:20

### MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo  
301-324-4220 844

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) 1:20, 2:05, 4:30, 7:40, 10:10  
GARFIELD: A TAIL OF TWO KITTIES (PG) 1:00, 3:15, 5:20, 7:35, 9:55  
NACHO LIBRE (PG) 2:30, 5:00, 7:30, 10:00  
CARS (G) 1:10, 2:10, 4:10, 5:10, 7:10, 8:05, 9:50, 10:45  
THE OMEN (R) 1:50, 2:50, 4:25, 5:25, 7:00, 8:00, 9:30, 10:30  
THE BREAK-UP (PG13) 2:45, 5:30, 7:55, 10:35  
X-MEN: THE LAST STAND (PG13) 2:25, 4:55, 7:25, 10:05  
OVER THE HEDGE (PG) 2:05, 4:05, 6:15, 8:20, 10:25  
MISSION: IMPOSSIBLE III (PG13) 1:15, 4:15, 7:15, 10:15

### AMC SELECT

THE LAKE HOUSE (PG) 2:15, 4:35, 7:05, 9:35  
THE LAKE HOUSE (PG) [S] 2:15, 4:35, 7:05, 9:35

### LOEWS SHIRLINGTON 7

2772 South Randolph  
703-671-0910 801

A PRAIRIE HOME COMPANION (PG13) 1:50, 4:30, 7:00, 9:20  
DISTRICT B-13 (R) 1:30, 7:40  
AN INCONVENIENT TRUTH (PG) 1:20, 3:30, 5:40, 7:50, 10:00  
SKETCHES OF FRANK GEHRY (PG13) 4:10, 9:10  
THE PROPOSITION (R) 1:40, 2:40, 3:30, 9:50  
THE LOST CITY (R) 2:00, 5:00, 8:00  
WATER (PG13) 1:00, 3:40, 7:00, 9:40  
FRIENDS WITH MONEY (R) 1:10, 7:20  
THANK YOU FOR SMOKING (R) 3:50, 9:30

### AMC SELECT

THE LAKE HOUSE (PG) 2:00, 4:25, 7:10, 9:35

### AMC TYSONS CORNER 16

7850 Tysons Corner Center  
703-998-4262

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) ✓ 12:30, 1:30, 2:45, 3:50, 5:00, 6:10, 7:20, 8:30, 9:40, 10:45  
GARFIELD: A TAIL OF TWO KITTIES (PG) ✓ 1:15, 3:15, 5:25, 7:40, 9:50  
NACHO LIBRE (PG) ✓ 12:00, 2:30, 5:00, 7:30, 10:00  
CARS (G) 12:20, 1:20, 2:20, 3:20, 4:20, 5:20, 6:20, 7:20, 8:20, 9:20  
THE OMEN (R) 12:05, 1:50, 2:40, 4:25, 5:20, 7:05, 8:00, 9:45, 10:40  
THE BREAK-UP (PG13) 12:25, 2:05, 3:45, 5:30, 7:15, 8:05, 10:05  
X-MEN: THE LAST STAND (PG13) 1:35, 4:15, 6:55, 9:25, 10:45  
THE DA VINCI CODE (PG13) 12:10, 3:25, 6:40, 9:55  
OVER THE HEDGE (PG) 12:30, 2:50, 5:10, 7:25, 9:35  
MISSION: IMPOSSIBLE III (PG13) 1:55, 4:50, 7:00, 10:50

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 12:35, 3:05, 5:30, 7:55, 10:15  
A PRAIRIE HOME COMPANION (PG13) 12:15, 2:40, 5:10, 7:10, 9:20

### AMC RIVERTOWNE 12

Exit 4A I-95, 1/2 mi. on Oxon Hill Rd.  
703-998-4AMC

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) 1:35, 4:10, 6:35, 9:00  
GARFIELD: A TAIL OF TWO KITTIES (PG) ✓ 12:45, 3:10, 5:10, 7:20, 8:20, 9:25, 10:30  
NACHO LIBRE (PG) ✓ 12:30, 3:10, 5:30, 8:00  
CARS (G) 12:25, 1:20, 3:30, 4:30, 6:30, 7:30  
THE OMEN (R) 12:40, 1:40, 4:05, 4:50, 7:20, 8:00  
THE BREAK-UP (PG13) 1:10, 4:10, 7:15, 9:15  
X-MEN: THE LAST STAND (PG13) 1:35, 4:20, 7:00, 10:05  
OVER THE HEDGE (PG) 12:30, 2:50, 5:10, 7:25, 9:35

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 1:00, 4:25, 7:40  
AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.  
703-998-4AMC

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) 2:00, 2:45, 4:30, 5:15, 7:00, 7:45, 9:30, 10:15  
GARFIELD: A TAIL OF TWO KITTIES (PG) ✓ 3:00, 5:10, 7:10, 9:10  
CARS (G) 2:05, 2:50, 4:50, 6:25, 7:25, 9:00, 10:10  
THE OMEN (R) 2:15, 2:20, 3:00, 5:00, 7:00, 10:00  
OVER THE HEDGE (PG) 2:40, 4:45, 6:50, 7:00

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 1:30, 4:40, 7:40, 10:05  
AMC COUNTRY CLUB MALL 6

Country Club Mall on Vockey Rd near Route 68.  
703-998-4AMC

THE FAST AND THE FURIOUS 3: TOKYO DRIFT (PG13) 1:15, 4:30, 7:20, 9:55  
GARFIELD: A TAIL OF TWO KITTIES (PG) ✓ 12:45, 2:45, 5:00, 7:50, 9:45  
THE OMEN (R) 1:00, 4:10, 7:10, 9:45  
THE OMEN (R) [S] 1:00, 4:10, 7:10, 9:45  
THE BREAK-UP (PG13) 1:00, 4:20, 7:30, 9:55  
THE DA VINCI CODE (PG13) 9:15 PM  
OVER THE HEDGE (PG) 12:30, 2:30, 4:50, 7:00

### AMC SELECT

THE LAKE HOUSE (PG) ✓ 1:30, 4:40, 7:40, 10:05  
DOWN IN THE VALLEY (R) 1:45, 4:15, 7:10, 9:50  
AMC SELECT

THE HEART OF THE GAME (PG13) 2:30, 5:00, 7:30, 9:45  
KEEPING UP WITH THE STEINS (PG13) 2:20, 5:10, 7:20, 9:40  
WATER (PG13) 2:00, 4:30, 7:00, 9:30  
SWIMMERS (NR-NOT RATED) 3:00, 5:30, 7:40, 10:00

### LOEWS WHITE FLINT 5

North Bethesda  
310-423-1014 741

CARS (G) 1:45, 4:45, 7:35, 10:15  
THE BREAK-UP (PG13) 1:30, 2:40, 3:15, 7:15, 9:45  
X-MEN: THE LAST STAND (PG13) 1:35, 4:15, 7:25, 10:05  
THE DA VINCI CODE (PG13) 1:00, 4:00, 7:00, 10:00

### AMC SELECT

THE LAKE HOUSE (PG) 2:00, 4:25, 7:10, 9:35

Times for Tuesday, June 20-2006

&lt;p

# NIH Vaccine Studies

Volunteer Today

The National Institute of Child Health and Human Development is seeking healthy men and women, ages 18 to 45, to participate in an investigational typhoid vaccine study (06-CH-0070) or an investigational anthrax vaccine study (04-CH-0283) conducted at the National Institutes of Health Clinical Center in Bethesda, Maryland.

Compensation will be provided.

Parking is provided to the participant at no cost.

The NIH Clinical Center is conveniently located on the metro red line (Medical Center stop).

Please call 1-800-411-1222 (TTY: 1-866-411-1010)

<http://clinicaltrials.gov>  
se habla español



Department of Health and Human Services  
National Institutes of Health  
National Institute of Child Health and Human Development

## CLINICAL RESEARCH VOLUNTEERS

WORKING TOGETHER TO MAKE A DIFFERENCE.

The NIH Clinical Center is devoted entirely to research on common and rare disorders. Many of these studies involve healthy volunteers, who assist in finding new ways to prevent, diagnose and treat disorders. Please consider participating in one of our healthy volunteer studies.

### Participants are compensated.

We are currently recruiting adults 18-55 for:

- A study that determines if herbal supplements will change the metabolism of an anti-viral medication (05-CC-0082)
- A study that evaluates the effects of genetics on the metabolism of anti-viral medication (06-CC-0006)

Refer to study number when you call

For more information please call:  
**1-866-444-6679 (TTY: 1-866-411-1010)**  
Se habla español  
<http://clinicaltrials.gov>

Department of Health and Human Services  
National Institutes of Health

## Entertainment

# Television Heats Up

A new net takes a gamble on the appeal of steamy soaps

**NEW PARADIGMS** | Anyone who grumbles that there's nothing new in television hasn't heard about My Network TV.

Created out of the ashes of UPN and due to take flight on Sept. 5, this haven for prime-time soap operas represents one of the most intriguing rolls of the dice that the TV business has seen in several years.

It will test whether there is an English-language marketplace for telenovelas, the steamy, short-run stories that are all the rage in Latin America and the programming foundation for Univision, the nation's most popular Spanish-language network. "There's always been a reluctance on the part of American television to recognize formats from around the world," said Jack Abernethy, CEO of Fox Television Stations.

My Network TV will "strip" its stories just like daytime soap operas, with a new episode five nights a week. The dramas will run in 13-week increments — four separate stories under the "Desire" umbrella



My Network TV's "Desire" hopes to attract fans of prime-time soaps.

at 8 p.m. and four stories under "Secret Obsessions" at 9 p.m.

The network has purchased scripts that aired successfully overseas, like the "Table for Three" story that debuts this fall. The saga of two brothers who fall in love with the same beautiful woman, while each man is being chased by the Mafia, was a big hit when it aired in Colombia. DAVID BAUDER (AP)



### DO YOU HAVE HIGH BLOOD PRESSURE?

If you have high blood pressure you may qualify for a research study that will evaluate the effectiveness of an investigational combination of two already approved medications in controlling blood pressure. Study participation includes: Medical exam by a physician, study medication and up to \$350.00 compensation.

**Millennium Clinical Research Center**

at **(703) 527-8100**

or e-mail us at [bloodpressurestudy@yahoo.com](mailto:bloodpressurestudy@yahoo.com).

Located across the VA Square Metro in Arlington

**A LUCKY 'BREAK':** William Fichtner may not have a starring role on "Invasion" to pay the rent, but he has bounced back on prime time. He'll star as a federal agent assigned to apprehend the escapees on next season's "Prison Break."



# Television

## ON TV TONIGHT

### HE SAID, HE SAID AND HE SAID

**FRONTLINE** (9 p.m., PBS) presents "The Dark Side," about the political turf wars between George Tenet and his CIA and the offices of Vice President Dick Cheney and Defense Secretary Donald Rumsfeld after Sept. 11, 2001.

### IS IT RERUN SEASON YET?

A high-school hostage crisis turns deadly on **NCIS** (8 p.m., CBS)... On back-to-back episodes of **HOUSE** (Fox), lies between father and son (8 p.m.), performance-enhancing drugs (9 p.m.)... Paul Anka guest stars on **GILMORE GIRLS** (8 p.m., WB)... A mission to Taliban country turns into a dangerous helicopter ride on **THE UNIT** (9 p.m., CBS).

### THAT SOUNDS LIKE FUN

**DIRTY JOBS** (9 p.m., Discovery) returns



**GRIME WAVE:** Mike Rowe gets down in the muck as the host of "Dirty Jobs."

with a look at those who dismantle parade floats after the festivities conclude.

### CULT CHOICE

The Corleones and the Vatican collide in the 1990 sequel **THE GODFATHER, PART III** (10:15 p.m., AMC). KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

### DISCOVERY

### DISNEY

### DISNEY CHANNEL

### DISNEY XD

### DISNEY CHANNEL HD

### DISNEY XD HD

### DISNEY CHANNEL KIDS

### DISNEY CHANNEL KIDS HD

### DISNEY CHANNEL KIDS PRE

### DISNEY CHANNEL KIDS PRE HD

### DISNEY CHANNEL KIDS PRE HD</h



# METRO. WHEREVER YOU GO.

INFORMAT ON ANYT ME 202 637 7000 • TTY 202 638 3780

**M** opens  
metro doors  
MetroOpensDoors.com

**RAPID**  
TRANSMIT

ADVERTISE IN EXPRESS.  
Call 202.334.4532

**express**  
A publication of The Washington Post

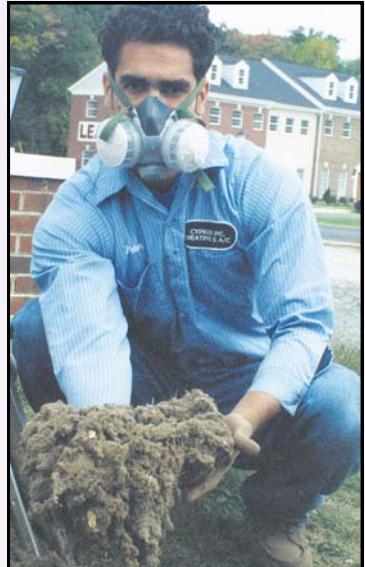
# Don't Breathe Filth!

**Only \$264 Buys  
Clean Air For  
Your Home.**

1. 50% of all illnesses are either caused or aggravated by indoor air pollution.
2. Children, the elderly, asthma and allergy sufferers, smokers and pet owners are more likely to be affected by indoor air pollution.
3. A properly cleaned duct system can reduce your gas or electric bill up to 25%.

### Cyprus Air, For Air Duct Cleaning You Can Trust

Family owned and operated for over 30 years, Cyprus Air of Alexandria, Virginia has a proven track record of superior service and customer satisfaction. As members of the Air Conditioning Contractors of America, they adhere to strict professional standards and regulations.



Dust, dirt, mold and other contaminants removed from a three-year-old townhome.

**50% OFF**  
**Duct Cleaning &**  
**FREE Furnace Cleaning**

### CYPRUS AIR

**HEATING & COOLING**

**703.765.9400**

7525 Richmond Hwy  
Alexandria, VA  
3 Miles South Of I-495 &  
Old Town Alexandria  
Call Monday-Saturday  
8:00 A.M. - 7:00 P.M.

SERVING THE AREA FOR 30 YEARS! Thanks  
for trusting Washington's Most Experienced &  
Dependable Heating & Air Conditioning Company.  
Enjoy our Happy Anniversary Coupon.

**Only \$264.00, a 50% savings!**

Coupon Expires 6/30/06. One coupon per customer.  
Coupon valid for one system per household, up to 8 vents;  
\$20 per vent charge applies over 8 vents. One coupon per system.  
Includes inspection and cleaning of the entire duct system and vents,  
blowers, motor and all other system components. (\$528.00 Value)



**40% OF RESIDENTS WHO LEAVE DC TRADE UP FOR BALTIMORE**

**How About \$10,000 Toward Your Upgrade?**

In 2004, 6,931 residents moved OUT of DC & INTO Baltimore and they know that Baltimore City is one of the most affordable places to live. Now you can preview the newest condo and housing developments without having to leave DC! In fact, a few of our partners are offering incentives such as \$10,000 in closing costs and plasma TVs.

What: **LIVE BALTIMORE'S NEW HOUSING AND CONDO HAPPY HOUR**

When: **WEDNESDAY, JUNE 21, 5-7:30PM**

Where: **RFD WASHINGTON  
810 SEVENTH STREET, NW**

Take a virtual "tour" of the newest city developments! Meet with mortgage specialists, real estate agents and other home buying professionals. We'll help you find the perfect neighborhood and incentive programs to help get you started on your upgraded lifestyle in Baltimore.



**STRUEVER BROS. ECCLES & ROUSE**  
Transforming America's Cities



**STATION NORTH**  
Townhomes

It's Better in Baltimore!

For More Information: [www.LiveBaltimore.com/dchh](http://www.LiveBaltimore.com/dchh)

No need to register! Complimentary food & bar specials.

**Adapt you.**

"Personal Tech" can give you cool and useful tools. **Mondays.** express



**TAKE A PASS:** FIFA is dropping its demand that Northern Ireland soccer players have British passports. Soccer's governing body provoked Catholic outrage in Ireland when it ordered that all players on the soccer squad travel using the British identification.

## World Cup '06

### Standings

GROUP	COUNTRY	W	L	D	P
A	Ecuador	2	0	0	6
A	Germany	2	0	0	6
A	Poland	0	2	0	0
A	Costa Rica	0	2	0	0
B	England	2	0	0	6
B	Sweden	1	0	1	4
B	Trinidad/Tob.	0	1	1	1
B	Paraguay	0	2	0	0
C	Argentina	2	0	0	6
C	Netherlands	2	0	0	6
C	Ivory Coast	0	2	0	0
C	Serbia/Mont.	0	2	0	0
D	Portugal	2	0	0	6
D	Mexico	1	1	0	4
D	Angola	0	1	1	1
D	Iran	0	2	0	0
E	Italy	1	0	1	4
E	Czech Republic	1	1	0	3
E	Ghana	1	1	0	3
E	United States	0	1	1	1
F	Brazil	2	0	0	6
F	Australia	1	1	0	3
F	Croatia	0	1	1	1
F	Japan	0	1	1	1
G	Switzerland	1	0	1	4
G	South Korea	1	0	1	4
G	France	0	0	2	2
G	Togo	0	2	0	0
H	Spain	2	0	0	6
H	Ukraine	1	1	0	3
H	Tunisia	0	1	1	1
H	Saudi Arabia	0	1	1	1

### Today's Matches

	V	
COSTARICA	IOA   ESPN2	POLAND
	V	
ECUADOR	IOA   ESPN	GERMANY
	V	
PARAGUAY	3P   ESPN2	TRINIDAD
	V	
SWEDEN	3P   ESPN	ENGLAND

#### TOMORROW'S MATCHES

- Iran v. Angl., IOA.m., ESPN2
- Portugal v. Mexico, IOA.m., ESPN
- Netherlands v. Argentina, 3p.m., ESPN
- Ivory Coast v. Serbia/Mont., 3p.m., ESPN2

# Ukraine Turns It Around, Wins 4-0

### Thrashing of Saudi Arabia comes on the heels of a 4-goal loss

**WORLD CUP** | It took just four minutes for Ukraine to get its World Cup bid back on track.

The World Cup newcomers, coming off a 4-0 loss to Spain in Group H, got it together Monday to beat Saudi Arabia 4-0 in a rain-swept match.

Though Andriy Shevchenko was expected to lead his nation, it was

defender Andriy Rusol who scored the first goal. He knocked the ball past Saudi goalkeeper Mabrouk Zayed with his knee off a corner kick from Maxim Kalinichenko in the fourth minute.

The goal, Ukraine's first of the tournament, prompted an emotional Oleh Blokhin to scream in approval and violently whip the grass with his towel.

"It's like the tale of Cinderella," the Ukraine coach said. "The pumpkin turned into a beautiful coach and the rats into magnifi-



Andriy Shevchenko scored on a header barely 30 seconds into the second half.

cent horses. That's what happened to us today."

Serhiy Rebrov scored one of the best goals of the tournament with a 35-meter shot in the 36th minute. Zayed might have reached it on time but slipped on the wet grass, letting the ball go into the top corner.

Barely 30 seconds into the second half, Shevchenko got his goal with a header from Kalinichenko's long free kick. And Kalinichenko got his own, scoring on a pass from Shevchenko to close the scoring.

ERICA BULMAN (AP)

### After 2-0 Loss, Togo Set to Go Home

### Team blames referees, turmoil, readies for French in final game

**WORLD CUP** | Togo slumped out of the World Cup with a 2-0 loss to Switzerland on Monday, blaming its rapid exit on bad refereeing and the turmoil that has engulfed the squad.

The Sparrow Hawks trail in fourth place without a point in Group G. They next face France, which is fighting for survival after its disappointing draws against Switzerland and South Korea.

The players said they feared Friday's match would be even tougher than the Swiss game.

"We don't want to leave with zero points," said Robert Malm. "We want to score some points. For the honor of Togo."

The team put up a surpris-



Togo's Emmanuel Adebayor sits on the field after a 2-0 loss that eliminated his team.

ingly spirited performance in the first half.

It was unlucky not to be awarded a penalty in the 35th minute when star forward Emmanuel Adebayor was apparently bought down in the penalty area by Patrick Mueller.

Adebayor protested in vain but Paraguay referee Carlos Amarilla was deaf to his appeals.

The Arsenal forward stormed out after the match without speaking to journalists, still clearly angry about the decision. CLARE NULLIS (AP)

### Spain's Looking Like a Title Contender

**WORLD CUP** | This Spanish team attacks with Brazilian flair, defends with Italian grit and works as hard as the Germans.

Spain is emerging as a serious candidate for the World Cup title after rebounding from a goal down to beat Tunisia 3-1 Monday night.

Spain's unbeaten streak under coach Luis Aragones is now at 24 games and the young squad advanced to the second round

from Group H.

It was the last of the middle games of the first round.

While Spain is through, the North Africans must beat Ukraine in their last match if they hope to move on.

"I knew it was going to be a difficult match," Aragones said. "The first goal upset us. We have a very young team."

KARL RITTER (AP)

#### PLAYER OF THE DAY



TRANQUILLO BARNETTA  
MIDFIELDER, SWITZERLAND



His precision around goal lifted the Swiss to their first World Cup victory since 1994 and the top spot in Group G. Barnetta, 21, knocked a cross back into the path of a teammate, then finished the scoring with a low thunderbolt to the far post.

#### AROUND THE WORLD



Sweden's fans have been rabid so far, and it might get worse against England.

#### GROUP B

### Police Out in Force for Game Between England, Sweden

Police from Sweden, Britain and Germany were patrolling the streets of Cologne on Monday and meeting with fans from all three countries in a bid to maintain the calm that has surrounded the World Cup. The police patrols began in earnest Sunday and were expected to continue into Tuesday, when England and Sweden face off. (AP)

#### TECHNOLOGY

### FIFA Says No to Video Replay

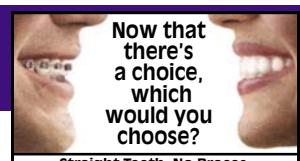
Referees will have the final say on contentious goal-line decisions at the World Cup until any technology to overrule them is perfected. FIFA communications director Markus Siegler was adamant Monday that soccer's world governing body will not resort to having officials make decisions based on video replays. There are no other fallback devices for referees. (AP)

## Introducing The Latest Technology In Comprehensive Dental & Orthodontic Care

- Implants
- Emergency Care
- Dental Check-Ups
- Crowns & Bridges
- Root Canal Therapy
- Oral Surgery
- Periodontics
- Cosmetic Dentistry
- Orthodontics
- Digital Computerized X-Rays
- Intra-Oral Camera/Video Imaging
- Air Abrasion (No More Needles)
- EVENING HOURS BY APPOINTMENT

### All In One Facility

2 blocks away from  
Farragut North and  
Farragut West Metro  
Free Orthodontic  
Consultation  
Free Implant  
Consultation



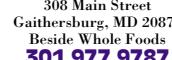
Now that  
there's  
a choice,  
which  
would you  
choose?  
  
Straight Teeth. No Braces.

PREMIERE INVISALIGN PROVIDER  
(top 5% Nationwide 2005)

### K Street Dental & Orthodontic Group

Dr. A. Shouhayib & Associates

K Street Dental  
1990 K Street NW, Suite 15-A  
Washington, DC 20006  
**202.775.0167**  
**301.977.9787**  
[www.kstreetdental.com](http://www.kstreetdental.com)



## Learn SPANISH now!!

June 27 - August 8

6 weeks  
Tuesdays and Thursdays  
6:00 pm - 9:00 pm

a 10% discount is offered  
for this session!

Visit our website and apply online: [www.lado.edu](http://www.lado.edu)  
or call us today at 202-223-0023

Questions? Email : [spanish@lado.edu](mailto:spanish@lado.edu)

LADO has been teaching English as a Foreign Language for over 25 years.  
Based on our unique methodology and experience, we have designed  
a new and innovative Spanish Language Program.



LADO International College  
2233 Wisconsin Avenue, NW  
Washington, DC 20007  
Phone 202-223-0023

## GRADUATE PROGRAMS IN ENGINEERING MANAGEMENT & SYSTEMS ENGINEERING

**Focus on your interests** with a Master's  
Degree or Graduate Certificate in:

- Engineering & Technology Management
- Homeland Security Emergency Preparedness & Response (Arlington only)
- Systems Engineering

**Combine technology with management.** Our evening and Saturday programs will both advance your career and expand your horizons.

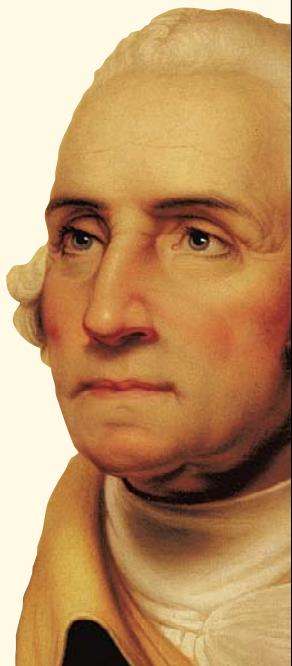
THE GEORGE  
WASHINGTON  
UNIVERSITY  
WASHINGTON DC

BRING US YOUR  
AMBITION.

[www.gwu.edu/gradinfo](http://www.gwu.edu/gradinfo)

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.

31202



## Sports



"He doesn't love what he does. ... He does the minimum to obtain the maximum." —Cyclist

**Bobby Julich**, on Tour de France competitor Jan Ullrich.



Landon Donovan, left, came back with a strong game against Italy after a poor showing in the Americans' loss to the Czechs.

## U.S. Turns to Its 'Warrior'

24-year-old Donovan seems back in form as U.S. readies for Ghana

**WORLD CUP** | Landon Donovan kept getting advice, not goals.

Coach Bruce Arena criticized his play in the opening loss to the Czech Republic, and there was no shortage of teammates and staff who spoke with him, attempting to prod the prodigy back on track.

Donovan responded in last week-

end's 1-1 tie with Italy, and heads into Thursday's must-win game against Ghana with the confidence he lacked against the Czechs.

"I think he emerged in this game and demonstrated to the world, but more importantly to his teammates, that he's a great player in any kind of game," U.S. coach Bruce Arena said Monday. "Landon did things against Italy I've never seen him do before. He was a warrior on the field."

At times it's hard to forget that while he's a two-time World Cup vet-

eran, he's still just 24. His 25 international goals are third in U.S. history, behind Eric Wynalda (34) and Brian McBride (30), but he's been blanked in 17 national team games since last July 9 against Canada.

Scoring has been tough for the Americans, who only scored when Azzurri defender Cristian Zaccardo flubbed a clearance attempt into his own net.

"It's not lost on the U.S. that we haven't scored a goal," Donovan said. (AP)

## Sergio Garcia Withdraws From Booz

**GOLF** | Booz Allen Classic officials announced that defending champion Sergio Garcia has withdrawn from the 2006 Booz Allen Classic due to an injury to his back.

"I am truly disappointed that

I will not have the opportunity to defend my title this week," said Garcia. "I tweaked my back a little over a week ago during the Barclays Classic. The pain did not get any better during my two rounds at the

U.S. Open."

Attracting more than 100,000 fans over tournament week each year, the Booz Allen Classic is the Washington area's only PGA tour stop. The popular sporting event returns to the region for its 27th year this week. (AP)

### AFFORDABLE HEALTHCARE



\$3.00/month for First 3 months then  
\$49.95/Individual - \$59.95/Family  
Includes FREE Dental, Vision, Rx Card, and Chiropractic Benefits!  
For more info, call (301) 203-7865  
or visit website: [www.EveryoneBenefits.com/40163901](http://www.EveryoneBenefits.com/40163901)

**femme fete**  
\*where fashion goes out to flirt\*

JOIN local fashion talent at DC's most exciting SHOPPING PARTY! Shop designers, beauty vendors & traveling boutiques | Enjoy chocolate fountains | Pulse to MstudioC | Drool over mini fashion shows | Indulge in VIP treatments and more...

THURS, JUNE 22 5:30-10:30P  
THE WASHINGTON TIMES  
3600 NEW YORK AVE. NE

check out all the designers online!

[www.femmefete.net](http://www.femmefete.net)

2.5

**Total number of days** a group of students and instructors at two universities in Japan played basketball continuously. They hope the marathon will be recognized as a world record.

## Sports

# Swengali

GOLF | BY MATT SWENSON

## Booz Needs The Big Two

ONCE THERE WAS THE BIG FIVE; now there's just two.

And that's the best — and worst — thing going for the PGA Tour as it heads to Potomac for this week's Booz Allen Classic, now missing defending champ Sergio Garcia, whose back was healthy enough for the U.S. Open but not for Avenel.

When Phil Mickelson or Tiger Woods is in the field of any tournament, there's going to be great interest. If neither shows, the event feels bush league. Sorry to the Booz Allen folks, but Padraig Harrington just doesn't cut it.

The phenomenon, a result of Mickelson's major victories — which separated him from Ernie Els, Vijay Singh and Retief Goosen — is at the

## Sorry to the Booz Allen folks, Padraig Harrington doesn't cut it.

heart of why there may not be a PGA event in the area next year.

In an effort to get its biggest stars out more, the PGA changed next season's scoring system and schedule. The big loser in this was D.C., which was sent to September purgatory, after the season's champion has been chosen and all the year's majors are history.

Tony the Tiger and Punxsutawney Phil wouldn't even play then, let alone Tiger Woods and Phil Mickelson.

Sponsors know that better than anyone, which is why no one will foot the bill to keep the PGA Tour here.

Golf may be riding high with the Woods-Mickelson rivalry, but abandoning the nation's capital is stupid. Even Major League Baseball figured that out. Hopefully it won't take 34 years for the PGA to learn the same lesson.

To reach Matt Swenson, e-mail him at matt.swenson@readexpress.com.



Phil Mickelson's second shot at No. 18 Sunday hit a tree, leading to a double bogey.

## Will Phil Fall Victim to The U.S. Open Curse?

**Former golfing greats missed their chances, then never won again**

GOLF | Phil Mickelson isn't the only major champion to blow the U.S. Open. He can only hope he doesn't end up like the others.

Sam Snead thought he needed a birdie on the par-5 18th hole in 1939, then butchered the hole so badly that he wound up with a triple-bogey 8 and finished two shots out of the playoff.

He never won a U.S. Open, the only major keeping him from the career Grand Slam.

Ben Hogan was locked in a duel of generations with Arnold Palmer and 20-year-old amateur Jack

Nicklaus at Cherry Hills in 1960. He felt he needed a birdie on the par-5 17th, and his wedge spun off the green and into a creek. Hogan never won another U.S. Open.

Palmer had a seven-shot lead on Billy Casper in 1966 and went after the U.S. Open scoring record. His bold play led to an unthinkable collapse. Casper shot 32 on the back nine for a tie, then beat Palmer the next day in a playoff. Palmer never won another U.S. Open.

"As a kid, I dreamt of winning this tournament," Mickelson said late Sunday afternoon, still in shock over a double bogey that cost him his best chance at the U.S. Open. "Even a bogey would have gotten me into a playoff. I just can't believe I did that." DOUG FERGUSON (AP)

## MLB

### AMERICAN LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
Boston	39	28	.582	—	18-10	21-18
N.Y. Yankees	38	29	.567	1	20-14	18-15
Toronto	37	32	.536	3	23-14	14-18
Baltimore	32	39	.451	9	19-17	13-22
Tampa Bay	29	41	.414	11.5	14-15	15-26
CENTRAL	W	L	PCT.	GB	HOME	ROAD
Detroit	46	24	.657	—	20-14	26-10
Chicago	44	25	.638	1.5	24-10	20-15
Minnesota	34	34	.500	11	21-10	13-24
Cleveland	31	37	.456	14	18-15	13-22
Kansas City	19	49	.279	26	10-19	9-30
WEST	W	L	PCT.	GB	HOME	ROAD
Oakland	38	31	.551	—	21-15	17-16
Texas	38	32	.543	0.5	19-19	19-13
Seattle	34	37	.479	5	22-17	12-20
L.A. Angels	31	38	.449	7	16-20	15-26

### NATIONAL LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
N.Y. Mets	43	25	.632	—	20-13	23-12
Philadelphia	34	35	.493	9.5	17-21	17-14
Washington	32	39	.451	12.5	15-19	17-20
Florida	29	37	.439	13	15-17	14-20
Atlanta	30	40	.429	14	14-17	16-23
CENTRAL	W	L	PCT.	GB	HOME	ROAD
St. Louis	42	26	.618	—	24-13	18-13
Cincinnati	37	32	.536	5.5	17-19	20-13
Houston	36	34	.514	7	24-16	12-18
Milwaukee	35	35	.500	8	24-15	11-20
Chicago	26	42	.382	16	12-20	14-22
Pittsburgh	26	44	.371	17	18-19	8-25
WEST	W	L	PCT.	GB	HOME	ROAD
L.A. Dodgers	36	33	.522	—	19-14	17-19
San Diego	36	33	.522	—	18-19	18-14
Arizona	35	34	.507	1	18-18	17-16
Colorado	34	35	.493	2	16-16	18-19
San Fran.	34	35	.493	2	17-17	17-18

Standings through June 18's games

a Caring Career

## MEDICAL ASSISTANT

Train in 7 months!

**Sanz**  
since 1939

- ✓ Financial Aid If You Qualify
- ✓ Job Placement Help
- ✓ Day and Evening Classes

3 Convenient Locations  
**DC MD VA**

**1(888) 407-8222**

Train to Work in a

## MEDICAL OFFICE

- Medical Billing & Coding
- Insurance
- Office Support
- Receptionist

**Sanz**  
since 1939

- ✓ Financial Aid If You Qualify
- ✓ Job Placement Assistance

**1(888) 407-8222**

### Outstanding Distributor Regina Davis



"I just want to let you know what a fantastic employee you have in Regina at the Clarendon Metro stop. Every morning, rain or shine, she's unflappable, smiling and greeting customers cheerfully, asking everyone how they're doing...you can't help but smile as you board the train after seeing her!"

—Clarendon Metro Rider



**express**  
A publication of The Washington Post

To recognize an outstanding distributor, please email circulation@readexpress.com. Please include your name, city and metro station.

## Attention Cigarette Smokers

The Center for Health Behavior Research, under the direction of Dr. Elbert D. Glover, Ph.D, is currently conducting a research study testing an investigational vaccine which may help people stop smoking.



Stamped copy on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

Eligible smokers 18 years and older will receive at NO COST:

- Laboratory assessments
- Physical exams
- Individualized counseling
- The study vaccine or placebo (2:1 chance of receiving the vaccine)

Stamp on file with IRB revised on May 31, 2006

## Sports



**DOUBLE TROUBLE:** Steelers quarterback Ben Roethlisberger, who last week crashed his motorcycle, will be fined for riding without a helmet and license. Meanwhile, teammate Santonio Holmes was charged with assaulting a woman, his second arrest since being drafted.

# No Place Like Home in NBA Finals

After 3 straight losses in Miami, Mavs return to friendly confines

**NBA PLAYOFFS** | The Mavericks left home last week with two wins and a Texas-sized swagger. They staggered back Monday morning after three losses to the Miami Heat, teetering on the brink of elimination from the NBA finals.

But a big bunch of irrepressible fans reminded the Mavs that, although their backs are against the wall, that wall is deep in the heart of Dallas.

The Mavericks' disastrous week in South Florida culminated Sunday night in the Heat's memorable 101-100 overtime win. Dallas' flight home was dour and quiet — but the cheering, flag-waving faith-



Jason Terry faces a Miami defense that got tougher back on its own court. The Heat won three straight in Miami after losing the first two games in Dallas.

ful awaiting their plane snapped the Mavs out of a funk, hopefully just in time for Game 6 on Tuesday night.

"That was the first smile I had all morning," said Jason Terry. "I knew it was home, sweet home."

Terry speaks the truth about these finals: For the first time in 30 years, the home teams are unbeaten in the first five games. In a series between first-time finalists, it isn't psychologically surprising to see both teams leaning heavily on home cooking.

"We knew we didn't play any good games in Dallas," Wade said. "When you go on the road and you don't play good games, then you turn the ball over, it's hard to win. ... It's going to be very tough, but that's why we play this game — for these moments." REG BEACHAM (AP)

## GW Guard Elliot Will Return, but Pinnock Won't

**COLLEGE BASKETBALL** | George Washington guard Danilo Pinnock hired an agent and will not return for his senior year, while point guard Carl Elliott withdrew his name from the NBA draft on Monday.

Pinnock averaged 14.5 points, 5.3 rebounds, 3.1 assists and 2.5 steals. Elliott, who worked out for the Washington Wizards and New York Knicks, will return to the Colonials for his senior season.

Elliott led the Atlantic-10 in 3-point field goal percentage last season and was a second-team all-conference selection.

The Colonials (27-3) went unbeaten in the A-10 in the regular season and advanced to the second round of the NCAA tournament. (AP)

**WHAT I DID THIS SUMMER...**

YMCA CAMP

Give your child a summer to remember with YMCA SUMMER CAMP. We've been creating childhood memories for more than 100 years with swimming lessons, traditional camps and fun activities for all ages. Camps start in June and are available throughout the metropolitan region.

SPACE IS LIMITED SO REGISTER TODAY!  
1-800-473-YMCA • [WWW.YMCAWASHDC.ORG](http://WWW.YMCAWASHDC.ORG)

**YMCAMP**

YMCA of Metropolitan Washington  
We build strong kids, strong families, strong communities

245

The rank of Czech tennis player Jan Vacek, who upset top-seeded Thomas Johansson 7-6(6), 6-7(11), 6-4 at the Red Letter Days Open grass-court tournament. Vacek didn't qualify for the tournament, but got a spot when fourth-seeded Fernando Verdasco pulled out.

## Sports

# Fla.: Rising Without Stars

Rookies and relative unknowns lift Marlins out of division's cellar

**BASEBALL** | Joe Girardi is as surprised as anyone.

"I knew we would play better," the Florida Marlins' rookie manager said, "but I did not expect this."

He's surely not alone.

No one could have expected this — a four-week run where the untried, rebuilding and rookie-loaded Marlins were the hottest team in baseball.

Led by a bunch of relative unknowns, the Marlins are 18-6 in their last 24 games and have climbed out of last place in the NL East — that spot now belongs to the perennial division champion Atlanta Braves. Florida's Josh Johnson leads the majors with a 2.01 ERA. Dan Uggla has 12 home runs. Scott Olsen has won four consecutive starts.

Who, exactly, are these guys?

They're the future, which right now is looking pretty good.



Dontrelle Willis is a veteran on the Florida Marlins, the hottest team in baseball.

"I just like how, regardless of how we were playing, we were still coming in and working hard and still believing," said left-hander Dontrelle Willis, who finished second in the NL Cy Young Award

balloting last season but is off to a 3-6 start in 2006. "Now it's starting to pay off."

Willis and the Marlins come to Baltimore today for a three-game series with the Orioles. (AP)

the home team has won every game in this series. That bodes well for Dirk Nowitzki and the Mavericks in Dallas against the Miami Heat, who have won three straight.



Lindsay Davenport's back injury forced her to withdraw from Wimbledon.

## Davenport Drops Out of Wimbledon

**TENNIS** | Former champion Lindsay Davenport pulled out of Wimbledon on Monday with a bad back.

The 30-year-old American, ranked No. 6, also missed the French Open with the injury. She hasn't played since aggravating her back in mid-March at the Pacific Life Open.

Davenport won Wimbledon in 1999 and reached the final in 2000.

Serena Williams has already pulled out of Wimbledon due to her ongoing knee problems.

Also out of the grass-court championship starting next Monday is

Taylor Dent, who has a back injury, former No. 1 Carlos Moya (shoulder) and Jose Acasuso of Argentina, who has an undisclosed injury. (AP)

### TODAY'S TV LINEUP

**NATIONALS (7 P.M. ON CH20)** The Nationals starter Livan Hernandez will face the Red Sox for just the second time in his career. Knuckleballer Tim Wakefield takes the mound for Boston.

**ORIOLES (7 P.M. ON COMCAST)** It's the stud with the high leg kick (the Marlins' Dontrelle Willis) squaring off against the Orioles and Daniel Cabrera, who has a

1.59 ERA since coming off the DL.

**NBA PLAYOFFS (9 P.M. ON ABC)** So far,

the home team has won every game in this series. That bodes well for Dirk Nowitzki and the Mavericks in Dallas against the Miami Heat, who have won three straight.

**COLLEGE BASEBALL (5 P.M. ON ESPN2 AND 8:30 P.M. ON ESPN2)** It's a double-header of college baseball world series action.

**BASEBALL (7 P.M. ON WGN)** The Cubs are at Cleveland for the second game of a three-game series.

# express



# automobile dealers

more cars on the net



@washingtonpost.com

AUDI

**ROCKVILLE AUDI**  
Rockville, MD 301-881-0900  
1450 Rockville Pike • rockvilleporsche-audi.com

BMW

**BMW OF ARLINGTON**  
Arlington, VA 703-647-1810  
3154 Jeff Davis Hwy • www.bmwofarlington.com

Cadillac

**CAPITOL CADILLAC**  
Greenbelt, MD 301-441-9600  
6500 Capitol Drive • www.capitolcadillac.com

CHEVROLET

**KOONS CHEV TYSONS**  
Vienna, VA 888-383-8200  
2000 Chain Bridge Rd • www.koons.com

CHEVROLET

**KOONS CHEV TYSONS**  
Vienna, VA 888-383-8200  
2000 Chain Bridge Rd • www.koons.com

HUMMER

**MOORE CADILLAC HUMMER**  
Chantilly 703-674-5900  
25440 Pleasant Valley Rd • www.moorehummer.com

LEXUS

**LEXUS OF SILVER SPRING**  
Silver Spring, MD 800-266-4874  
2505 Prosperity Terr • www.lexusofsilverspring.com

TOYOTA

**ALEXANDRIA TOYOTA**  
Alexandria 703-684-0700  
3570 Jeff Davis Hwy • www.alexandriatoysota.com

Ford

**CRYSTAL FORD**  
Silver Spring 866-369-9999  
3115 Automobile Blvd • www.trycrystal.com

HYUNDAI

**ALEXANDRIA HYUNDAI**  
Alexandria, VA 703-535-6840  
1707 Mt. Vernon Ave. • www.alexandriahyundai.com

Lincoln/Mercury

**JERRY'S Lincoln Mercury**  
MANASSAS 703-631-1181  
8820 Centreville Rd • www.jerrysljeep.com

VOLKSWAGEN

**KAY JENNINGS SPRINGFIELD TOYOTA**  
Springfield 703-451-0300  
6570 Amherst Ave. • www.springfieldtoyota.com

Ford

**JERRY'S FORD**  
Annandale, VA 703-256-5000  
6510 Little River Turnpike • www.JerrysFord.com

FAIRFAX HYUNDAI

Fairfax, VA 703-352-0444  
Rt. 123 & Rt. 50 • www.fairfaxhyundai.com

Mercedes-Benz

**EURO MOTORCARS**  
Bethesda, MD 301-986-8800  
7020 Arlington Rd. • Buying/Internet Services Welcome

USED CARS

**KOONS ARLINGTON TOYOTA**  
Arlington 888-837-8657  
4045 Lee Highway • koons.com

KOONS FORD OF ROCKVILLE

**KOONS STERLING FORD**  
Alexandria, VA 888-342-7300  
46869 Harry Byrd Hwy • www.koons.com

INFINITI

**INFINITI OF CHANTILLY**  
Chantilly 703-322-3600  
Chantilly Auto Park. • infinitiofchantilly.com

Nissan

**355 NISSAN/VOLVO**  
Rockville, MD 301-309-2200  
15911 Indianola Drive • www.darcars.com

USED CARS

**BROWN'S VW OF MANASSAS**  
Manassas, VA 703-257-6002  
8846 Mathis Ave. • www.manassasvww.com

Ford

**OURISMAN WORLD OF FORD**  
Alexandria, VA 703-660-9000  
6129 Richmond Hwy. • www.ourismanford.com

KOONS FORD OF ROCKVILLE

Rockville 877-518-1747  
718 Rockville Pike • www.koonsford.com

TOYOTA

**355 TOYOTA**  
Rockville, MD 301-309-3917  
15131 Frederick Road • www.darcars.com

USED CARS

**JACK TAYLOR SIGNATURE CARS**  
Alexandria, VA 703-683-0700  
3750 Jeff Davis Hwy • www.alexandriatoyota.com

To place dealership listing  
in the directory,  
please call  
**202-334-4710**

or your Washington Post  
Sales Representative

Honda

**BILL PAGE HONDA**  
Falls Church 1-866-391-8562  
6715 Arlington Blvd • www.billpagehonda.com

Jeep

**JERRY'S JEEP OF MANASSAS**  
MANASSAS 703-631-1181  
8820 Centreville Rd • www.jerrysjeep.com

# VOLUNTEERS NEEDED For Research Studies



**Dependable healthy adults 18-50 years of age  
Available to participate in an entire study  
You will receive a free medical evaluation  
Financial compensation provided**

Contact: Toll Free

**1 - 866 - 856 - 3259**

**www.ARMYClinicalTrials.com**



Walter Reed Army Institute of Research

## Shy Around People?

- Do you get anxious in front of others?
- Do you feel embarrassed if you have to give a speech or perform at a public function?
- Do you avoid meeting new people, going to parties or dating?
- Is it difficult for you to eat, drink or write while others may be watching you?

If your answer is Yes to any of these questions you may be suffering from a social phobia.

If you are 18-65 years of age and feel that these problems interfere with your ability to achieve your goals or to enjoy life fully...

please call for more information about our research study.

All study-related office visits and medical evaluations are at no cost to you.



CAPITAL CLINICAL  
RESEARCH ASSOCIATES

301-770-7375

## Advance you.

"Careers" can move you up and ahead.

Mondays.



X017a.Ix1

## Adapt you.

"Personal Tech" can give you cool and useful tools.

Mondays.



X017e.Ix1

Do you or your child have

## sickle cell disease?



Find out if there's a study that's right for you.

**Call 1-866-999-4443**

TTY: 1-866-411-1010



## SMOKER'S COUGH?

### Clinical research study of an INVESTIGATIONAL MEDICATION

Ages 40 and up

Study Related Medical evaluations provided  
Compensation for time and travel up to \$555

## INTERESTED?

**PLEASE CALL: Anna 301-962-1610  
FREE PARKING & METRO ACCESSIBLE**

 THE INSTITUTE FOR ASTHMA AND ALLERGY, P.C. | WHEATON, MARYLAND  
Martha White, MD, Michael Kaliner, MD, Athena Economides, MD, Henry Li, MD, PhD and Mark Scarupa, MD

## ASTHMA & HEARTBURN?

**IF YOU ARE 18 TO 70 YEARS OLD,  
HAVE ASTHMA WITH HEARTBURN,  
YOU MAY QUALIFY FOR A  
RESEARCH STUDY INVOLVING AN  
INVESTIGATIONAL MEDICATION.**

Volunteers receive study medication and study-related medical exams at no charge and receive compensation for time and travel.

**PLEASE CALL: 301-962-1610  
FREE PARKING & METRO ACCESSIBLE**

 THE INSTITUTE FOR ASTHMA AND ALLERGY, P.C. | WHEATON, MARYLAND  
Martha White, MD, Michael Kaliner, MD, Athena Economides, MD, Henry Li, MD, PhD and Mark Scarupa, MD

## Drink Alcohol?

✓ Drink daily or almost daily?

✓ Are between the ages of 21 and 45?

You may be eligible to participate in a research study using Rimonabant at the National Institute on Alcohol Abuse and Alcoholism, one of the National Institutes of Health. If you qualify, you'll be compensated for your participation, which will include one overnight stay in the Clinical Center on the NIH campus in Bethesda, Maryland. For more information, call 301-496-7500.

All calls are confidential.



**NIAAA**



## **H e a l t h y A d u l t VOLUNTEERS NEEDED**



HIV is a global epidemic. Currently, 42 million people worldwide are living with HIV/AIDS, a disease that has no cure. In 2003, 5 million people were newly infected with HIV, equaling about 14,000 infections each day. Approximately 11 of every 1000 adults aged 15 to 49 worldwide, are HIV infected.

The world is in desperate need of a vaccine for the prevention of HIV infection.

Will you help?

Walter Reed Army Institute of Research and the Henry Jackson Foundation for the Advancement of Military Medicine are currently enrolling volunteers to participate in a study to evaluate the safety of a new investigational HIV vaccine.

If you are a healthy US citizen between the ages of 18-49, are not currently in the US military and are available for 12 months, you may be qualified to participate in a study evaluating this vaccine.

This experimental vaccine does not cause HIV infection.

# **301-251-8351**

Ask for Keisha or KaTrina

## **Smoker's Cough?**

**Clinical research study of an  
INVESTIGATIONAL MEDICATION.**

Ages 40 and up.

Study Related Medical evaluations provided.

Compensation for time and travel up to \$555

**INTERESTED?**

PLEASE CALL: Anna 301-962-1610 • Free Parking & Metro Accessible

## **VOLUNTEERS NEEDED!!**

Investigational Malaria Drug Study Minutes from the Medical Center Metro Station in Bethesda

Located: On the campus of the National Naval Medical Center.

WHO: Healthy men and women 18-55 years of age

HOW: 1 screening session, 1 pre-admission session, a 5-day inpatient stay and 3 outpatient visits.

**Compensation provided**

FOR MORE INFORMATION  
CALL:

**1-866-750-2165**

**It's time to  
leave her  
housemates  
for a house.**

*Sell your home in Express.*

*Place your Classified  
ad today.*

**202-334-6200.**

**Advance you.**

"Careers" can move you up and ahead.

**Mondays.**

**express**

X017a 1x2 75

**Drive you.**

"Cars" can put you in the right wheels.

**Wednesdays.**

**express**

**Advance you.**

"Careers" can move you up and ahead.

**Mondays.**

**express**

X017a 1x2 75

**express**

A Publication of the *The Washington Post*

[www.readexpress.com](http://www.readexpress.com)

*Classified ads appear in Express  
and The Washington Post.*

## Classifieds

# express marketplace

Reach over 300,000 readers daily plus SAVE 25% by running your ad Monday through Friday



**JOB • RENTALS • HOUSES • WHEELS • STUFF • AND MUCH MORE . . .**

**TO PLACE A CLASSIFIED AD CALL**

**202-334-6200**

**HELP WANTED (JOBS) ADS CALL**

**202-334-4100**

**CREDIT CARDS ACCEPTED**



**JOB**

**ACTIVISM**

**SUMMER JOBS  
TO BEAT THE  
REPUBLICANS  
\$4200-6600/Summer**

Had enough of Bush and the Republicans? Work with Grassroots Campaigns, Inc. on behalf of the National Democratic Party to elect Dems in '06 FT/Summer/Career opps. Dupont Circle. CALL Erin at 202-797-9655.

**ADMIN ASSISTANT**—FT, busy DC office near Metro. Fluent English-clean record a must. Resume amusam@msn.com or call 202-262-6565

**ADMIN ASST** Ffx RE co. seeks F/T multitasker w/mobile/data entry exp. FAX resume/salary: 703-293-9240.

**Advertising** \$\$\$

**ADVERTISING ENTRY LEVEL**

Natl. marketing firm has F/T entry-level openings. We have Mgmt. opportunities avail. Help execute promo campaigns for Sports Teams, Natl. Rest. Chains & Hotels. Learn Sales to Mgmt. PD TRAINING! 38K to 42K 1st yr. college degree req'd. Call Emily @ 703.288.3123 www.crcadvertising.com

**AMERICAN HEART ASSOCIATION** is hiring for the following positions

**EVENT ASSISTANT**

Seeking an Administrative partner to support Heart's Delight Wine Tasting & Auction, a three-day fund raising event in Washington, DC. Ideal candidate will function as part of a team and have strong windows-based computer skills (Word, Excel & Access). Skills in logistical planning preferable; attention to detail and able to work with volunteers a must. Candidate should be organized, motivated, dependable and a self-starter.

**ADMINISTRATIVE ASSISTANT**

Seeking an experienced Administrative Assistant to support fund raising events. Ideal candidate will have strong windows-based computer skills (Word, Excel & Access) and web-based software navigational skills. Must be energetic, have take charge attitude and able to multi task.

Education beyond high school strongly preferred. Offering competitive salary and outstanding benefits. To be considered, please send resume and cover letter with salary history to

Attn: #ANNA  
Maa-resume@heart.org  
Or Fax 804-965-6403

**ANIMAL GROOMER**—Need exp. FT or PT. 301-656-6541

**ASST MGR**—Wanted for Gentleman's Club (PG County). Several locations. Exp. pref'd. Great fun. 240-286-3660

**Attorney-Associate** Sought for small DC real estate litigation firm. DC Bar req'd. Salary DOE. Respond to: PO Box 77681, Washington, DC 20013 OR lbdclaw@yahoo.com

**Attorney**—Law firm with offices in P.G. and Montg. County seeks attorney with a minimum of 3 yrs. experience in family, criminal and general litigation. MD Bar required and DC Bar a plus. Fax resume to (301) 953-1339 or email to npeterson@gbmlawfirm.com

**JOB**

**AUTO BODY TECH**

Looking for long term, quality minded tech for busy well established shop in Springfield. Contact Jim Amery at 703-569-5055.

**AUTO MECHANIC**

Looking for ASE mech. w/MD inspector lic. Great pay & benes. George, 240-832-5211; 301-881-3004.

**AUTO SALES**

## DARCARIS

Due to increased customer demand, we currently have immmed. openings on our sales teams at locations in MD & VA. **Experience is not necessary - we will train in our state of the art training facility!** We are seeking motivated, customer friendly individuals who are eager to begin a rewarding career with one of the regions fastest growing auto groups! We offer:

- Health Insurance & 401K
- Company Car
- Paid Vacation
- \$80K+ 1st yr earning potential
- Rapid advancement

Apply in person, at DARCARIS of Silver Spring 12214 Cherry Hill Road, Silver Spring, MD 20904 (at the corner of Rt. 29 and Cherry Hill Road). Contact: Shannon Ryan at 301-622-0020 or sryan@darcars.com for more info or to schedule an interview.

**AUTO**—Seeking Detailers with 1-2 yrs.+ exp. using Auto Detailing Equipment & materials properly and safely. Must have valid drivers license. Please call: 301-516-8322, 9a-5p.

**Service Manager & Mech.**  
For busy Rockville station. Must have exper. Great pay & benefits! Call 301-529-0990

**AUTOMOTIVE SALES**

High volume dealer seeking Salespeople. Good pay plan. Bilingual pref'd. Min salary guar. 703-593-7000

**BABYSITTER NEEDED**—Mon-Sat 9am-10pm. Live-in. Takoma Park, MD. Call 301-891-8075 or 301-768-8542

**Bakery** **Bakery & Pastries Helper**  
Exp needed. 6am-3pm. Call 703-642-0249. Alex, VA

**BARBERS**—Lic. Barber wanted for est. shop in Wheaton. Call 301-343-3501

**Beautician**

**HAIRSTYLIST**  
Seeking license Hairstylist in Clinton, MD & McLean, VA for a Retirement Home. Build in clientele. Please call if interested 703-794-9419

**Beauty** - Hairstylist wanted. Flex. hours, great location, family atmosphere. Clientele not neces. Please call Nadine or Spring 703-263-9742.

**Beauty** **Manager/Beauticians/  
Nail Tech/Braiders**  
VA license, seeking pos. with clients. Booth rental, in Old Town Alexandria. Call 301-877-0280

**BEAUTY** Stylist & Braider wanted. Busy D/T salon. Comm. & Booth rentals. 202-289-2772.

**BOOKKEEPER**—FT/PT Bookkeeper, 3 yrs exp. as a Bookkeeper in a Transportation Office. Exp. in Quick-book Software. Fax 301-808-6022

**CABLE INSTALLER** F/T w/benes. Valid driv. lic. req. FAX res: 703-444-0130.

**CASHIER/SALES**

PT cashier/sales needed at formal dress boutique in Wheaton, MD. Flexible day/ evening/ weekend hours preferred. Fax resume to 301-49-9228 or email it to phallyb@yahoo.com

**CASHIERS NEEDED!** Apply within: 2307 Bladensburg Rd, NE. Monday - Friday between 9AM-1PM.

**JOB**

**Clerical**

**GENERAL CLERK III**

**Location: Postal Facility, Anacostia, Wash, DC**

Performs a combination of clerical tasks to support office, business, or admin functions, provide support for Postal Facility requirements. Perform functions in budgeting utilizing automated systems generating spreadsheets, and reconciliation of invoices, funding documents, payroll automated systems, and time sheets. Proficient in analysis using Microsoft Office Suite. Send resume via fax at (757) 410-4805, or email career@alutiq.com

No phone calls please. EOE M/F/V/D

**CLINICAL RESEARCH COORDINATOR**

Needed to conduct Asthma & Allergy research studies in busy research & clinical allergy practice. Qualified applicants should have experience in clinical research and/or asthma & allergy, have excellent people skills as well as highly detail oriented, self starting, & able to work flexible hours. Excellent benefits, pay commensurate with experience. FAX resume & references to: Director of Research 301-962-9585.

**COMPUTER FIELD TECHS**—A+ or experience. Start immediately. 703.725.2577, jobs@oncall258.com

**Construction**

**CARPENTERS NEEDED:**

D.C. Area, valid drivers license necessary. Apply in person at Monarc Construction 2781 Hartland Road-Falls Church, VA 22043

**CONSTRUCTION**—Seeking energetic, dependable Construction Superintendents & Construction Assts. for projects in PG Co. & McLean, VA. REGAL HOMES, Fax resume to: 703-978-8822.

**Counselor - Addictions** - PT, Addictions/Mental Health Counselor needed for Howard Co. program. Req. min. 2 yrs post-degree exp. Lic. and/or cert. req'd. Master's pref. Some evening hrs req'd. Fax resume to 410-730-5119. EOE.

**CREW CHIEF/TECH**—for water/fire restoration & carpet cleaning. Exp. prefer but will train. Call 301-470-2505

**Customer Service Representative**

**Part Time (25 hours per week)**

The Washington Post is currently searching for high energy Customer Service Representatives who will work in a fast-paced, detailed oriented, and team spirited environment.

**Responsibilities:**

- Provide service support for sales account managers and advertisers in all areas of sales support.
- Manage ad orders and materials.
- Ensure accurate billing.
- Respond to inquiries from both external and internal inquiries.

**HOURS:**

Wednesday	9:00 a.m. - 5:30 p.m.
Thursday	9:00 a.m. - 7:00 p.m.
Friday	9:00 a.m. - 5:30 p.m.

(Your resume will not be considered if you are unable to work ALL of these hours.)

For more information and to apply online, visit us at www.washingtonjobs.com.

**Qualified candidates should send a resume and cover letter to:**

**The Washington Post**  
Attn: HR/CSR/CP  
1150 15th Street, NW  
Washington, DC 20071  
Fax - (202) 912-3677  
Talentsearch@washpost.com

We are committed to diversity in the workplace and promote a drug-free environment.

**JOB**

**Custodian, PT** - \$15/hr + benefits. Seeking exp. dependable worker to help keep our private school clean & beautiful. M-F, Approx. 4:30-8:30pm + Sat approx. 9am-1pm. Resume and refs to Ms. Ayers, 3819 Gallows Rd. Annandale, VA 22003 or fax 703-256-9621.

**CUSTOMER SERVICE (Inbound)**

Qualifications:  
• Financial exp. a+  
• 1yr Call Center exp.

• Clean background & verifiable references.

Call: 703-292-5648, 703-292-5211,  
Fax: 866-589-7312 or: recruitment@accessww.com

**DANCE/GYM/THEATRE INSTRUCTOR**

For children. Experienced. Herndon/Reston area.

1-800-745-0392

**DANCE** — Rhythymaya School of Dance seeks Indian dance instructors; part-time/paid. 919-641-6606.

**DANCERS**— Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. 240-286-3660 or 301-568-8500

**JOB**

**DRIVER - CDL Flatbed Driver.** Good driving record req'd. **Laborers Wanted.** Req'd to be on time every day for Rockville drywall co. Backgrnd check & drug screen req'd. Early AM start. 55-60 hrs/wk. **Top Pay, OT, Benes., Wkly Pay.** Bob, 301-294-1960.

**DRIVER — DUMPTUCK.** EXP'D. Must have current DOT card. Good driving record & drug test is req'd. Retirees welcome. 301-758-2386.

**DRIVER**

EXPERIENCED roll-off. Class B license. Good pay & benefits. Must know VA, MD & DC area. CALL: 703-569-2422.

**DRIVER F/T**

Night position. Excellent driving record.

**Call 301-468-8872**

**DRIVER**

**TRUCK DRIVERS WANTED**  
Swimming pool Co. located in Fairfax, VA and Silver Spring, MD is hiring for the 2006 Summer season. We have FT and PT seasonal positions available starting now. These positions are daytime Mon-Sat. Must have a Class B CDL w/tanker, HAZMAT, and Airbreak endorsements, to deliver swimming pool chemicals and supplies out of either location. We have several position available. Call Robert 1-800-992-6286

**DRIVERS**

Full-time CDL Class A Driver, 2 yrs exp. to work in No. VA, rate \$17.99-\$18.33 or work in Frederick, MD, rate \$17.48 + benefits. Work Mon-Sat. Call 301-808-8038

**DRIVERS**

Tractor trailer. Local deliveries. 5-day/wk. 301-350-5622

**DRIVING/LIMO - CDL W/P**

PT eves & wknds. VA/DC/MD. \$18-\$20/hr. Springfield 703-550-7200

**ELECTRICIAN**

Journeyman & exp'd Helper for commercial work. Call Jack: 703-631-2217 between 9a-3p only.

**ELECTRICIANS**

Commercial work in NOVA. Top pay, benefits. Call 877-752-1075 ask for Tom.

**Fitness**

**GOLF MANAGER**

NOVA club seeks experienced manager to help w/ all phases of operations & marketing. Team player, self starter, computer literate. Excellent benefits. Send resume to: PMB 145 3686 King St. Alexandria, VA 22302.

**FITNESS**

TNT Fitness looking for strength coach/group personal trainer. \$50-\$70K+/yr. 30-34 hrs/wk. 3-day weekends. BS degree in fitness related field req'd. FAX resume: 703-495-8255.

**Government and Community Relations Associate**

Baltimore Jewish agency seeks Community Relations Associate with excellent communication, organizational & interpersonal skills. Bachelors degree, 1-3 years of experience preferred. Email resumes: info@baltjc.org or fax: (410) 542-4834

**HVAC**

**A/C EQUIPMENT MECHANIC**

The National Gallery of Art has multiple vacancies for A/C Equipment Mechanics, responsible for operating, maintaining, and repairing mechanical systems, air handlers, pumps, compressors, etc. Secure government job, great benefits. Starting wages \$45,000. Call Mr. John Bixler, 202-842-6350 for more information. U.S. citizenship is required. For specific application information and instructions go to <http://jobsearch.usajobs.opm.gov/a9nga.asp>. The vacancy announcement number is 06-01

**The Washington Post**

Attn: HR/CSR/CP  
1150 15th Street, NW  
Washington, DC 20071  
Fax - (202) 912-3677  
Talentsearch@washpost.com

We are committed to diversity in the workplace and promote a drug-free environment.

**The Washington Post**

Attn: HR/DRVRC/CP  
1150 15th Street, NW  
Washington, DC 20071  
Fax: 202-912-3677

DRIVER — DUMPTUCK w/CDL. 703-296-2154

## Classifieds

## JOBS

## Healthcare

**TIRIED OF COMMUTING TO DC & VA?**

Find new and exciting opportunities at our multi-specialty medical offices in southern Maryland.

**JOB FAIR  
June 23, 2006  
3:00PM - 7:00PM**

The following positions in OB/GYN, ENT, family practice, internal medicine and pediatrics are available:

- Medical Office Receptionists
- Medical Assistants
- Practice Managers
- Practice Coordinators
- Patient Schedulers

Bring 2 resume copies and a professional appearance to:  
Southern Maryland Hospital  
Professional Building  
7501 Surratts Rd., Ste 208-B  
Clinton, MD 20735

**Home Healthcare**

Nurses. FT/PT & Wknds. PT/OT & Social Workers. Recept. & Staffing. Coordinator Fax resume: 202-545-1645.

**HOUSEKEEPER**—Cleaning & laundry, 25-30 hrs/week Flex. Own transportation 703-759-7877.

**Housekeeper/Helper**—Floors, organize home, laundry. \$8/hr. PT evens. or wknds.  
Falls Church/Merrifield area. 703-573-3855.

**HVAC - SERVICE TECH**—Exp'd. Benes. Co. Vehicle. Exc. pay. Call 301-251-0470

**HYGIENIST**

Needed 4 days/week, 7am-3pm. Downtown high quality professional dental practice.

Fax resumes, attn: Ms. Parks, to: 202-833-2632; or Call 202-466-8371

**INSURANCE CSR**

Independent Insurance Agency located in Rockville has immediate opening for CSR that is capable of working independently, able to multi-task & knowledge of industry software. Salary negotiable email resumes to careers@mja.com or fax 301-881-1137.

**Janitorial**—Cleaners wanted PT eve. valid drivers license/car. Various location, Andrews & Bolling AFB, Ft. Myers, Arlington, VA & Ft Belvoir area. Call 800-527-0586

**LAB AIDE/DATA ENTRY**

MAPS a Path lab seeking F/T lab aide w/BS in Biology btwn 7am-3pm. FAX resume to: 703-404-1131.

**Legal Assistant/Paralegal-Bilingual**

Silver Spring law firm looking for Bilingual-Spanish/English Legal Asst./Paralegal. Exp. w/PL cases pref'd. Sal. & bene. commensurate w/exp. Fax resume to Cindy: 301-589-7343; or Email to: lizlawn@aol.com

**LEGAL**

**PARALEGAL**  
DC Med Mal law firm seeks paralegal familiar w/ MS Access, Word, Legal pleadings, & Scheduling. Email wilson@wilsonlaw.com

**LEGAL SECRETARY**  
DC Med Mal law firm seeks Legal Secretary familiar w/ MS Access, Word, Legal pleadings, & Scheduling. Email wilson@wilsonlaw.com

**LOAN OFFICERS**

Tysons Corner, PT, FT. No experience needed. Fully comm. Call EJ 571-435-0129.

**Locksmith**

Will train must know No. VA area. Good driving record a must. 703-930-3857

**MAINTENANCE MECHANIC**—To work in a large office building complex in DC. Must have 5 years HVAC experience in commercial office buildings and trade school certificates. Excellent salary and benefits. Fax resume to (202) 554-5155.

**MAINTENANCE**—Rockville/Gaithersburg Apartment Complex. Several positions/independent contractors welcome. HVAC, Major Plumbing, Painting, Cleaning, Yard Work & General Maintenance/Repairs, Assistant Manager or Leasing Agent. 45 unit complex. CALL 301-948-0087.

**Management****GOLF MANAGER**

Nova club seeks experienced manager to help w/ all phases of operations & marketing. Team player, self starter, computer literate. Excellent benefits. Send resume to: PMB 145 3686 King St. Alexandria, VA 22302.

**MED BILLERS** — Temp & Temp-to-perm for Pymt Poster & Pt Acct Rep in NW/Laytonsville, MD. To \$16/hr. 3 yrs exper nec. Fax MSA 703-921-3861.

**MEDICAL ASSISTANT/****MEDICAL RECEPTIONIST**

Bilingual Spanish. For DC office. Please fax your resume: 540-338-1975; email: medicsusa@aol.com

**MEDICAL ASSISTANT/LPN**

Well trained Medical Assistant/LPN with excellent clinical skills needed for busy allergy practice. Articulate, hard working, good patient skills with both adult & pediatrics. Spanish fluency a plus. Flexible hours, excellent benefits. Pay commensurate with experience. Please FAX resumes & references to: Practice Administrator 301-962-9585.

**MEDICAL RECEPTIONIST**

Bilingual Spanish/English wanted for Wash. DC Providence Hospital cardiology office. Front and Back Office responsibilities. Must be certified Medical Assistant. Salary negot. FAX resume to: 301-585-4564 or EMAIL: cardmgr54@aol.com

**MEDICAL JOBS** — We have many temp & temp-to-perm jobs avail in MD/VA/DC for exper Med Asst's, Recepts & Billers. Fax MSA 703-921-3861.

**MENTAL HEALTH****INTAKE SPECIALIST**

F/T for OMHC, LGSW/LGPC req'd. Must have excellent telephone skills, knowledge of ASL preferred. Fax resume with cover letter to S. Dawson 301-918-9758. EOE.

**Mental Health REHABILITATION DIRECTOR**

MA Deg. in Human Service field, 3 yrs exp. in Psych Rehab. w/one year superv. exp. Strong writing skills, knowledge of residential and day rehab programs. ASL skills preferred. Fax resume J. Grinnell 301-918-9758. EOE.

**MORTGAGE LOAN OFFICERS**— FT/PT, no exper. nec. w/ll train. Pot. 6 figure income (comm.) Call 1-703-348-4088

**NANNY**— Exper. & refs. Mon-Fri, 8:30-6:30. Alexandria, Tagalog. \$750/wk. 301-251-0322.

**NEWSPAPER COURIERS**—wanted in Mitchellville & Lake Arbor, MD area. Call 301-350-3741

**NURSE - RN**

Dialysis RN & PCT needed for nocturnal dialysis clinic, evening shift. Located in Lorton, VA. CALL Sandra Hardy, 703-360-4552 or 301-449-4166.

**NETWORK ENGINEER****Radiology Imaging Associates**

Radiology Imaging Associates is seeking a full-time Network Engineer to analyze, design, and build a high performance, secure and reliable network. Requirements include: CCNA, CCNP, CISCO Routers, PIX, VPN, SSH, IPSEC and more. Knowledge of MS Exchange, Veritas, CA Unicenter, Medical Systems a plus. Job location will be HQ in Clinton, Maryland with travel and telecommuting. Salary commensurate with experience. Our comprehensive benefit package includes Health and Dental Insurance, 401K, Retirement Pension Plan, Basic Life Insurance and Short and Long Term Disability Insurance.

Send resume with salary requirements to:

Radiology Imaging Associates

Attn: Human Resources

7801 Old Branch Ave, #300

Clinton, MD 20735

Fax: (301) 856-0021

Email: mckelly@riassociates.com

**Drive you.**

"Cars" can put you in the right wheels. **Wednesdays.** express

**OPTICIAN**

For busy optometric practice in Burtonsville. Exp. in contact lenses, sales & dispensing. Fax resume to: 301-421-4467.

**PAINTER**—In Laurel, MD. Exper. req'd. Must have reliable car. Salaried. 301-741-0111

**PROPERTY MANAGEMENT**

Experienced Leasing Specialist needed for fast-paced garden-style community. 5 yrs. & tax credit exper. a must. Excellent pay with benefits. Send resumes to: rmendoza@silverwood-management.com. FAX: 703-718-0998.

**Real Estate**

Jump Start Your Real Estate Career! We're looking for winners! FREE Leads! No Cold Calling. Free marketing & training. Health benefits available. ZipRealty is hiring Real Estate Sales Agents. For more info, contact Margot Gray at mgray@ziprealty.com or 703-373-4326.

**RECEPTIONIST**

Army Navy Country Club has an immediate opening for a PT Receptionist/Front Desk position available. Apply in person Tu-Fr. 10-3. At Army Navy Club 1700 Army Navy Dr. Arlington, VA. No phone calls.

**RECEPTIONIST/Front Desk**— person for upscale fitness center in Tysons Corner, M-F 2-9PM, \$10-11/hour + benefits. Fax resume to (703)848-0889.

**RECEPTIONIST/Office Asst**

For construction co. Must have excel. phone skills, answer & direct incoming calls, faxing, filing, light typing. M-F, 8a-1p or 2p. \$9.50/hr. Send resume to: ShayConstruction@verizon.net or fax 301-333-4884.

**RECEPTIONIST-P/T**

Needed for small Vet clinic. Some evens. & Sats. a must. Call 703-941-5300, ask for Dee. Must have own transportation.

**RESTAURANT****EXPERIENCED SERVERS \$6-\$7 PER HOUR PLUS TIPS**

THE SPIRIT OF WASHINGTON IS IN THE PROCESS OF HIRING

MANAGERS, SERVERS, BUSSERS, BARTENDERS, COOKS & KITCHEN HELP, DECKCREW

APPLY IN PERSON MON-FRI 10AM-5PM

PIER 4

6TH AND WATER STS. SW

WASHINGTON, DC 20024

WATERFRONT STOP ON THE METRO GREENLINE

202-264-3602

**RESTAURANT**

Army Navy Country Club has an immediate opening for Server/Banquet. apply in person Tu-Fr. 10-3. At Army Navy Country Club 1700 Army Navy Dr. Arlington, VA. No phone calls.

**RESTAURANT GRILL COOK**

No exp. necessary will train. Marlow Heights, MD CALL 301-894-1188.

**RESTAURANT**

Upscale restaurant in Tysons Corner area is in need of FT Waiter/Waitress w/min. 2 yrs. exper. Fax resume to: 703-759-0457.

**RETAIL/CAFE****GENERAL MANAGER**

Pangea, an artisan market & cafe in NW, DC ([www.pangeamarket.com](http://www.pangeamarket.com)) seeks GM w/retail & cafe exper. Also need Baristas, Retail Salespeople. Fax/email resume to: 703-313-4787; hr@pangeamarket.com

**Retail**: Sales Assoc P/T for Georgetown University Hospital gift shop. Mostly eve/wknd shifts but must be flexible. Retail exp req'd. Apply at the gift shop 3800 Reservoir Road NW.

**Sales**

Up to \$80K. Must speak **Chinese or Korean**. We invite you to join our international team at Park Lawn Cemetery. 301-910-1118.

**SALES****Account Manager Automotive Advertising at**

**The Washington Post**

**Sell print advertising to automotive industry clients!**

- Cultivate and grow existing business
- Cold call and close new business
- Outside Sales

- Sales presentations
- Account management
- Consultative selling

- Base plus incentive

Great benefits package with health insurance that begins immediately and a 401(k) matching! For more information: [www.washingtonjobs.com](http://www.washingtonjobs.com). Send resume to:

The Washington Post  
Human Resources  
Attn: HR/AutoEX/JT  
1150 15th Street, NW  
Washington, DC 20071

TalentSearch@washpost.com  
We are committed to diversity & promote a drug-free environment.

# MANY PATHS. MANY POSSIBILITIES. ONE MAXIMUS<sup>®</sup>

**HELPING GOVERNMENT SERVE THE PEOPLE****IMMEDIATE OPENINGS!**

National Headquarters: Ticket to Work Program, Alexandria, Virginia

MAXIMUS, a Health and Human Services Consulting Firm is looking for experienced people to fill the following positions:

**EDUCATION AND COMMUNICATION SPECIALIST** - 3 Openings: Bachelor's degree from an accredited college or university in instructional systems design, communications, journalism, English, public affairs and/or marketing. Three years professional experience developing and implementing a variety of training/educational methods, communication strategies, materials, techniques, and tools; experience and knowledge of e-learning technology and strategies. Experience in developing and delivering effective presentations for the public. Proficiency in MS Office and desktop publishing applications/graphics and reports design. Some travel may be required.

**QUALITY ASSURANCE ANALYST** - Bachelor's degree from an accredited college or university in business administration; Master's Degree preferred; minimum five years professional experience Quality Assurance, ideally related to complex business process in a service environment; broad knowledge of statistical theory and statistical process control preferred; five years experience of proven analytical/technical aptitude in quantitative role; excellent computer skills, including desktop publishing applications/graphics and reports design; proficient in MS Office. ISO 9001 certification experience highly desired.

**STAFF DEVELOPMENT SPECIALIST** - Bachelor's degree from an accredited college or university in training, human resource development, or equivalent years of experience; five years of experience in the design and delivery of performance based training programs and implementing a variety of training/educational methods, assessment strategies, communication strategies, materials, techniques, and tools; experience in developing and delivering effective presentations for the public; strong analytical skills and ability to utilize data to improve services and refine products to meet customer needs; excellent computer skills; computer literacy with proficiency with applications related to web-based and e-training delivery methodologies.

**CALL CENTER REPRESENTATIVES** - Multiple Positions: High school diploma or equivalent; Associate's degree desirable; experience working in a high volume call center and/or customer service environment; excellent customer skills and phone manner; keyboard skills and organizational, interpersonal, problem-solving attributes needed; good written and oral communication skills required, including grammar and voice quality; ability to perform comfortably in a fast-paced, deadline and detail-oriented work environment; ability to successfully learn and apply complex government Program policies; Must be available to work part time (minimum 20 hrs per week) or full time between the hours of 8:00 a.m. and 10:00 p.m. Experience working with disabled and disadvantaged populations, bilingual skills/capacity, especially Spanish.

**APPLY TODAY**

**FAX or mail cover letter and resume to:**

**MAXIMUS**

**2000 Duke Street, 2nd Floor**

**Alexandria, Virginia 22314**

**Attn: J. Ritchie**

**FAX: 703.683.1051**

Check out our web sites!!!

[www.maximus.com](http://www.maximus.com)

[www.yourtickettowork.com](http://www.yourtickettowork.com)

MAXIMUS is an Equal Opportunity and Affirmative Action Employer, M/F/D/V.

**RESEARCH ASSOCIATES**

Do your research and you'll find the career opportunities for CoStar Group Research Associates are unlimited. We provide the training and tools essential for success. As the leading provider of information services to the Commercial Real Estate industry, our products offer customers access via the Internet to the most comprehensive database of commercial real estate information on over 60 markets in the US and UK. Last year alone, more than 70% of leasing and sales transactions took place with the help of CoStar Group.

**Requires:**

- Strong desire to advance • Bachelor's degree or relevant work experience
- Proficiency with MS Office & Windows based applications • Excellent telephone, research & communication skills • Ability to build long-distance client relationships with ease.
- Competitive base salary with incentive opportunities • Comprehensive medical/dental plan • 401(k) plan with company match • Paid training & development • Free parking • Diverse growth opportunities and more!

Find out more today by exploring our CAREER CENTER:

[www.costar.com/careers](http://www.costar.com/careers) and apply online.

Equal Opportunity Employer m/f/d/v. Drug-free workplace.

**COSTAR**  
GROUP  
Real Estate Information

## Classifieds

### JOBs

#### SALES

**Granite & Marble Showroom Sales**  
Exper. with granite sales a plus, but willing train.  
Salary + Commis. Fax: 301-299-4335; or CALL:  
301-299-4233. [sloback@sudburygranite.com](mailto:sloback@sudburygranite.com)  
[www.sudburygranite.com](http://www.sudburygranite.com)

#### SALES

### POHANKA

#### Change Your Life Not Just Your Job!

Join us now, get trained & make \$4K-\$6K per month.

#### We Offer:

- Paid training
- \$400 per week salary
- Up to 40% Commission for experienced Salespeople
- Full benefits package

If you're looking for the ability to put your ideas to work, we're the company for you!

#### Candidates must:

- Have a Valid Drivers License
- Be at least 21 years or older
- Be able to work long hours
- Must have a neat appearance
- Have very good communication skills

Call us today for an interview  
Pohanka Automotive Group-Temple Hills, Maryland.  
301-423-1100

#### Sales

#### ADMISSIONS COORDINATOR

Career College looking for outgoing, team player, sales exp. important! Send resume to [anjeann@heritage-education.com](mailto:anjeann@heritage-education.com)

#### SALES

#### A RARE OPPORTUNITY

Prosperous NoVA/MD Company in the home improvement industry is expanding. Prior industry experience not necessary but welcome. Professional training program provided. Someone who needs at least \$65,000 per year with the potential of six figures. Commission, Incentive and bonus. Car Required. No overnight travel. Call Brian Quick between 9am and 3pm @ 301-560-6920

#### SALES

#### Inside Sales/ Business Development at The Washington Post

Sell employment ads to employers across all industries! Open territory. Competitive sales incentive! Seeking: Sales hunter to research, prospect, generate and qualify leads, cold call and close new business over the phone. Target inactive and new potential advertisers. Comprehensive benefits package with health insurance that begins immediately and a 401(k) matching program. Fabulous career development opportunities and team environment. Grow your career at The Post!

For more information: [www.washingtonjobs.com](http://www.washingtonjobs.com). Send resume to:

The Washington Post  
Human Resources  
Attn: HR/MMEX/JT  
1150 15th Street, NW  
Washington, DC 20071  
[talentsearch@washpost.com](mailto:talentsearch@washpost.com)  
We are committed to diversity & promote a drug-free environment.

#### SALES

#### Advertising Rep Part-time

The Washington Post

15 or 16 hrs/wk - phone sales. Join our advertising sales team! Assess client needs. Make recommendations for ad creation and placement based on budget and target market. Inbound call center environment. Customer service and sales experience required. For more information: [www.washingtonjobs.com](http://www.washingtonjobs.com). Send resume to:

The Washington Post  
Human Resources  
Attn: HR/1516  
EXP/IT  
1150 15th Street, NW  
Washington, DC 20071  
[talentsearch@washpost.com](mailto:talentsearch@washpost.com)  
We are committed to diversity & promote a drug-free environment.

play su do ku

## Are you making \$3500 a week? Our Reps Are!

American Mortgage & Investment Corp. is a growing company that has been servicing the mortgage needs of the greater Washington Metro area for over 9 years.

Qualified Candidates should be Sales Pros & Top Producers but no Mortgage Experience needed!

#### We Provide...

- ◆ 5-10 Appointments per week
- ◆ Top Producing Processing Department
- ◆ Ongoing support and training
- ◆ Paid Health, Life and Dental
- ◆ Commissions paid weekly.

Call: 301-883-8881 x107 • Fax: 301-883-2157 • Email: [ccareers@gotoami.com](mailto:ccareers@gotoami.com)

**AmericanMortgage**  
and Investment, Corp.

A Wealth Of Opportunities

Take back the White House and bring back good government. Work for SHARE and help Democratic candidates raise funds. SHARE manages telefundraising campaigns for many socially progressive organizations.



- Get great benefits! • \$10-15/hr. on average!
- Flexible full or part-time schedule!

To be a part of the solution,  
contact: Keith Lofton  
Tel: (202) 223-3444 X.110 or  
Email: [klofton@sharegroup.com](mailto:klofton@sharegroup.com)  
[www.sharegroup.com](http://www.sharegroup.com)

The Business of Social Change  
**SHARE**  
Somerville, MA • Washington, DC  
EOE

#### SALES

#### \$60K-85K POTENTIAL Residual income, benefits. Call 301-396-3597

#### SALES REP - INSIDE

Tropical Foods, Upper Marlboro, MD, seeks an energetic telephone sales rep to sell & secure business. 1+ yrs. phone sales & food industry exper. pref'd. Good computer, communication & math skills req'd. Apply: [resumes@tropicalfoods.com](mailto:resumes@tropicalfoods.com)  
Or fax: 704-588-3092  
EOE

#### SALES

Seeking energetic, dependable F/T Sales Manager & Sales Asst. in MD. REGAL HOMES, Fax resume to: **703-978-8822**

#### SECRETARY

Silver Spring. Bilingual Spanish/English. Minimum 1-year secretarial or receptionist experience. Great pay & bens. Highly-rated law firm. Must be smart & accurate w/good common sense.  
**FAX: 301-495-8815**  
[www.marksatz.com](http://www.marksatz.com)

#### SECURITY

**Blackhawk Security**  
Seeking ARMED DC SPO's. MUST ALREADY HAVE VALID SPO LICENSE. Salary \$17.00 hr. plus Benefits. ALSO— Seeking Security Guards with MARYLAND HANDGUN PERMITS. Please call 1-800-592-0085 Mon-Fri., 8am-5pm.

#### Security Guard

Immediate opening for a FT Security Guard. Min 3yrs exp. Apply in person Tu-Fr. 10-3, at Army Navy Country Club 1700 Army Navy Dr. Arlington, VA. No phone calls.

**Security Guards** — PT on-call Sec Grds needed for special events. Must be 21. Weekly pay. Fax res to: 301-265-9866, on-line apply, [www.ppsvc.com](http://www.ppsvc.com), or apply in person 1050 17th St NW suite 600 Wash, DC. 20036 Between 9AM-4PM.

#### SECURITY

International Security Company is seeking a motivated individual to manage all aspects of physical security coverage for existing prestigious clients in the 495-270 area. Bachelor's degree, clean record, drug test, vehicle, and background checks will be required. Salary in the mid \$40K. Fax resume to 410-465-5470.

#### SECURITY OFFICERS

\$1000 Sign on Bonus + FREE BENEFITS for VA, DCJS Armed Cert. Reserve your spot today w/ Amber at Security Associates, 703-257-0292.

**SHOP WORK** — Light Shop Work Helper F/T. Springfield Mall area. Will train. Call for appt: 703-440-8720 Meteor Productions, Inc. EOE

**Stock Person/Liquor** — FT 202-889-1500/889-1623

**TAILOR** — Must be experienced. CALL 202-547-0000.

#### TEACHER

Play and Learn in Dulles Corner in Herndon, Va seeking Teachers. Must have degree. Competitive salary. Professional development opportunity. Great benefits. Please call 703-713-3983 or FAX: 703-793-1032 or EMAIL resume to: [sangleys@va-childcare.com](mailto:sangleys@va-childcare.com)

#### Telemarketer/Confirmers

\$10-\$15/HOUR UP TO \$30/HR IN BONUSES. Health, Life & Dental Paid by Employer FT/PT. CALL MR. JAMES: 301-883-8881, ext 120, or fax resume: 301-883-2157

#### TELEMARKETING

Earn up to \$25p/hr selling advertisements. Laurel, MD. Great working environment. 301-362-1999

#### TELEMARKETING

\$10-\$18 per hr. Daily cash bonus.  
Call Martin, 301-209-7555.

#### TRAVEL AGENTS WANTED

Start your own home based business. Earn \$1,800+ per week. PT/FT. Training incl. Call 301-292-5869 for an interview.

#### Travel agents needed.

Work from home. No exp nec. Call 301-352-7330.

**Warehouse** — FT pos for hardworking motivated indiv to run shipping, receiving dept. Well estab wholesale electronic distributor. Full bens pkg. Competitive salary. Fax resume to Mark Electronic Supply Inc 301-937-0491 or mail 11215 Old Baltimore Pike, Beltsville, MD 20705.

#### CAREER TRAINING AND EMPLOYMENT SERVICES

## OFFICE TRAINING

### Computer Skills for:

- Receptionist/Office Support
- Sales Associate
- Customer Service Representative
- Business Presentation Specialist

**Sanz**  
since 1939

✓ Financial Aid If You Qualify

✓ Job Placement Assistance

**1(888) 407-8222**

## AOS DEGREE in HEALTH SERVICES ADMINISTRATION

**in just 16 months!**

includes

## BILLING & CODING

**in just 7 months!**

- ✓ Financial Aid If You Qualify
- ✓ Job Placement Assistance



**1(888)407-8222**

## A Bar Career

In 1-2 Weeks

- Days, Evenings & Weekend Classes
- Free Lifetime Personalized Job Placement
- Approved by the State of MD
- National Alcohol Awareness Certificate (T.I.P.S.)
- Call for nearest location 1-866-411-2MIX
- [www.authenticbartending.com](http://www.authenticbartending.com)

## Career training in Criminal Justice!

Westwood College can help you prepare for a future in one of today's most exciting career fields. Get the training you need for a new start.

**1-866-811-6459**

[www.westwood.edu](http://www.westwood.edu)

#### LEARN TO BARTEND

40 hours. Flexible class schedule. Call 703-549-5850 or [www.capitalbartending.com](http://www.capitalbartending.com)

#### Prepare for a new life!

Make a difference, even with the little ones as an Ultrasound Technician. Train in less time than you think!

#### Career services available

Financial Aid for those who qualify. Training includes an externship!

For a Brochure, call now! 888-771-2433

**Sanford-Brown Institute**

8401 Corporate Dr. Ste 500  
Landover, MD 20755

#### Quality First Training Center

is your way to a new career. Classes start soon. Call 301-270-5105.

#### PHLEBOTOMY-10 WEEK PROGRAM

CNA 4 WEEK PROGRAM. CNA to GNA PROGRAM-72 hrs. CPR-6 hrs. 6475 New Hampshire Ave, Ste 501, Hyattsville, MD 20783. Job placement assistance. Day/Eves. Classes Approved by State of Md. Board of Nursing & Md. Higher Education. Comm. [www.qfti.com](http://www.qfti.com)

**Get fit Tuesdays in Express**

XX142C 1x5

[www.westwood.edu](http://www.westwood.edu)

have you tried it in ink?

play su do ku

WeekendPass pulses. Thursday.

## GET THE SKILLS EMPLOYERS WANT IN AS LITTLE AS 6 MONTHS!

#### Medical Office Assistant

- Medical Coder
- Medical Biller
- Medical Receptionist
- Medical Claims Adjuster
- Medical Insurance Processor

#### Office Administration

- Administrative Assistant
- Receptionist
- Customer Service
- Accounting Assistant
- Accounts Payable & Receivable

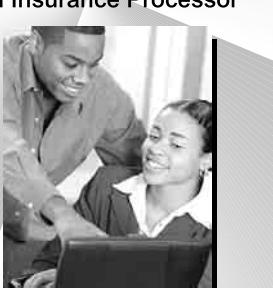
\* Financial Aid Available If Qualified \* Placement Assistance Available

**Career Blazers**  
LEARNING CENTER

888-639-8766

2131 K St. NW

Btw. 21st & 22nd St.



XX142C 1x5

## Classifieds

## CAREER TRAINING AND EMPLOYMENT SERVICES

## TRAIN FOR A CAREER IN MASSAGE THERAPY AT EVEREST COLLEGE

You will receive a solid base of knowledge through instruction and hands-on training that can get you started in this exciting field.

Tysons Corner Campus  
1430 Spring Hill Road, Suite 200  
McLean, VA 22102

**CALL: 888-425-7099**  
Adkey NPEX626F

## TRAIN FOR A CAREER IN HOMELAND SECURITY AT EVEREST COLLEGE

Graduate in less time than you think!

Tysons Corner Campus  
1430 Spring Hill Road, Suite 200  
McLean, VA 22102

Arlington Campus  
801 N Quincy, Suite 500  
Arlington, VA 22203

**CALL: 866-300-9344**  
Adkey NPEX625E

## TRAIN TO BECOME A MEDICAL ASSISTANT IN LESS TIME THAN YOU THINK

Three locations to choose from!

Everest College Arlington Campus  
801 N Quincy, Suite 500  
Arlington, VA 22203

Everest College Tysons Campus  
1430 Spring Hill Road, Suite 200  
McLean, VA 22102

Everest Institute Silver Spring Campus  
8757 Georgia Avenue  
Silver Spring, MD 20910

**CALL: 866-255-6621**  
Adkey NPEX627G

## POSITIONS WANTED

## CHILDCARE

Affordable Childcare — Alex, VA. Lic'd/1st & CPR. Ref's, FT/PT. 24 hrs. M-Sun, USDA Food Prog. Latisha Jalloho. 703-752-9385

## CAREER TRAINING AND EMPLOYMENT SERVICES



**Opening Doors, Changing Lives**  
**Begin Your Success Today**  
**Call: 866.970.8484**

**Medical - Dental - Pharmacy - Allied Health Technology**  
**Degree & Diploma Programs - Day & Evening Classes**



**Arlington, Alexandria, Manassas**  
**Financial Aid For Those Who Qualify**  
**Job Placement Assistance**  
**Programs vary by campus**

**Visit Our Website:** [www.actcollege.edu](http://www.actcollege.edu)

## BUSINESS AND FINANCIAL OPPORTUNITIES

## ARE YOU HAVING TROUBLE GETTING APPROVED?

Residential, commercial, construction and rehab loans. Bankruptcy, low credit scores, and foreclosure issues. No downpayment. No doc, no income verification loans. Call today and get approved.

301-362-4001

**BARBER SHOP FOR SALE**—Establ. shop 15 yrs. Retiring. Landover. Serious buyers only. 240-287-6133

**BARBER SHOP**—for rent, 6 chairs, fully equip., 2408 MLK Ave. SE. Call Andrew 202-391-4455

**CAR STEREO CUSTOM SHOP**—for sale, establ. 10 yrs, great customer base, \$800K+ in revenue/yr. in heart of Rockville, MD. 240-328-5321

**DIRECT MAIL**—owner selling existing Nat'l Franchise, Montgomery Co. w/Very Profitable - For Sale. Exclusive Clients. \$100K req'd. **888-543-0441**

**FITNESS CENTER**—For sale, 6000sqft, full svc. No Va, great oppy/loc/price. \$71,500. 703-254-6008

## TIMING IS EVERYTHING!

90% of women want this. \$45 to start.

1-800-303-1447

**VENDING CO**—For sale, 35 accounts, 80 machines, \$240K/annum, No Va. 703-732-2565

**VENDING RTE**—Must sell. Hi volume sales in DC/MD/VA. 202-439-6100

## VENDING

Two locations in downtown Silver Spring, MD. Call 301-741-7622

## STUFF

8PC-Cherry sleighbed set, new in boxes, \$575-val \$1100. 301-343-8630

Air Condition—Central. Furnace, heat pump, never used. Will install. 301-262-8783

**ANNADALE**—Couch and TV center \$600, 703-389-4988

**\*\*\*BAD/NEGATIVE CREDIT Remove from Credit Report Call 202-775-6932**

**BD \$150 Qn Double pillowtop matt set new in plastic Can del 301-399-7870**

**BD \$245 Double pllltop king matt set New in plastic Can del 301-343-8630**

**BEDS**

Used in Great Condition  
**QUEEN SETS \$129**

**MD 301.324.8684 301.468.6443**

**BALTIMORE 410.719.6922**

**VA 703.818.2678 703.354.2600**

## CORT FURNITURE

**CARPET**—Starting at \$1.59/s.f. Hardwood floors, \$6.99/s.f. Price includes installation. 301-341-2499

## GRANITE COUNTERTOPS SALE

\$25/per sq ft. This Saturday, 301-627-7630

**KEY DUPLICATION MACHINE**—Key blank display rack. Hardly used, ilco perfomance series 40. \$1000 OBO must pick up/Easton, MD Call 410-763-9071

**REST EQUIP**—Walk in coolers, freezers, deli cases, ice machine & much more. Store closing. 703-898-4185

**SILVER SPRING**—Falkland Chase Apartments

HUGE COMMUNITY YARD SALE! 6/24 - 10am-4pm

**Sofa+lvt+chair, microfiber Brnd new never used take \$595. 3/343-8630.**

## CAREER TRAINING AND EMPLOYMENT SERVICES



**Opening Doors, Changing Lives**  
**Begin Your Success Today**  
**Call: 866.970.8484**

**Medical - Dental - Pharmacy - Allied Health Technology**  
**Degree & Diploma Programs - Day & Evening Classes**



**Arlington, Alexandria, Manassas**  
**Financial Aid For Those Who Qualify**  
**Job Placement Assistance**  
**Programs vary by campus**

**Visit Our Website:** [www.actcollege.edu](http://www.actcollege.edu)

**TIGER WOOD COLLECTION**  
25 Cards including Bonus Card  
3.5 x 5. 301-782-4537;  
Go to: [www.reesegiftshop.com](http://www.reesegiftshop.com)

## TICKETS

**NATIONALS\*WIZARDS\*ORIOLES BUFFETT\*MCGRAW\*PEARL JAM**  
301-985-6250  
[www.greatseats.com](http://www.greatseats.com)

## PETS

**ADOPT A CAT/KITTEN** VET CHECKED  
Call Feline Foundation  
703-920-8665

## CAT/KITTEN ADOPTION FAIR

Sunday, June 25, 1-3 p.m.  
VCA BARCROFT CAT HOSPITAL  
6357 Columbia Pike, Falls Church, VA  
Information 703-920-8665 X3  
[www.fffw.org](http://www.fffw.org)

**Feline Foundation**

**BICHON PUPPS**—Fluffy 8wks, small, s/w, with warranty. Vet ckcd, very friendly, \$400 202-297-0914

**CANE CORSO**—Female 11 mos, ICCF registered Italian bloodlines, \$2000/nego 240-417-2687

**CHIHUAHUA MIX PUPS**—Ex tiny. Low to no shed. Father is T-cup. S&W. Super sweet. \$375+. 540-974-0552

**CHIHUAHUA PUPS**—Toys & tiny toys. 1 lb. Female, 11 weeks, \$1600. toy male, \$500. AKC, shots/wormed, Harpers Ferry area. 304-876-1414

**COLLIE PUPPS**—ADORABLE, AKC. Great breeding. Show quality. \$500/negotiable. Call 301-842-3829

**DOBERMAN**—Regis. 2yr old. Brown M. Docked/cropped & neutered, very handsome well cared for, expr'd owner pref. \$500. 804-337-6590

**ENGLISH BULLDOG PUPS**—For the Dads who has everything. AKC, health guar. \$2000 804-224-1733 bquirk0827@aol.com

**ENGLISH MASTIFF PUPS**—Champion sired. Taking deposits. Brindles & Fawn, Ms & Fs. \$1500-\$2000. Call 540-840-0328

**Golden Retriever**—Euro Creme Champ. Lines, southbranchgoldens.com \$1500 715-754-5645

**GOLDEN RETRV PUPS**—AKC, OFA, beauty, blondes, hth guar, vet ck, ready now, \$1000. 540-788-4772

**LAB PUPS**—yellow, AKC ch. sired, MF, 2 shots, wormed, microchipped, 30 mo. hip & eye warranty, health certificate 443-610-7740, 410-239-7190

**POMERANIAN**—AKC, pups, happy, home raised, shots, 'A-1'. We Can Deliver \$675. 301-992-4797

**POMERANIAN**—AKC, pups, happy, home raised, shots, 'A-1'. We Can Deliver \$675. 301-992-4797

**Shiba Inu**—ACA, 1yr Female Red, Not Fixed, Current Shots, Great family pet or breeder and great with cats. \$400.00

**Earls - 301-770-2772**

**YOU DON'T HAVE TO DRIVE TO BALTIMORE ANYMORE!** sz06 SCALES Tropical Fish Warehouse 744 Cloverly Street, Silver Spring, MD 20905 301-384-7839 scales-tfw.com **HUGE SELECTION OF AFRICAN CICHLIDS, PIRANHA, MORE**

## EQUAL HOUSING OPPORTUNITY

All advertisements for the sale or rental of dwelling units published in Express are subject to the federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preference, limitation, or discrimination." State law forbids discrimination based on factors in addition to those protected under federal law.

**Express will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.**



## RENTALS

1BR/2BR Specials, 1/2 off of security deposit! w/w crpt, balcony, laundry, d/w, hdwd flrs, close to Metro. From \$850 - \$965 + electric.  
6747 RIVERDALE RD  
DELWIN REALTY 301-577-7917

**WeekendPass. Noteworthy.** Thursday.

**1BR/2BR Specials, 1/2 off of security deposit! w/w crpt, balcony, laundry, d/w, hdwd flrs, close to Metro. From \$850 - \$965 + electric.**  
6747 RIVERDALE RD  
DELWIN REALTY 301-577-7917

**ALEX**—1BR totally renovated. Many amenities in sec bldg. Nr Metro. \$1395/mo incl utilts.  
Sawyer & Assoc. RE  
301-449-9700 Ext. 27.

**Alex/Kingstowne**—Multi-lvl unit w/2 BR, 2 BA. Gar, \$1490. 804-398-8525  
[www.sitedezignz.com/condo](http://www.sitedezignz.com/condo).

**ALEX/KINGSTOWN**—SFH, 2mi fr 95/495. Loc on quiet cul-de-sac. 2story Fm Rm, Study, hdwd flrs, granite cntrpls, landsc, fncrd yrd w/Lg slate patio. No pets, avl late Jul/early Aug. \$3200/mo no 703-313-0181

**ALEX/Sequoia Commtiy**—2 level condo, 2 bedrooms, 1 1/2 baths, W/D, D/W, garden-style patio, parking garage. Bus service. \$1200/mo. \$300 deposit. Call Donna 703-303-8220.

**Anacostia**—5 Bd hse nr metro, Section 8 ok. SFH w/backyard 5 BR, 1.5BA, W/D. 4 blocks from metro. call 202.491.9456 or 301.455.4850

**ANNADALE**

**The Parlments**  
Right off the Beltway!  
• Rents from \$930 incl utilts  
• Park-like setting  
• Wall-to-wall carpet  
• Enourmous Balconies  
• Huge living rooms  
• Minutes to metro  
**877-316-6297**

**ANNADALE**—3BR, 2BA, lg FR, lg backyard, Ige LR/DR/kit. Jacuzzi. Sect 8 wel. \$2,200. 703-303-6334.

**ARL**

**FILLMORE GARDEN APARTMENTS**  
**'BEST DEAL IN ARLINGTON'**  
1BRs \$950  
Free Utilities  
**877-380-0761 FOR APPT**  
[www.fillmoregardenapts.com](http://www.fillmoregardenapts.com)

**ARL N/Ballston**—1BR W/ sunrm, 740sqft. \$1550. Fully renv. Commty pool, fit ctr, W/D in unit. Avail immed. Call Cindi, 571-220-5477.

**ARL SO**—2BR, 1BA. CAC, w/d, dw, pool, tennis, patio, prkg. Pets OK \$1175+elec Avail 7/1 202-365-4490

**ARLINGTON AWAIT!**  
Eff fr \$855 1BR fr \$955 2BR fr \$1205  
All Utilities Included!  
Mins from 395, near Pentagon City & Baileys Xroads, Swimming Pool , Pet Friendly (up to 25lbs), and Military Discounts!  
**CHESTERFIELD HOUSE**  
1-877-437-2393

ALEX— Newly renov 1 BR condo. Pool. Walk to Metro. \$1300 incl utls. 703-389-9976

**www.carydale.com**

**ALEXANDRIA**

**AFFORDABLE LUXURY!**

1BRS fr \$895 2BRS from \$1415

WASHINGTON SQUARE

**1-877-437-2395**

ALEX— Newly renov 1 BR condo. Pool. Walk to Metro. \$1300 incl utls. 703-389-9976

**www.carydale.com**

**ARLINGTON AWAIT!**

Eff fr \$855 1BR fr \$955 2BR fr \$1205

All Utilities Included!

Mins from 395, near Pentagon City & Baileys Xroads, Swimming Pool , Pet Friendly (up to 25lbs), and Military Discounts!

**CHESTERFIELD HOUSE**  
1-877-437-2393

**Forest Hills**

1-866-394-2064

**Laurel Pines**

1-888-637-7730

**Laurel**

**1,2,3 BRs from \$875**

**\$200 Off 1st Month Rent**

Huge closets

Floor-to-ceiling windows

Offers 6,9,12 month leases

Corporate leases available

**Pets Welcome to 20 lbs**

5% Student & Military Discount

\*Housing Choice Voucher Accepted\*

**1439 Southern Avenue**

**Oxon Hill, MD**

**Forest Hills**

# Classifieds

## RENTALS

**Arlington**—2Br garden apt on Columbia Pike near George Mason Dr. CAC, d/w new kit. \$1250 + electric. 703-524-7773

**Arlington/Rosslyn** Several Locations  
SPECIAL: MOVE IN BY 7/1/06 & GET \$275 Move-in Allowance!  
On-Site Parking, Walk Metro  
Upgraded Apts, 1&2BRs  
703-671-4045 or 703-861-7605  
[www.carydale.com](http://www.carydale.com)

**ASHBURN/Baltusrol Ter** \$2300  
Belmont Country Club TH, 4 BR, 2½ BA w/deck overlooking golf course. Excellent amenities. Call Mila, 703-304-0880

**Ashburn/Kings Arms** \$1800 or \$475K  
End unit 4 M TH, 3 BR, 2½ BA, spacious loft overlooking mstr suite. Fin walk-out bsmt to fully fncd backyard. Lge deck. Call Mila, 703-304-0880

**BELTSTWY**—3BR endunit TH, 2.5BA, fully fin w/o bsmt, jacuzzi, frpl & recessed lighting. \$1900 + utils. 301-931-1787

**BETHESDA/CHEVY CHASE**—1BRs fr. \$979. Newly remod. from \$1295. Avl. July & Aug. Incls. utils & prkg. Near Metro & shops. No pets. 301-656-7626

**BETHESDA** DOWNTOWN BETHESDA  
BETHESDA PLACE APARTMENTS

- 1 & 2 BR apts. up to 1300+ s/f
- Washer/Dryer in all apts.
- Resident controlled access
- On-site Safeway
- Short-term/furnished avail.

866-390-7709

**BETHESDA**—Newly remod. 1 BRs fr \$1345. 2BRs fr \$1660. Incls. utils & prkg. Avail. July & Aug. Near Metro, NIH, shops. No pets. 301-656-1306

**BETHESDA**—Newly remod. 1 BRs fr \$1345. 2BRs fr \$1660. Incls. utils & prkg. Avail. Aug. Sept, Oct. Near Metro, NIH, shops. No pets. 301-656-1306

**BOWIE**—3BR house, \$1200/m+utils. 301-218-6015

**BOWIE**—Spacious 3BR 2½BA priv patio area. \$1650/mo 301-346-4083

**BRANDYWINE**—4BR, 3F/2B, LR, Din/Kit, gar, remod bsmt w/sep ent. 8208 Heatherwick Dr. call 1-866-Rolanda

**BROOKLAND/CATHOLIC U**—1-BR, \$750+util. 202-635-3984

**BROOKLAND/NE**—Renov. duplex, 3BR/2FBA, fin bsmt w/laundry. CAC, new windows & W/W carpet, lg yard, shed. Prkg, Wlk to Metro. \$2400/mo

Tillman Properties 202-449-7664.

**BURKE CENTRE**—2BR, 2ba, den w/closet, w/d. Nr. VRE. Storage rm. No smkg. \$1330/mo. Avail now. 703-250-2776; 202-231-4502.

**Camp Springs** EHO  
MetroPlace At Town Center  
1BR \$1340 2BR/1BR \$1560

- Across from Branch Ave Metro
- Fireplaces, bay windows, patio/balconies\*
- Tennis Court, Pool & indoor basketball court
- Washer/Dryer in every apt

888-272-6597

4300 Telfair Boulevard Camp Spring, MD 20746  
[www.gables.com](http://www.gables.com)

**CAP HTGS/SEAT PLEASANT**—Nice rm. \$140/wk & up. M to shr hse. Near transportation. 301-499-6323

**CAPITAL HEIGHTS**—Beaut, Spac, 3 BR, 2½ BA TH w/ finished bsmnt. Conv to metro, 495, Andrews AFB and DC. \$1,800. Avail 7/1 Call 703-731-0107

**CENTREVILLE**—3BR, 2.5BA TH 1C/1 Ga dck, pool \$1700 703-502-0322 or 571-224-2231

**CENTREVILLE**—3 MTH, 3BR/2.5BA, 1 car garage, deck, walk out bsmnt, short term lease excepted. Available immediately. \$1,700/mo. 202-435-0573

**CHANTILLY** Luxury Town Home  
3BR 2½BA 2600 SqFt Lakefront, 1yr old, W/D incl, 3M, 2 car grg. \$1850/mo call 571-215-1346

**CHELTEN HAM**—SFH, built 1994, 3 BR, 2½ BA, deck, sec. system, \$1,800/m. Call 301-372-8703.

Children's Hospital Area  
Spacious 1 & 2 BR Floorplans  
WALK TO METRO

W/D & Microwave in every apt.  
Kitchen with Breakfast Nook

**THE HEIGHTS** 1-888-333-5578  
\*select apts. call for details

**COLLEGE PARK/CLOSE TO METRO**—Rent to own. 3BR 1BA SFH. Totally renov. \$1600/mo. \$400 Rent Credit. 9614 51st Pl. 703-582-3748.

**COLLEGE PARK** EHO  
UNIVERSITY GARDENS  
Great for Students!

- Huge Balconies
- Spacious closets
- 2 swimming pools
- Shuttle bus to UMD in community
- Small pets okay!

877-316-6285

1801 Jasmin Terri, Adelphi  
COLLEGE PK—quiet neighborhd, cl to trans /shops. \$500/mo incl all util. Call 301-717-9057

DALE CITY

House for rent. \$1800/mo. Call 703-926-0903

**DEANWOOD**—New 4BR 3½BA w/ W/W carpet, W/D, CAC near bus & metro. Call 301-801-0900

**DIS HTS**—3BR 1½BA, designer-owned condo, \$1350. 703-845-1620

**DONT LET CREDIT STOP YOU FROM RENTING**  
—Call 240-350-4944

Downtown City Living at its best.  
Steps to Metro  
Restaurants, Museums, and more

Newly renovated! Free Gated Parking. Rich Berber Carpet, A/C, laundry. EHO  
1 & 2BR Available

Washington Apartments  
202-737-2206 1201 6th Street NW

**DOWNTOWN/CONVENTION CENTER**—Commuter. Live near work/play! New appliances & fixtures. Convenient to public transportation & shopping! \$775/mo. 202-289-4909

**DUMFRIES/MONTCLAIR**—3 fin lvl TH, wlk out bsmt, deck, 3 BR, 3.5 BA, Avail. 6/9. \$1695, 703-869-5200

**FAIRFAX**—1 MBR avail in a 3BR TH \$600 571-225-2200; 804-691-8171

**FAIRFAX**—4BR 1.5BA Col, Lg yard. Call 703-273-1220

**FAIRFAX**

BEST LOCATION IN FAIRFAX!  
EFFICs from \$820 1BRs from \$1070  
2BRs from \$1300 3BRs from \$1560

Convenient to Metro, NOVA & George Mason University. Small Pets Welcome, Free Storage Facility

ALL UTILITIES INCLUDED!

MARGATE MANOR  
1-877-212-8271

FAIRFAX—Brand new 2 level TH condo. 3BR 2½BA. 1 car garage. \$1850/mo. Call 703-772-4767

Fairfax

EHO  
AVALON AT PROVIDENCE PARK

- Large eat-in kitchen with breakfast room
- Built-in wine rack & opt. woodburning fireplace
- Outdoor pool with sundeck
- Passes avail. to GMU Recreation Sports Complex (Fieldhouse) & the Aquatic and Fitness Ctr
- Easy access to public transportation

CALL FOR SPECIALS: 866-723-5728

[www.avaloncommunities.com](http://www.avaloncommunities.com)

FAIRFAX—Huge 1 & 2BR apts avail. on bus line serving Metro. Plenty of parking, fitness center & pool. Call 703-968-7900

FALLS CH/SKYLINE HOUSE—2BR, 1½ BA, gal pkg. \$1400 + elec. Call 703-909-1066

FORESTVILLE

EHO  
1BR from \$705  
2BR from \$770  
3BR from \$1030

Near Bus/Metro/Shopping Student/Military Discounts

PARK BERSHIRE  
6311 Pennsylvania Ave  
1-877-227-2890

Fort Washington

EHO  
ASHFORD AT HENSON CREEK

GREAT SPECIALS!

sz6 Spacious floorplans w/walk-in closets, eat-in kitchens (avail), W/D available in select homes! Minutes to downtown DC & AAFB.

Call today! 1-888-202-4586

FREDERICKSBURG/ORANGE—Rent to own 2BR unit. \$1299, 900/SF 750 mo.

Karen Rollings, RE/MAX 2000. Call Courtney

804-365-0266.

FT WASH/8115 Murray Hill Dr.

4BR, 2FBA rambler, Rent/Opt to buy.

\$2000+uts. Tyrone 202-276-6988

GAITHERSBURG—2 BR, 2 BA, den, w/d, lg balc, other amen., \$1,200 incl util. Open house Sun 6/25 12-5. 301-728-1038 or 301-318-7069.

GAITHERSBURG—Brand New 3BR, 2.5BA TH, Walk to mall & bus stop. Nr Metro. Pool, clubhouse. \$2095. 301-922-1328

Gaithersburg

EHO  
Great Location near Rio, Metro, & I-270!

1BR from \$785

2BR from \$970 3BR from \$1230

Spacious Apts - to 1300sf, AC Scenic Balconies, Pool Mill Creek Gardens

17654 Amity Way 1-866-600-4369

Georgetown/Burleigh—\$1000/mo.

2 rms + ba on lower lvl TH. Patio, prkg, shr kit & laund. 703-241-8742

GERMANTOWN—4BR TH, 2½BA, wlkout bsmnt. HOC accepted.

\$1,950. Call 301-916-9045

GREENBELT—2BR, 1BA condo, washer/dryer, hdwd flrs, \$1300. 703-485-6394

HERNDON OAKHILL—brand new, fl lvl twnhm/condo at cc, 3 BR 2½ BA, 1 gar, bumpout ext. fin bsmnt, \$2,100/m. 703-723-9322.

HOWARD U—2BR/1BA, liv rm, din rm & new kitchen. Walk to Metro! Avail now! \$1500. OSC. Call 202-494-7708

HYATTSVILLE

EHO  
Call for Specials

1BR from \$885, 2BR from \$990

Instant Approvals

5% Gov't, County, & Sr. Citizen Discount

• Nr Metro, shpg & restaurants

CALL FOR SPECIALS!

QUEENSTOWN APARTMENTS  
1-877-278-3509

Mon-Fri 9-7, Sat 9-5, Su 10-5

HYATTSVILLE'S BEST!

1BR \$840 2BR \$900 3BR \$1245

All Utilities Included

Near Wash. Hospital Ctr, UofMaryland, & PG Plaza

Parquet Floors, Roomy Floorplans

QUEENS PARK PLAZA  
2500 Queens Chapel Rd

1-877-699-0295

KALORAMA—Spacious 2BR w/library, \$3500. 202-322-2283

LA PLATA—3BR 1½BA 2 MTH. cac, fenced-in back yard. \$1400/mo. Call 301-751-8798

LAKE ANNA, VA—Lake house available for rent. Cozy, 3-bedroom, 2-bathroom house. Available for weekly or monthly rental. For rental details, contact

George and Jill at 703-451-5236.

LANDOVER 1829 Belle Haven Dr

Landover's Finest

Call about Free Rent! 283BR Blowouts! Renovated Apts. Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA access. Free prvt storage. Near Sports Complex/FedEx Field.

301-579-5455

LARGO—\$1500/3BR, 1.5BA SFH, 1 M, no bsmt, fpl & CAC, lg yrd, sec 8 OK. 301-509-4055.

Landover's Finest

Call about Free Rent! 283BR Blowouts! Renovated Apts. Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA access. Free prvt storage. Near Sports Complex/FedEx Field.

301-579-5455

LARGO—\$1500/3BR, 1.5BA SFH, 1 M, no bsmt, fpl & CAC, lg yrd, sec 8 OK. 301-509-4055.

Landover's Finest

Call about Free Rent! 283BR Blowouts! Renovated Apts. Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA access. Free prvt storage. Near Sports Complex/FedEx Field.

301-579-5455

LARGO—\$1500/3BR, 1.5BA SFH, 1 M, no bsmt, fpl & CAC, lg yrd, sec 8 OK. 301-509-4055.

Landover's Finest

Call about Free Rent! 283BR Blowouts! Renovated Apts. Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA access. Free prvt storage. Near Sports Complex/FedEx Field.

301-579-5455

LARGO—\$1500/3BR, 1.5BA SFH, 1 M, no bsmt, fpl & CAC, lg yrd, sec 8 OK. 301-509-4055.

Landover's Finest

Call about Free Rent! 283BR Blowouts! Renovated Apts. Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA access. Free prvt storage. Near Sports Complex/FedEx Field.

301-579-5455

LARGO—\$1500/3BR, 1.5BA SFH, 1 M, no bsmt, fpl & CAC, lg yrd, sec 8 OK. 301-509-4055.

Landover's Finest

Call about Free Rent! 283BR Blowouts! Renovated Apts. Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA access. Free prvt storage. Near Sports Complex/FedEx Field.

301-579-5455

LARGO—\$1500/3BR, 1.5BA SFH, 1 M, no bsmt, fpl & CAC, lg yrd, sec 8 OK. 301-509-4055.

Landover's Finest

Call about Free Rent! 283BR Blowouts! Renovated Apts. Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA access. Free prvt storage. Near Sports Complex/FedEx Field.

301-579-5455

LARGO—\$1500/3BR, 1.5BA SFH, 1 M, no bsmt, fpl & CAC, lg yrd, sec 8 OK. 301-509-4055.

Landover's Finest

</

## Classifieds

## RENTALS

**SouthEast D.C.** \$750  
Renovated 1-2 bdrms Apts  
400 50th St. \$750 - \$1050 we pay water & gas.  
Bus/Metro. Safe.  
• Call Sally @ (301) 593-6500  
Police Officers get 1/2 price!

**SOUTHWEST EHO**  
**EAGLE'S CROSSING**  
Parklike setting. Dishwasher. W/W carpet. W/I closets. Emergency Maint. Central Laundry facility.  
**202-561-7070**

An E&G Community EHO  
**SPGFLD/Ashland Ct** \$2300  
Great location. 4 BR, 2½ BA Colonial SFH w/walk-out bsmr, pvt. backyard on quiet cul-de-sac. Call Mila, 703-304-0880

**SPRINGFIELD**—3BR, 2FBA 2HBA, end unit, fin bsmr, updt. Kit & BA. New carp/paint. Convenient to VRE/Metro. \$1900/OBO 703-981-4493

**ST. MARY'S**—2/4BR house \$1650 & up. Call 301-325-6658

**STERLING**—3BR 2½ BA Lux TH. 2100+ sf. 1 car gar. Comm. pool/tennis. \$1850/mo. Optional rent to own. 571-228-0082

**SUITLAND/BRANCH AVE METRO**  
3BR 2½ BA new appls. Frplc, deck. \$1700/mo 301-346-4083

**SW**—New TH, 3 BR, 3½ BA, 3 Lvl, 1 car gar. \$2200. Call Ola, 301-254-3810. Leeds Realty

**SW**—spac. 2-BR 1½-BA waterfront condo in much sought-after SW. Close to shops, museums, & restaurants. Parking space incl. Utilis incl. Cable incl. \$2200/mo. 202-498-4299

**THOMAS CIRCLE**—500 sq.ft. effcy w/pvt. balc., w/d, new cpt, 1 blk. fr. McPherson Sq. metro. \$1550+. h: 202-408-0388/c: 202-607-0389

**UPPER MARLBORO**—2BR, 2 BA, 3 M. TH. Avl. 8/1. \$1700+. 202 746-5647

**VIENNA, VA EHO**

**VIENNA PARK**  
• Park-like setting  
• Wall-to-wall Carpet  
• Enormous Balconies  
• Huge living rooms  
• Swimming pool  
• Play areas  
• Minutes to metro

**877-316-6306**

A Southern Management Community  
**Washington DC EHO**  
**AVALON AT FOXHALL**

• Controlled access building  
• Reserved garage parking w/elevator access  
• Captivating Cathedral and park views  
• Full-sized washers and dryers  
• Outdoor rooftop swimming pool

**CALL FOR SPECIALS: 866-723-1009**

[www.avalonfoxhall.com](http://www.avalonfoxhall.com)

**WOODBRIDGE**—New brick 5 BR, 3½ BA, 2 car gar SFH. Fin. bsmr. Rent \$3800 or for sale \$670K. 210-889-3909

**WOODYE PK**—Embassy Row, 4BR/4BA, state-of-the-art kitchen, high ceilings, marble FR, garage. Gracious grdn. \$5500. 202-255-8638

Your Job is Your Credit—Looking for a place? 301-772-7782.

## ROOMMATES

**BETHESDA** Prof. shr sunny contemp home. BR w/pvt BA. N/S. N.P. \$750 + 1/3 util Rob 240-426-8757

**BOWIE**—Female, shr TH 1BR, kit, w/d. \$700 301-741-1028

**CAP HEIGHTS/6411 Walker Mill Rd**—Shr bsmt unit. CAC. Basic cable. Spacious. Quiet. \$175/wk. 202-270-7814

**CAPITAL HEIGHTS**—Rooms available. Private BA. Telephone. Spacious rooms. \$150-200/wk. 301-613-7465

**CLARKSBURG**—\$2200/mo. Brand new lux, spacious brick end-unit TH w/fin bsmr, detach 2-car gar & other amenities! 301-807-8265

**FAIRFAX/CIRCLE TOWERS**—MBR, pvt BA, share apt., \$600+ util. Nr Dunn Loring Metro. Call 703-533-3744

**FAIRFAX CITY**—Furn Bedrms for rent. Share Bath. Kitchen & Laundry priv. Close to GMU. \$525/mo incl util. 703-273-1220

**FORT WASH**—Furn rm for rent. Starting at \$100-200/wk. Beautiful home to shr. Bus/Metro Acces. All utilis + cable includ. 301-219-3234 or 301-292-3679. I've message, we will return calls promptly.

**FT WASH**—Beaut. hse to shr w/1 rm, \$175-\$225/wk., incl utilis & cable, acces to kit & FR. 703-296-3453

**FT WASH**—SFH fully furn Rm w/ refrig, microwave, CATV, free phone. \$175/wk + sec dep. 301-758-6424

**GAINESVILLE**—Lux lg hse to shr, pvt/BA. kitc, w/d. CATV/int. \$495-\$780. Short tm OK. 703-474-2408

**GEORGIA AVE/Walter Reed**—Furnished room in 3BR SFH to share w/1. Quiet neighborhood. Walk to Takoma Park Metro! Great busines! \$200/wk. 202-255-3664 or 202-459-3587

**HYATTSVILLE/NF PG Community College/Fedex Field Area**—N/S F to shr TH. student welcome. Avail immmed. \$450 incl utilis + \$200 security dep. Call 301-520-6708

**LANDOVER**—\$550-\$700 4BR, 2/5BA, 301-613-0631

**LANHAM**—Rm in hse. 5 min/Metro. Prof N/S. \$125-135/week 240-645-2380. 8pm-11

**LAUREL**—Lge rm w/closet to shr in house, nice nghd, free ph/cable \$150/wk+util. 301-776-0464

**MANASSAS PARK**—M/F to shr hse. 1BR \$500/mo incl all utilis. No smkg, prefer F. Avl Jun 15 703-368-7576

**MITCHELLVILLE/BOWIE**—Beautiful 3 lvl spacious TH, Lake Arbour, Fp, deck, FR, patio, 4BR, 2FBA, 2HBA, granite kit, avail 7/1. \$2195 Rent to own avail. 202-269-1894

**NE/M PROF N/S**—LG 4BR 2½BA hse to shr nr Ft Totten Metro. RM avl. All utilis incl. Maid svc. \$750/mo. **202-494-3692**

**NW**—1300 blk Irving St., furn. rm., cooking privs. \$200/wk. 202-265-4969

**STERLING/CASCADES**—2BRs avail in TH to shr. 1 priv BA. 2HBA. Close to shop. \$650/inc utilis. 571-332-3293

**TEMPLE HILLS**—Prof F N/S shr SFH, conv loc, \$700 incl utilis. + sec. dep. Avl. immed. 301-449-8641

**TYSONS/MCLEAN**—Lux condo to shr. Beaute Rm w/priv. BA. \$650+½ util. N smk Fn pets Avl 8/1 703-899-3309

**WALDORF**—Huge 4BR TH, 3 lvs, 3½BA. \$1850/mo. 202-359-2396

## CONDOS FOR SALE

**Alexandria** \$310,000

**OPEN SUN 1-3**  
2 Bed 2 Bath 2 garage Spaces.  
5911 Edsall Rd #PH14

**Sonatta Camara** 301-333-4444

**Keller Williams**

**Alexandria/Park Center** \$375,000

**Unbelievable Price**

For this elegant top floor 2BR/2BA condo with cathedral ceiling, fireplace, granite counters, stainless steel appliances, 2 garage spaces, pool, fitness center, party room, free shuttle to Pentagon City. NO condo fee through 2006. Call Valerie Wilkinson 703-585-9271

**Weichert, Realtors**

**ARL** \$349,900

**NEW LISTING**

Lovely 2-BR 1-BA w/tons of charm. Quiet, secluded, & great loc. Lg. liv. rm. w/fpl., new kit. appls., new washer/dryer.

Geoff Schwartzman 703-915-8284

Weichert Realtors 703-821-8300

**ARL N**

**SHORT WALK TO METRO!**

Efficiencies from \$185K; 1 Bedroom from \$270K; 2BR from \$269,900

**Marion Cloud** 703-314-7033

**RE/MAX ALLEGIANCE**

**JUST LISTED**

Steps to Market Commons & Courthouse yet tucked away in a quiet cul-de-sac 2BR/2BA condo with ample off street parking is a rarity. Pvt. patio, wood burning FPL, remodeled kit. & more. Open 1-4. Dir. From Clarendon Blvd., R on Barton, L on Fairfax, quick L into Barton Place to 2526 A N. Fairfax.

Valerie Wilkinson 703-585-9271

**Weichert, Realtors**

**Arlington/Fairlington** \$395,000

**Reduced to the Ridiculous**

Quick...come see this 3 level town home freshly painted in neutral tones, gleaming hdwd flrs, remod. kitchen & baths, lge mstr. suite, pvt. patio, steps to pool & tennis. Mins. to DC & Pentagon, walk to Shaw. Open 1-4. Dir. From 395 exit King St. East, L on Wakefield, cross 34th to 3304 So. Wakefield St.

Call Valerie Wilkinson (703)585-9271

**WEICHERT, Realtors**

**Arlington/Fairlington** \$395,000

**Momma Says...**

The 3 things you need to consider in buying a home are location & location. Popular Edgewood model with rarely found private location within Fairlington, extra large fenced patio & private front yard. Just reduced. Call re: Wilkinson (703) 585-9271.

**Weichert, Realtors**

**Arlington/Fairlington** \$410,000

**Momma Says...**

The 3 things you need to consider in buying a home are location & location. Popular Edgewood model with rarely found private location within Fairlington, extra large fenced patio & private front yard. Just reduced. Call re: Wilkinson (703) 585-9271.

**Weichert, Realtors**

**FAIRFAX Just Reduced** \$21K—Spac 2BR, 2BA condo, cls to Fair Lakes, frpl, balc, lg BR, pool, More! Priced to sell. \$299K Open Sun. 1-4. 12904 B Grays Point Rd. Centruy 21, 240-426-8723

**FALLS CH**—3-Br 2-BA. 2906 Kings Chapel Rd. \$309,000. 703-673-0953

**FALLS CHURCH**

**SHORT WALK TO METRO!**

Like new 1 Bedrooms in Wilton House & Point at Jefferson Park From \$329,000

**MARION CLOUD** 703-314-7033

**RE/MAX ALLEGIANCE**

**FREDERICKSBURG/ORANGE** \$129,000

**2 BR CONDOS (NO MONEY DOWN)**

Payments as low as \$600.

Karen Rollings 301-774-0377 Re/Max

**LAKE MONTICELLO/CHARLOTTEVILLE, VA**

Beautiful land & home packages & 3BR, 2BA Condos from \$249,900. Call 1-800-344-8471.

**FALLS CH/BAILEYS X-RDS**—Ofc of about 450 sq ft w/recept. area + 2 pvt ofcs. Utils, pkg. & janitorial incl. \$700/mo. 703-898-7476 or 703-237-3808

**FORECLOSURES!**—**ARLINGTON, FAIRFAX, LOUDOUN & PRINCE WILLIAM COUNTIES**WE FINANCIAL Equal Opportunity Lender Rick FFX Realty 703-385-RICK (7425)

**FT DUPONT PK**—\$235,000 Semi-detached, 2BR/1½BA, fin bsmr w/d, hw flrs, replacement wndws & doors. 703-403-0748 Jobin Realty.

**FT. WASH**—3 spac BRs, w/w carpeting, freshly painted, 2FB, CAC, unfin bsmr, quiet neighborhood, must see. \$355,000. Open House Sat. 9am-3pm., 2100 Powderhorn Dr. Call Mr. Jones, 240-305-9778

**FT WASHINGTON**—Lovely 7 yr old split foyer, 4BR, 3BA, 1-car gar. Call Joyce Elam RE/MAX Allegiance 301-918-3441

**GREAT FALLS** reduced \$40,000

FSBO. 3-lv col., compl. upgraded, .6 ac. corner lot, Langley HS. \$795,000.

703-919-9638 www.imagesfromtheheart.us/930

**Greenbelt, MD** \$315,000

**Large End Unit 3 Level Townhouse.**

Sold as is. 203-375-1770. Great Potential, seller is a licensed dc agent.

**HARTWOOD** \$290,000

**ATTENTION HORSE LOVERS!**

Buy this house w/\$500. 5BR 3BA, 2600 sf on 5 ac, pond. Clsg cst paid, trouble credit OK. Call Scott Phillips ReMax Allegiance 540-226-0492

**ALEXANDRIA** \$474,999

Detached, 2 lvls, 4BR 2½BA. Nr Spgfd & Van Dorn Metros. Tito, 571-722-7278,

REMAX ALLEGIANCE

RE/MAX 2000 202-338-1964

**HOUSES FOR SALE**

A FREE DAILY LIST OF HOMES in DC, MD, & VA—for Sale w/Prices, Addresses & Descriptions. Visit [www.Move4FreeRealty.com](http://www.Move4FreeRealty.com). Sarah Santa Ana 703-881-9333 FAIRFAIR REALTY

**ANNANDALE** \$439,000  
All brick TH. 3 BR, 3½ BA, new windows, floors, etc. Agent bonus. Buyer allowance. 4527 Airlie Way, 703-354-9794 dychiu@verizon.net

**ARL N** \$749,500

Elegant & gracious sun-filled, over-sized end-unit 3 bedroom, 2 full/2 half bath townhome with 2-car garage backing onto landscaped open area. Completely renovated, huge eat-in chef's kitchen with stainless steel appliances & granite. Newly renovated bathrooms with ceramic tile, granite & custom touches. 2 gas fireplaces with 1 in master bedroom. Gleaming hardwoods throughout. Balcony with circular staircase leading to private, flagstone patio with custom stone work. Perfection in a convenient & sought after Metro, restaurant & shopping-friendly location. **Open Sunday, June 18th from 1-4PM!** DIRS: From Ballston, North on Glebe, Left 21st Street, Left on Abingdon to 703-593-6320

**Mike Pugh** 703-593-6320

**Re/Max Allegiance** [www.MikeSellsVirginia.com](http://www.MikeSellsVirginia.com)

**ARLINGTON** \$549,000

**200 YARDS TO METRO!**

Renov. Ig yrd, front porch, hrwd flrs, come see! Dir: Ballston, West 66th to exit Sycamore St., L Sycamore St, pass Metro station to R 19th St, R 19th Road, to property.

**Call Kit Brittan Re/Max Allegiance** 703-585-7227.

**Arnold** \$365,000

**Priced to sell ASAP immediate occupancy**  
Beautiful contemporary 2 story home 3b 2bath updated HVAC, roof & cedar siding 2 story foyer Broadneck school system, well maintained manicured community HURRY

**443-306-5050** Elizabeth Fitten [www.MDHomeListings.com](http://www.MDHomeListings.com)

**ARLINGTON** \$549,000

**200 YARDS TO METRO!**

Renov. Ig yrd, front porch, hrwd flrs, come see! Dir: Ballston, West 66th to exit Sycamore St., L Sycamore St, pass Metro station to R 19th St, R 19th

## Classifieds

### LOTS & ACREAGE

#### KING OF MTN! 3 STATE VIEWS Potomac River Access

This parcel has it all: top of the world, best of the best, easy access to level site. Only 15 mins. to Cumberland, MD. Ready to enjoy. 23+ acres only \$169,900! Special Summer financing. CALL TODAY TO SEE 1-800-888-1262

LOUISA COUNTY 26.7 ac tree-laden building site at Zion Crossroads, 2 hrs from Tysons Corner, 40 mins from Richmond. Perked. \$585,000. Call Roland at 1-800-296-3721 ERA - Bill May Realty Co.

### MTN. LAND BARGAIN

#### PERFECT SUNRISE VIEW Gated/Private/Driveaway In SAVE THOUSANDS 20+ AC \$139,900

Hardwood parcel. Very easy access to pristine site to build or camp. Mins. to stock trout lake. New perc. Close to Interstate. EZ financing. Only One! Call Now! 1-877-777-4837

ORANGE CO, VA  
3.15 acs — 16 mi. to I95/Fredericksburg. Owner fin. avail. R.J. Toomey Real Estate [www.toomey-land.com](http://www.toomey-land.com). 804-353-2531

Urbanna, Virginia \$465,000  
RARE - OFF CHESAPEAKE BAY  
Deep waterfront parcel. Stunning wide views overlooking harbor & charming waterfront village of Urbanna, VA! Call or visit [newstartllc.net/urb](http://newstartllc.net/urb) for details.

NEW START, LLC  
757-282-2645

### RESORT PROPERTIES

BETHANY BEACH—Fully furn., 4-BR hse, quiet wooded loc., large screened in porch, pool/tennis, a/c, W/D, shuttle to the beach, reduced rates. Avail. Jul-Aug. \$875-\$1075/wk. 301-345-1693

NORTH BETHANY, DELAWARE  
Gorgeous brand new pond & wetland view, 5BR, 4.5BA, Slps 14, \$3495/wk. 301-299-7960.

### REAL ESTATE SERVICES

ARE YOU TIRED OF RENTING? Do you want to own? Bankruptcies, liens, judgements, foreclosures, we can help. Call Berna Able at RE/MAX Allegiance 703-649-0939

FORECLOSURE SOLUTIONS—Relieve Debt; Avoid Foreclosure  
[www.SOSforeclosure.com](http://www.SOSforeclosure.com)  
410-258-5621

READY TO SELL?—Our investors pay Cash for homes. Karen Rollings, Re/Max, 301-924-1414

### REAL ESTATE LOANS FOR ANY REASON

\$200K to \$100M. Stated & no Doc loan. Investor programs available. Call Al, 240-533-7427

### SELLING OR BUYING A HOME \$0 DOWN PAYMENT

Call Wilene 240-274-7510  
Re/Max 2000 301-592-0200

WE DO REFI LOANS NO ONE ELSE CAN  
We accept scores below 500 and do unique deals. All situations considered for residential real estate refinancing w/equity. We save homes from foreclosure, bankruptcies & payoff high debt.  
Call 240-314-0319.

### COMMERCIAL REAL ESTATE

1717 K St, NW.—Office Intelligently: On demand offices, phone, mail, Internet, incubator, business seminars, other svcs. Plans \$45-\$200/mo. Call OSI, 202-508-3896 to learn more.

FLORIDA—invest in West Palm Beach Florida. Condos from the \$100's. 5 mins away from the beach 786-554-2201

HOME BUYERS—Would you like to buy a home w/zero downpayments & seller paying all your closing cost? Call Zeleka 703-856-3925 Fairfax Realty Inc.

NW/DOWNTOWN—Warehouse office, 3000 sq ft, overhead door, conv. Convention Center, subway, ideal ops center/courier, delivery, service provider. 202-289-4909

OWNER FINANCE—3BDR, 2 BTH Home, MD/DC/VA. Bad Credit OK! Call 301 420-5183

WeekendPass performs. Thursday.

### WHEELS

ACURA '03 RSX—Auto, 53k, White, AM/FM, CD, Insp, Snrf, AC, PW/PDL, PS, ABS, Alloys, Cruise, Tilt, \$14000 OBO 571-521-1070

ACURA '94 Legend—Auto, 129k mi, metallic Green, AM/FM, CD, Insp, Snrf, AC, PW/PDL, PS, ABS, Alloys, Cruise, \$5800, 202-375-1869

AUDI '03 TT—Roadster, Automatic, 58k mi, Gray, \$6700, 900-282-4872, tibb@yahoo.com

CAD '92 DeVille—Auto, 78k mi, grey, \$2200, obo, exec cond. runs great WON'T LAST 202-997-5272

CHEV '05 COBALT—Auto, all pwr, remote entry, cd, nice dk blu, like brand new. 13k mi, \$9995 703-989-2470.

DELOREAN—81 stainless steel, blk lthr int., gullwing doors, 5-sp, a/c, am/fm/CD, 14,500 mi., exc. cond., \$21,000. 540-972-6272

FORD '02 Escort ZX2—5 spd, 19k mi, White, AM/FM, Cassette, CD, Insp, AC, PW/PDL, PS, ABS, Alloys, Cruise, Tilt, \$7500, 703-931-5452

HD '04 Road King Custom. 5000 miles. Hydraulic clutch. Road Tech Radio. Oil Cooler. Adj. Windshld. Lowered. Single & Dbl seats. Cruise Control. Passing lights. \$17,000/obo. See pix @ [www.designcorp.com/moto](http://www.designcorp.com/moto). Dan, 301-399-5775

HONDA '05 Civic—Auto, 19K, Silver, AM/FM, CD, PW/PDL, PS, ABS, Cruise, \$12750, 240-273-8336

HONDA '04 Civic Hybrid—32k mi, Silver, 1 owner, excellent condition, \$17500, 202-641-4768 or see [www.sinderon.com](http://www.sinderon.com) for more info

HONDA '01 Accord—Accord V6, EX, 1st OWNER, FULLY LOADED, Auto, 101k mi (mostly highway), Black, non-smoker, leather, 6CD, Snrf, PW/PL/PS, Records kept, \$9600/obo. 703-944-2464

HYUNDAI '04 ELANTRA—16K mi. Excel cond, am/fm/CD, \$9900. Call Rob 240-426-8757

JAGUAR '00 S-TYPE—Loaded, Saphire Blue. Good cond, Md insp, \$13,500/OBO. 301-293-1083

JEEP '02 Wrangler—6 spd, 4x4, black, AM/FM, CD, Insp, AC, Alloys, Tilt, \$19500, 703-875-3130

MITSUBISHI '00 ECLIPSE GT—Auto, V6, 72k mi, leather, sunroof, cd player, spoiler, new tires, 2nd owner \$6,990, 703-989-9912

TITLE, LIEN RELEASE SERVICE  
NO JOB TOO SMALL OR BIG. I also specialize in Lost Titles. Call 202-277-6135

TOYOTA '04 Highlander—Auto, 22k mi, royal blue, AM/FM, CD, Snrf, AC, PW/PDL, PS, ABS, Alloys, Cruise, Tilt, \$17,900, 301-773-9733

TOYOTA '03 Corolla—Auto, 53k mi, White, AM/FM, CD, AC, PW/PDL, PS, ABS, Alloys, \$6900, 301-685-6749

TOYOTA '97 CAMRY LE—Alloy wheels, pwr wind/locks/sunroof, auto, am/fm/CD, 100K, \$5,400/obo. 202-277-4134

TRIUMPH—80 SPITFIRE conv, new paint/int, excel cond, 30k orig mi, ask \$5,500. 301-649-6172

VOLVO '04 XC70 AWD—Auto, 18k mi, Black, AM/FM, Cassette, CD, Insp, Snrf, Mntr, AC, PW/PDL, PS, ABS, Alloys, Cruise, Tilt, \$30499, 703-243-3304

VOLVO '88 240—5 spd manual, 212k mi, Silver/Blue, new AM/FM/CD, Insp, AC, PS/PB, \$1000/obo. 1 owner. Good cond. 301-881-1913

VW '91 GTI—5 spd, 162k mi, Blue, Snrf, \$1500 As-is (O2sensor?) 240-388-0813/v messg

**62 WANTED**  
100 GOOD PEOPLE WITH BAD CREDIT  
• None Established • Bankruptcies • Judgments  
• Charge Offs • Repossessions • Tax Liens

New Test Program For Automobile  
Financing Special Allocation of Funds

NEED A CAR - CALL NOW  
Call Mr. Samuels Today • Toll Free 888-241-2121  
Laurel Kia Used Cars & Trucks

### BOATS AND AVIATION

SEARAY '00—2000 SeaRay 310 Sundancer, --Less than 200 hours, Westerbeke Generator, Raytheon GPS and Chartplotter, Twin Mercruiser Engines, Camper Canvas full enclosure, Excellent Condition Mechanic Maintained, \$85,900 - Call 410-757-5674.

WELLCRAFT '88 ARUBA BOAT AND TRAILER AND 1994 TRUCK SURBURBAN MODEL 2500 \$12,000 FOR BOTH Excellent condition sleeps 4-6 many extras 350 mercruiser engine gps system,fish-finder dry storage paid til dec-2006 call for more details \$12000, 240-463-8110

WeekendPass makes the weekend perform.

Every Thursday in Express.

X145d X5

play su|do|ku



Tuesdays in Express

A weekly section about how to look and feel and be your best.

express

A publication of The Washington Post

fit is... health | fitness | nutrition | grooming | beauty | fashion | relationships | and much more

XX142c 2x2

## LEARN ARABIC AT YOUR OWN PACE

Georgetown University Press is the proud publisher of the Al-Kitaab language learning program and many other Arabic language resources.



Learn more at [www.press.georgetown.edu/special](http://www.press.georgetown.edu/special)

**GEOGETOWN UNIVERSITY PRESS**

Available at your local bookstore or order online at [www.press.georgetown.edu](http://www.press.georgetown.edu)

**Stratford®  
UNIVERSITY**

School of Computer Information Systems

School of Business Administration

School of Culinary Arts and Hospitality\*

School of Graduate Studies\*



Call to enroll:  
1-800-7-my-goal  
(1-800-769-4625)  
[www.stratford.edu](http://www.stratford.edu)

Stratford offers Undergraduate, Graduate and Online Degrees.

**The American Dream Starts Here!**

Tysons Corner Campus

7777 Leesburg Pike

Falls Church, Virginia 22043

Woodbridge Campus

13576 Minnieville Road

\*Available Only At Tysons Corner Campus

X120f 1x2

# LOOK\*

\* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

## Agriculture

### Eastern Shore co-op banks on homegrown snacks to save fields

Amid the locally grown strawberries, sweet peas and asparagus at Shore Good Produce in Queen Anne's County, Md., is a little rack of snack foods that may be as important to local farmers as the fresh fruits and vegetables.

They don't look like much — just little blue bags of soy snacks and some flavored popcorn. But the Chesapeake Fields snacks are a crucial experiment aimed at keeping the pastoral countryside free from subdivisions and strip malls.

Here's how the operation works: Farmers on the Eastern Shore grow wheat, corn, soy and other commodity crops to sell to the Chestertown-based snack food company. Then Chesapeake Fields turns the crops into artisanal breads and nutritional snacks such as flavored soybean chips. About half the profits go back to the 33 participating farmers. The growers get a bigger share than they'd get from the commodities market, so they're making more money and becoming less inclined to sell their land to developers.

Sounds like a complicated business model, but so far the Chesapeake Fields brand is holding its own.

"It definitely tastes good — better than it looks," said Cathy Miller, an employee at the produce shop who said sales of the snacks are brisk.

The breads were launched less than two years ago, with eight varieties. Now the company markets 45 different kinds. Customers include the Tidewater Inn in Easton and the Hyatt Regency resort in Cambridge, plus restaurants as far away as Philadelphia and the western shore of the Chesapeake Bay.

The soybean snacks and fla-



**FIELDS OF DREAMS:** Chesapeake Fields Farmers LLC has hopes of staving off development on the Eastern Shore by making snacks out of crops grown in Maryland.

INSIDE

Style and color compete on the field | **35**



**Blog Bits:** The flip-flop debate won't die | **36**

**For Keeps:** Nicole and Keith prep to wed | **38**



KATHLEEN LANGE/AP

# Farmers' Market

vored popcorn are on sale at 100 retail locations. Chesapeake Fields recently got a contract to sell the soybean snacks to a company in Taiwan, and the company is eyeing land in Kent County for a factory and agritourism site.

Less than five years after it was conceived by a county extension agent, the homegrown snack food company may play a meaningful role in the viability of Eastern Shore farming.

"I liked the idea of having your destiny in your hands instead of taking what they give you," said Jim Miller, who grows corn, soybeans, wheat, hay and barley in Kent County.

**“I liked the idea of having your destiny in your hands instead of taking what they give you.”**

JIM MILLER  
KENT COUNTY FARMER

Miller said he's already been approached by developers interested in buying his land, which makes him just the sort of farmer Chesapeake Fields is aiming to recruit.

The company is divided into three parts: a farming co-op, a

for-profit food sales branch and a research arm that looks for better crops for farmers. All three branches benefit from Chesapeake Fields sales.

The goal is to boost profits among area farmers, plus raise awareness amid nonfarming neighbors about the importance of preserving agricultural land.

Farmers aren't the only ones who benefit from a healthy agriculture industry. Chesapeake Fields' Joseph Bauer said the company is also an experiment in how to keep a pastoral atmosphere on the Eastern Shore.

"If we can have the farmer in a more positive cash flow position, they're much less likely to sell for

development," he said.

For now, the breads and snacks are processed in a southern New Jersey factory, but Bauer said the company plans to open a factory near Chestertown. The site would be built for tours, so school groups could see how wheat becomes a loaf of bread and how soybeans turn into snacks that look like potato chips.

"It's really nice to go out and see some bread that could've been wheat out of our fields," Miller said. "Most farmers, they don't have to make a million dollars every year and belong to a country club and get a yacht. You just want to make a decent living as a commodity farmer." KRISTEN WYATT (AP)



## Styles

LOOK  
out

Dutch forward Ruud van Nistelrooy wears the Netherlands' signature orange.

# Winning Looks

File  
Under  
Fad

## World Cup fashions attempt to blind the opposition with style

World Cup team uniforms — “kits” as they’re called in most of the soccer-loving world — are not just a sideline topic. They are the face of a nation, and perhaps even a tactical tool as well.

Carefully designed for the quadrennial event by huge athletic-wear companies like Nike, Adidas and Puma, the soccer players’ sleek jerseys have been easily adopted by fans off the field as both fashion and patriotic statements. On the field, some say, the uniforms’ fabric, design and color can give a team a subtle edge.

So who’s got a winning design? Check out the third-ranked Netherlands, said Leatrice Eiseman, director of the Pantone Color Institute, a color research and information center. The Dutch jerseys

prominently feature both orange and a touch of blue, a good juxtaposition of cool and warm, Eiseman said. The blue radiates confidence and consistency, while there’s a fire to orange.

The Dutch are playing in outfits designed by Nike, which created jerseys for eight countries. The “home” orange jersey was inspired by the 1959 national team design, and it gets fashion kudos for being the only one in the tournament with a trend-right polo collar. The design for the white “away” jerseys with diagonal orange and blue stripes dates back to 1905, when the first national team shirt debuted. (All teams have two uniform designs.)

History, more so than psychology, played a role in several designs: The Dutch home jersey has a shield behind the team’s crest in a baby blue color that was used in ’59. And for the Brazilian home jersey, Nike returned to a softer, more traditional Brazilian yellow instead of the cit-



South Korea's Park Ji-Sung celebrates after scoring a goal in the team's game against France on Sunday. Red uniforms connote power, say color researchers.

rus shade that was featured on the jerseys for the 2002 World Cup.

The Americans wanted a jersey that was bold and iconic, which isn’t dissimilar to what the team always asks for, Hudson said. But there was a collective decision made to make it cleaner and more sophisticated than in the past. The stripes in the American jerseys and socks pay homage to the uniforms the U.S. wore in its surprise upset of England in the 1950 World Cup. Plus, the shape of the shirt is more fitted, which gives it a different language on the field, he adds. “It can be a performance advantage, too.

There’s less chance for an opponent to grab you.”

What will likely carry over beyond the soccer tournament? Nylon shorts replacing tighter knit ones at the gym and the nylon pull-over pushing aside the hoodie, predicts Tom Julian, senior vice president of trends at ad agency McCann Erickson.

“There’s a lifestyle factor here,” Julian adds. “The whole soccer demeanor fits in with the fashion person who shops at H&M or Zara, but also the collegiate who shops at J.Crew and Abercrombie.”

SAMANTHA CRITCHELL (AP)

## Beauty

### Coming Out Party

Should you find Paris Hilton to be an aspirational figure, you may want to douse yourself with TARTE'S CELEBUTANTE

(\$28, Sephora),

which floats and moves in its faceted bottle like some sort of science experiment.

(Hypothesis: Shimmer is denser than oil.)

A spritz of the stuff imparts coffee-ice-cream color and dramatic sparkles, though both almost disappeared when rubbed in. When worn for a night on the town, companions didn’t comment on the glimmery sheen, but the product could well be more attention-grabbing on a sunny summer day. STEPHANIE JONES

## Beauty



### Line 'Em Up

If you’re looking for over-the-top dramatic eyes, MAC FLUIDLINE (\$14.50, maccosmetics.com) is the liner for you. The rich formula glides onto lids with the help of a stiff eyeliner brush (not included). It may take some practice to get the technique right, but when you do, you’ve got a dramatic, long-lasting finish. The new colors, especially Haunting — a purple that especially highlights brown eyes — and Delphic, a bright turquoise with a silver shimmer (not very work-appropriate, but ideal for an out-on-the-town summer night) are worth a stop by your nearest counter. KRISTEN PAGE-KIRBY (EXPRESS)

# Lookout Online



from [readexpress.com](http://readexpress.com)

## New Condo Characters

**SILVER SPRING** | When architects come up with design renderings for proposed condo and office developments, they seem to choose the same generic clip-art people to make their proposal come alive. In this group are, among others, "man with briefcase" and "interracial group of friends."

Up at **SILVER SPRING**'s Galaxy condos, it seems that a few new characters have been introduced, according to **SILVERSPRINGSINGULAR.BLOGSPOT.COM**:

"This family looks like they are fleeing something in terror. The mother appears to be in shock. Maybe she just visited the sales office and saw the prices for two-bedroom condos. Perhaps the guy

in the suit is the sales rep chasing her, desperate for a sale."

Also in this group of pedestrian clip-art people is a guy who appears to have "an übercool cassette Walkman." It must be back to the future at the Galaxy.

MICHAEL GRASS (EXPRESS)

### Record Ridership on Friday

On Friday, Metro saw another record-setting day in ridership, with 783,093 trips taken — the seventh-highest for a weekday in its history.

According to an announcement from the transit agency, it's unusual for Metro to have high ridership on a Friday. The sold-out Nationals game at RFK Stadium likely had



JULIA EWAN/TWP

Would you wear open-toed footwear to the office, even if you have perfect feet?

something to do with it. Combined with Metrobus ridership, about 1.2 million trips were taken on public transit. M.G.

### Flip-Flops: Fashion Faux Pas?

Blogger **STERFANIE.BLOGSPOT.COM** has decided that it's OK to mix her pro-

fessional life with open-toed footwear (sparkle-strap flip-flops from Target): "... I decided, in the emerging heat of summer (which has an inverse relationship to the amount ... I EVEN CARE what I'm wearing, so long as it's comfy), that my DRESSIER TARGET FLIP-FLOPS were perfectly acceptable for a professional look."

But this is a controversial subject. As The Post's Pulitzer Prize-winning fashion critic **ROBIN GIVHAN** has written: "Do not make flip-flops into something they are not."

What do you think? Are flip-flops OK for the office? Send Free Ride a comment at **COMMENTS@READEXPRESS.COM**.

### → Coming up today

The U.S. and Iran have long had a rocky relationship, but Tehran is not without diplomatic representation in Washington, even without a formal embassy. Do you know what/where the local Iranian Interests Section is? What about Taiwan, Libya or North Korea?

## ?

### Poll Center

#### TODAY'S QUESTION

Should Saddam Hussein get the death penalty?

1. Yes
2. No

#### YESTERDAY'S RESULTS

Are employers doing enough to protect workers' ID info?

**NO**

**YES**

88%

12%

As of 5:30 p.m. Monday. Not a scientific poll.

GIVE YOUR OPINION ON TODAY'S POLL QUESTION AND GET STATION-BY-STATION RESULTS SHOWING HOW YOUR FELLOW METRORAIL COMMUTERS VOTED AT [READEXPRESS.COM/POLLCENTER.PHP](http://READEXPRESS.COM/POLLCENTER.PHP)

"If you can't beat the enemy, buy it out. ... And the entire cycle of dieting will now be served by a single company."

GREATWHITESNARK.THEBLOGLOG.COM REACTS TO NEWS THAT CHOCOLATE MAKER NESTLE IS BUYING JENNY CRAIG, THE WEIGHT-LOSS COMPANY.



## Murphy's Laundry Law

"Today I'm not wearing underwear and I kid you not, I was almost sideswiped at least six times on my way to work. Damn Murphy and his damn law. And damn the Scary Scary Laundromat Man. And damn my house and its lack of a washing machine."

**GREEN-CANARY.BLOGSPOT.COM** RELATES A STORY OF TRYING TO WASH HIS CLOTHES AT A SUBURBAN MARYLAND LAUNDROMAT.

## Front Door Service

"You know you're in an 'up and coming' neighborhood when the free clinic van parks in front of your building. ... The bright side? I know I'm not pregnant."

**ROCKCREEKRAMBLER.COM** IS ADJUSTING TO LIFE WITH NEEDED SERVICES NEXT DOOR. AT LEAST THERE'S PARKING...



### Guard Your Car

"... [I]f you are the owner of a shiny new car that any little teen hoodlum would be happy to ride around in and it is an automatic, get a club. Yeah, that ugly thing that goes on your steering wheel. There are some guys who want to steal your car."

**INSHAW.COM/BLOG** SENDS OUT A PUBLIC SERVICE ANNOUNCEMENT ABOUT CAR-THEFT PREVENTION.



### Wal-Mart to Dive Into Organic Food

"There are numerous reasons to be optimistic, and just as many or more to be deeply troubled by the idea that Wal-Mart is going to make its mark — and a mark it will make — on the organic food movement."

**HONESTHUMAN.COM** ON AN ANNOUNCEMENT BY THE NATION'S LARGEST RETAILER THAT IT'S GETTING CRUNCHY TO CASH IN ON THE INCREASING POPULARITY OF "CERTIFIED ORGANIC."

## Live Online

## End to Gridlock

**DR. GRIDLOCK** was online Monday for his final discussion on traffic and transportation in D.C. before retiring from the Post at [washingtonpost.com/liveonline](http://washingtonpost.com/liveonline).

What exactly is the construction going on to Independence Ave. south of The Mall that is taking months to complete? Is it just repaving?

Curbs, gutters, sidewalks, storm sewers and a complete rebuilding of the road. Scheduled completion: this Fall.

Does D.C. have any plans in the works for a direct connection between the Anacostia and SE/SW Freeways. I know plans for a new bridge over the Anacostia were scrapped.

Yes. It is the reconfigured 11th Street Bridge, which will allow direct connections between 395-295. Work is to start in 2007 and be completed in 2009.

Based on what you know about the region's commuter woes, if you worked in downtown D.C. (20th and M Streets), where outside of the District but in the "inner suburbs" would you choose to live, to have the easiest commute?

Arlington, alongside the Blue or Orange Metro lines. I should say, Arlington — if you can afford it.

It's your last chat, so I've got to ask an oldie-but-a-goodie: When the heck will they expand 66 inside the Beltway?

The only expansion I've heard of is by one lane, westbound, inside the Beltway. Gov. Timothy Kaine promised it during the last election. All the rest of it is not going to happen.

I think it was comedian George Carlin who said it best: "Anyone driving faster than me is reckless, and anyone driving slower than me is an idiot"

I like that.

### → Today on Live Online

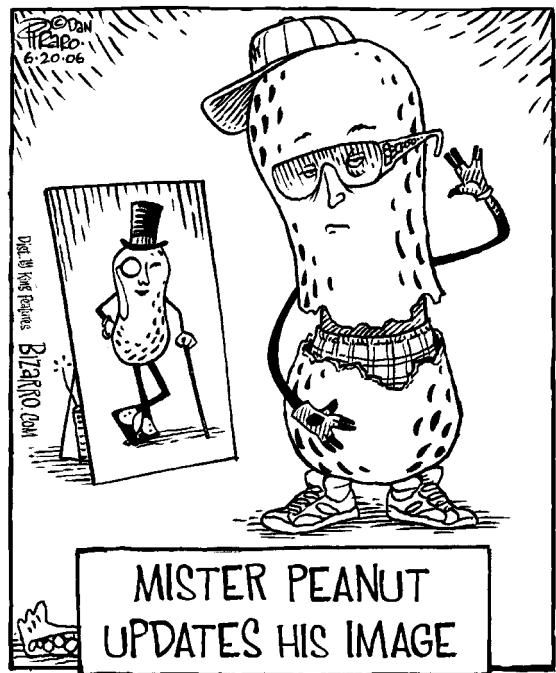
2 P.M.: WTOP political commentator Mark Plotkin takes your questions on local politics — from D.C. to Virginia to Maryland.

3 P.M.: Bill Buford fields questions on his new book, "Heat," about his year working in Mario Batali's famed restaurant, Babbo.

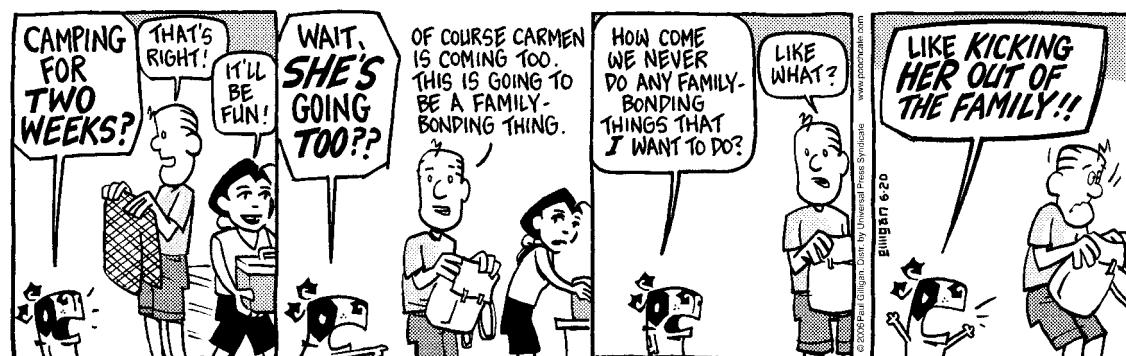
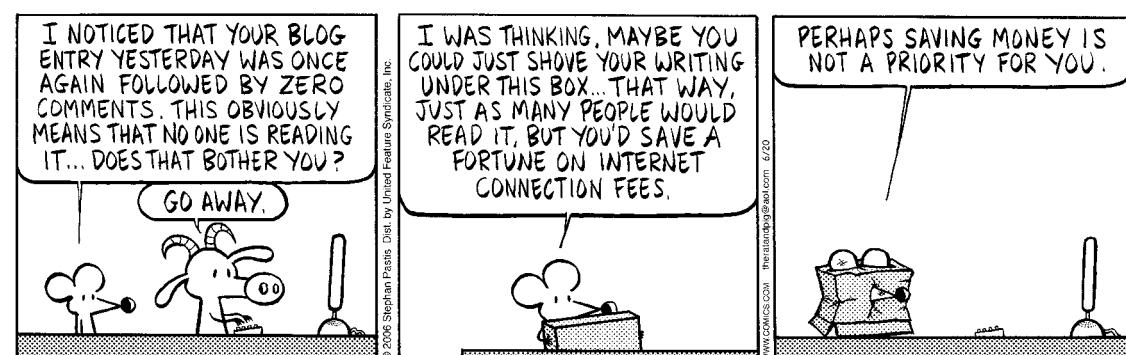
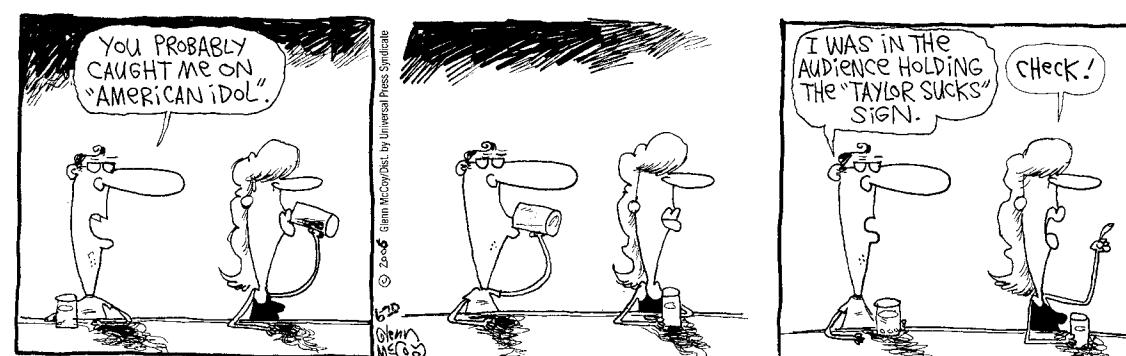
**DON'T**

DENY THAT CATS ARE FUNDAMENTALLY EVIL. After all, what further proof do you need than kitties who are spitting images of Adolf Hitler? Check out the diabolically upper-lipped cats at [hitlercats.motime.com](http://hitlercats.motime.com) and send in your own Fuhrer feline pics.

# LOOK out

**Bizarro** | Dan Piraro**Cornered** | Mike Baldwin

The search for a new advice columnist continues.

**Pooch Cafe** | Paul Gilligan**Pearls Before Swine** | Stephan Pastis**The Duplex** | Glenn McCoy

## Horoscope

By Stella Wilder

**GEMINI (May 21-June 20)** Your manner may take some people by surprise, but there is no need to behave in any way that doesn't come naturally at this time.

**CANCER (June 21-July 22)** An early start does not necessarily mean an early finish — but at least you'll be able to get more done throughout the day.

**LEO (July 23-Aug. 22)** Someone may be wondering why he or she has not been included—and, indeed, you've recently made an important oversight.

**VIRGO (Aug. 23-Sept. 22)** The promise of something better in the future is likely to see you through a difficult time. Keep your eyes open, looking forward.

**LIBRA (Sept. 23-Oct. 22)** This day may take you places you never expected to go — and be prepared to modify your behavior accordingly.

**SCORPIO (Oct. 23-Nov. 21)** Your own leadership qualities may be holding you back, as you find yourself current-

ly incapable of admitting that you may be in error.

**SAGITTARIUS (Nov. 22-Dec. 21)** A refusal may come to you from above, much to your surprise. It is important you maintain your enthusiasm for your own current efforts.

**CAPRICORN (Dec. 22-Jan. 19)** Note every look and every style is for you. Be sure you make the impression that can best serve you in all situations.

**AQUARIUS (Jan. 20-Feb. 18)** You may be called upon to say a bit more than usual regarding important issues that have remained unresolved for too long.

**PISCES (Feb. 19-March 20)** You may be surprised to receive invaluable assistance from someone who has only been in the background lately.

**ARIES (March 21-April 19)** You may find yourself waiting and waiting and waiting — even though you're not sure what it is you are waiting for at this time.

**TAURUS (April 20-May 20)** Don't expect too much—or any of the wrong things—from a purely social situation. Sit back, relax, go along for the ride.

## Letters

### Good Start for Metro Chief

I JUST WANTED TO TAKE THE TIME to rebut others' comments about Dan Tangherlini. Personally, I have noticed marked improvements in Metro since he took the helm. The most noticeable change is the fact

that for the first time since I moved here 25 years ago with my family, you can actually understand what the train driver is saying. Another significant change is the drastic reduction of delays. It seems that Mr. Tangherlini actually cares what the customers think (unlike the previous managers).

—KEVIN C. TURNER  
Burke, Va.

**WRITE TO EXPRESS:** Include name, hometown and telephone number. Submissions may be edited. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

## Today in History

**1756** A group of British soldiers was imprisoned in India in a suffocating cell that gained notoriety as the "Black Hole of Calcutta," most died.

**1943** Race-related rioting erupted in Detroit; federal troops were sent in two days later to quell the violence that resulted in more than 30 deaths.

**1947** Benjamin "Bugsy" Siegel was shot dead at the Beverly Hills, Calif., mansion of his girlfriend, Virginia Hill, apparently at the order of mob associates.



Andrea Yates is to go on trial again for the alleged murder of her children.

**1979** ABC News correspondent Bill Stewart was shot to death in Managua, Nicaragua.

**2001** Houston resident Andrea Yates drowned her five children in the family bathtub, then called police.

# Look out People



Britney doesn't need a second baby!

## OPRESSED KIDS

**Maybe They Can Adopt Britney Spears' Next Baby**

**ANGELINA JOLIE** and **BRAD PITT** are planning to adopt their fourth child, Jolie said in an interview airing Tuesday on CNN's "Anderson Cooper 360." "We don't know which country," she said. "It's gonna be the balance of what would be best for Mad and for Z right now." Their children are Maddox, Zahara and newborn Shiloh. (AP)

## FUN-SPOILER

**Pete Continues to Pioneer Drug-Law Reinterpretation**

**PETE DOHERTY** was fined \$1,900 after police found traces of cocaine in his blood following a performance by his rock band at the Hultsfred music festival in Sweden. Police detained the 27-year-old Babyshambles frontman after the concert because "he showed signs of being under the influence of narcotics," said Ulf Karlsson, a police spokesman in the city of Kalmar. Doherty was fined and released. (AP)



## JOY

**Gettin' Hitched**

**NICOLE KIDMAN** and fiance **KEITH URBAN** came home to Australia on Monday to be married, they said in a statement. "We have come home to celebrate our wedding with our family and friends," they said. Australian media have widely speculated that Kidman, who will be 39 on Tuesday, and Urban, 38, will wed June 25 at a Catholic church in a northern Sydney suburb close to where Kidman attended high school. (AP)



This Summer... Less Is Definitely More.

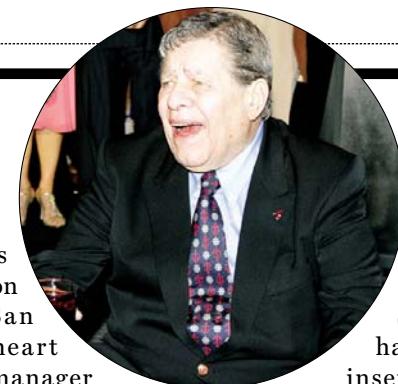
Save up to 40%

on Alase™ Laser Hair Removal Beach-Body Package Combinations.\*

And be ready to bare all.

REVEAL MEDSPA

866.Reveal.Me [www.reveal.com](http://www.reveal.com)



## RECOVERING

**Lewis Doing Well After Heart Attack**

**JERRY LEWIS** is recuperating on his boat in San Diego after heart surgery, his manager said Monday. "He's recovering and already working on the telethon," his longtime manager, Claudia Marghilano, said about Lewis' benefit for the Muscular Dystrophy Association. Lewis, 80,

No ailing ticker can stop Jerry's 2006 telethon.

was released from a hospital Saturday after having surgery to insert a stent in an artery following a June 11 heart attack, she said. Plans are still going ahead for Lewis to direct a version of his 1963 comedy, "The Nutty Professor," as a musical by next year. (AP)

## REHAB

**Still Partying Way Too Hard**

Rolling Stones guitarist **RON WOOD** is in rehab for alcohol abuse, People magazine reported. He'll still join the band for the "A Bigger Bang" tour, which starts July 11 — the same tour that was delayed by the head injury suffered by Keith Richards

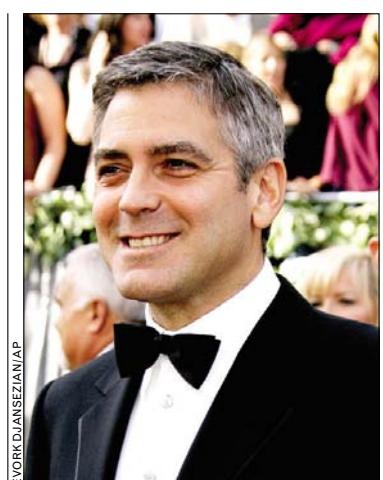


and was also in rehab last year, according to People. (AP)

## A SIGN

**Random Plagiarism Suits: Proof He's Hit the Big Time**

A French court dismissed a lawsuit against **GEORGE CLOONEY** and Warner Bros. filed by a screenwriter who alleged "Syriana" was plagiarized, court officials said Monday. Stephanie Vergniault had claimed the thriller borrowed "very largely" from a script she completed in 2002, but the judge said the two scripts were "obviously different." Like 2005's "Syriana," Vergniault's story line, titled, "Oversight," involved CIA intrigues with oil companies in the Persian Gulf. The judge said the overlap was coincidental. (AP)



Plagiarism is a serious accusation ... but George Clooney is a serious actor. (AP)

# LOOK out

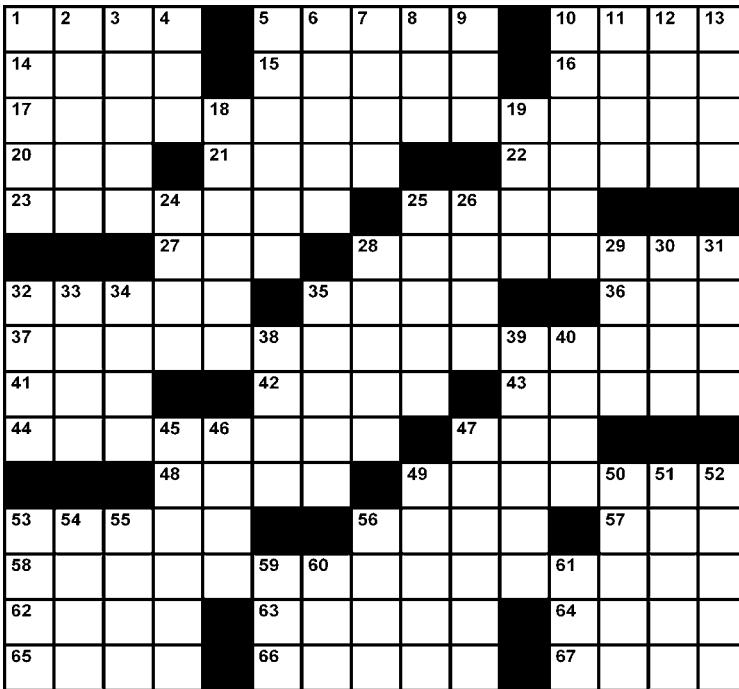
**Executive Producer**

**ACROSS**

- Look with malicious intent
- Word to a pest
- Commisator's word
- Advocate
- Town in Greenland
- Pilaf ingredient
- What some climb
- Sports drink suffix, perhaps
- Step backward?
- James or Owens
- Some parlor pieces
- Country singer Jackson
- Denizen of a certain farm
- Batting eyelids, licking lips, etc.
- Beach find
- Lavish celebration
- Anonymous litigant
- Worker's dream, perhaps
- Poetic pugilist
- It's in the pot
- Opposite of sets
- Doggedness
- 32,000 ounces
- Tacit approvals
- What the kittens lost
- Pergola
- Indian garment
- Emulate a landscaper
- Executive's

**DOWN**

- Skywalker's creator
- Deteriorate, in a way
- Wading bird
- Bench press unit
- Address part, often
- Powwows
- Road grooves
- Brit's brew, perhaps
- Bugs' voice
- Impassioned
- They're blown in anger
- They're sometimes more important than kings
- Without moisture
- With candor
- Slightly cracked
- Statuesque
- Jane Curtin role
- One might be chronic
- Kind of acid
- Fateful day in March
- What one little piggy had
- Exact revenge on
- It may be reserved
- Robust
- "The Auld Sod," romantically
- Well-bred
- Slightly cracked Londoners
- Statuesque
- Jane Curtin role
- One might be chronic
- Kind of acid
- Fateful day in March
- Innermost part
- Diatribe
- Some equines
- Dodge
- What students pass
- Exhausted
- Years and years and years
- You may skip it
- Used a Breathalyzer
- Shopper's delight
- Eggy concoction
- Exemplar of easiness
- Brood tender



EDITED BY TIMOTHY PARKER

**Sudoku**

Degree of Difficulty: MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. For solution, tips and computer program, see [www.sudoku.com](http://www.sudoku.com)

**Need more Sudoku?**  
Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section every Monday through Saturday.

**Yesterday's Solution**

8	1	4	5	6	3	9	2	7
5	7	6	8	2	9	1	4	3
9	2	3	1	4	7	8	5	6
2	4	9	6	5	1	7	3	8
7	5	8	9	3	2	4	6	1
6	3	1	4	7	8	5	9	2
1	9	2	3	8	5	6	7	4
4	8	7	2	9	6	3	1	5
3	6	5	7	1	4	2	8	9

9	3	6		1				
			4				8	
			3	7				
8				6			2	7
	3				8			
6	5		2			1		
				1	6			
8			9				2	4
	7				4		6	

©PUZZLESBYAPPACOM

**express**

PUBLISHER—CHRISTOPHER MA | GENERAL MANAGER—ARNIE APPLEBAUM | EDITOR—DAN CACCAVARO | DEPUTY EDITOR—GREG BARBER  
ART DIRECTOR—SCOTT MCCARTHY | NEWS EDITOR—MATT SWENSON | SECTION EDITORS—JENNIFER BARGER, ARION BERGER, VICKY HALLETT, IAN HERBERT, MAUREEN HOCH, CHRIS MINCHER, HOLLY MORRIS, KRISTEN PAGE-KIRBY, CAITLIN THOMPSON | WEB EDITOR—MICHAEL GRASS | EDITORIAL DESIGN—SCOTT ROSENBERG | PRODUCTION—MATTHEW LIDI | PHOTO—MARCIA HARDER | PHOTOGRAPHER—MICHELLE REISO |  
CONTENT DEVELOPERS—TIM FOLLOS, DARONA WILLIAMS | PUBLISHED BY EXPRESS PUBLICATIONS COMPANY, LLC PO BOX 17370, ALEXANDRIA, VA 22216 | A  
SUBSIDIARY OF THE WASHINGTON POST COMPANY | MAIN NUMBER: 703-469-2800 | FAX NUMBER: 703-469-2831 | CIRCULATION: 202-334-6992 OR E-MAIL CIRCULATI  
ON@READEXPRESS.COM | ADVERTISING: CALL BOB KEENAN AT 202-334-6025 OR E-MAIL ADS@READEXPRESS.COM | CLASSIFIED ADVERTISING: 202-334-6200

# NEED A LOAN?

Marianne Segura is a neighbor providing home and commercial mortgages with the highest levels of professionalism and service.

- Local lender
- Hundreds of different loan programs
- Creative solutions to special financing needs
- Low closing costs
- Experience and knowledge

For every closed loan, Marianne donates \$100 to the Center for Missing and Exploited Children.


**Marianne Segura**

(202) 439-5506

msecura@homefirstmortgage.com



207 S. Alfred St. • Alexandria, VA • 22314



## GW SCHOOL OF BUSINESS

### M.S. IN INFORMATION SYSTEMS TECHNOLOGY

**Information Session**
**Saturday, June 24**  
**10:00 am**

3601 Wilson Blvd.

Suite 400

Arlington, VA

Metro: Orange Line to Virginia Square

**Rsvp Today!**

703.248.2800

msist@gwu.edu

[www.msist.gwu.edu](http://www.msist.gwu.edu)

**Be in demand!** Professionals with solid management and technology skills are among the most sought-after employees in the country.

**Specialize your skill set.**

- Management Information Systems
- Executive MIS
- Information Systems Development
- Information Systems Project Management

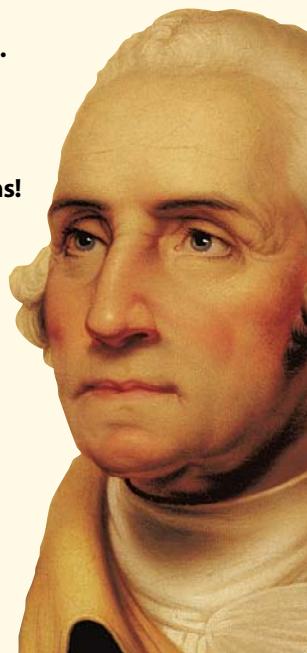
**Multiple locations, multiple formats.**

Evenings, weekends, executive cohort.  
Arlington, Loudoun, Washington.

**Still Accepting Fall 2006 Applications!**

THE GEORGE  
WASHINGTON  
UNIVERSITY  
WASHINGTON DC

BRING US YOUR  
**AMBITION.**  
[www.gwu.edu/gradinfo](http://www.gwu.edu/gradinfo)



THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.

31227

# Mortgage Rates are Lower at CMC!

**Option ARMs**  
as low as  
**1%\***  
=\$253 per \$100k  
loan amount

**5 Year Fixed**  
Payment as low as  
**4.875%\***  
=\$474 per \$100k  
loan amount

We Approve Loans That Banks Turn Down



**Continental Mortgage Corp**  
HOME OF THE EXPRESS MORTGAGE

**(703) 891-3484    (540) 347-5363**

Approvals by Phone or On-Line    [www.cmcLoan.com](http://www.cmcLoan.com)

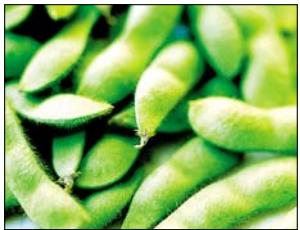
\*For Qualified Borrowers. 1. Fully Indexed at 7.482    2. 3% Deferred first 5 yrs.



# fit

NUTRITION

## Soy, the Has-Bean



Time for a backlash: Americans are now bashing the once-revered soybean | E7

PHYS ED

## For the Long Run



Set the right goals to make it to the finish line of a marathon | E5

express

EXERCISE, NUTRITION, WELLNESS AND MORE TO HELP YOU LOOK AND FEEL YOUR BEST | JUNE 20-26, 2006

A photograph of a young man in a black tank top and dark shorts, leaning forward with his hands on his knees, looking towards the camera. He is in a gym setting with dumbbells in the background.

Combatting the  
**Phone-Answering,  
Beer-Swilling,  
Flab-Inducing,  
Unpaid Lifestyle** | E4

**SUMMER  
INTERN  
FITNESS  
GUIDE**

► **PLUS:** Stretch your usual yoga routine to include improv dance moves | E5

GETTY IMAGES

# Baggage Check

GOT ISSUES? DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT



## I'll Love You Much More When You're Gone



I am a single mother of two kids: one boy, one girl, ages 17 and 18. They've given me serious trouble since age 10 (their father has never been in their lives). I'm so sick of working overtime to pay court fees and lawyer bills. Am I a bad mom for wanting them out of my house when they turn 18? (Which my son is, thank God.) I'm only 35 but I feel 50. —SILVER SPRING

You're not a bad mother for wanting a break from children who have been particularly challenging and who you've had to handle as the sole parent all these years. But before you change the locks, pour the champagne and blast the Kool and the Gang, you do have to decide what the "break" would mean in the long-term.

Your son is a legal adult, and of course you're no longer obligated to support him financially. As



America's notion of adolescence has begun to extend well past 18, many parents continue to provide the house-as-dorm experience until their "kids" are your age and older — frolic-filled Matthew McConaughey movies aside, I'm not sure that trend helps anyone. Nevertheless, push-

ing them out when they need your support the most might do irreversible damage to your relationship, a price that may be too steep. Only you know your children well enough to guess what might happen if you play the evictor: They get their act together? They get so resentful (or

worse) that you are a target of their ire (or worse) forevermore? Even you can't know for sure.

Your best bet is one final push to strengthen your relationship and their emotional development: family counseling. If you've been there, done that, try again. Even if you don't enjoy any nine-Kleenex breakthroughs, counseling can help with the practical aspects of negotiating and navigating their burgeoning independence. And most importantly, you'll know you made one last effort to heal the rifts that have so splintered your family.



**My best friend cuts all her food into tiny pieces before she eats it, and she uses a knife and fork for everything. She's also very regimented about how things are arranged on her plate. We've teased her about it for years, but as I get older I wonder if there's something more serious going on with it. Is there an association between eating disorders and this type of behavior?**

—ADMITTEDLY CURIOUS IN D.C.

Sometimes this type of behavior is seen in eating disorders or in

obsessive-compulsive disorders. But it is also seen in many simple "I'm Quirky" non-disorders, and perhaps in a syndrome called "My Friend Is Overanalyzing The Heck Out of Me!" (Strangely, many of my

**Even if you don't enjoy any nine-Kleenex breakthroughs, family counseling can help.**

own pals are also afflicted.)

If your best friend seems to have an otherwise healthy relationship with food and her body, this behavior doesn't get in the way of her day-to-day life (except for that marvelous teasing, of course) and she doesn't show other overly regimented behaviors that interfere with her happiness, it's probably time to put down the electron microscope.

Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D. at [baggage@readexpress.com](mailto:baggage@readexpress.com). This column is not a substitute for one-on-one care.

You've walked your last mile in a running shoe.

**you!**

**743** The Official Walking Shoe of *O, The Oprah Magazine's 2006 O You! Event*

**Tysons Corner (703) 893-2771**  
**5301 Wisconsin Ave (202) 237-1840**  
**Pedorthist on site!**  
**1020 Connecticut Ave, NW (202) 587-5338**

**new balance** the store

## Want to Get in Shape?

**30 Days to a Better You!**  
 Lose Weight! Tone Up!  
 Feel Great! Have Fun!

**ADVENTURE**  
**Boot Camp**  
 WASHINGTON, DC

New Evening Class Starts July 17th!

Register Today!  
 Our June Class SOLD OUT!  
[www.dcbootcamp.com](http://www.dcbootcamp.com)

**(202) 547-1202**

**RAPID**  
**TRANSMIT**

**ADVERTISE IN EXPRESS.**

Call 202.334.4532

**express**

A publication of The Washington Post



## Personal Fitness Training

one-on-one individual health & fitness training  
 Tysons/Vienna Area, 5 minute walk from metro, serving DC, MD, NOVA

**703-207-1696** (private studio)

- VO-2 Fitness Testing
- Endurance Training
- Strength & Exercise Training
- Weight Management - Nutrition
- Senior Fitness
- Fitness Therapy
- Fitness for Physically Limited

Complete Health and Fitness Evaluation at Regular Cost and Qualify for a **FREE** Metabolic Test, a **\$149 Savings** bodybody fitness & Health Vienna 703-207-1969

With this coupon. Not valid with other offers or prior purchases. Limited time offer, call today.

[www.bodybodyfitnesshealth.com](http://www.bodybodyfitnesshealth.com)



**Jeffrey M. Hollebrandt c.p.t. c.s.w.m.**

"Good health is much more than just not being sick."





## Fleet Cleat Feet

**THE PERKS OF BEING A FOOTBALL PLAYER** just keep getting better. First, there was the whole ruling the school and dating cheerleaders thing. Now, they get the new cleats from Under Armour (\$90-\$120, underarmour.com), which are so cool we want to "click clack" (as the commercials' tagline encourages) even though we don't play the sport. Guys who do can marvel at the way the shoes wick moisture away from their feet, the dual-plate design's light weight and the fact that the cleat nubs boast built-in directional blades to promote traction. And they're kinda sexy-looking, too—as if football players needed the help.



## This Bar Says Just Beet It

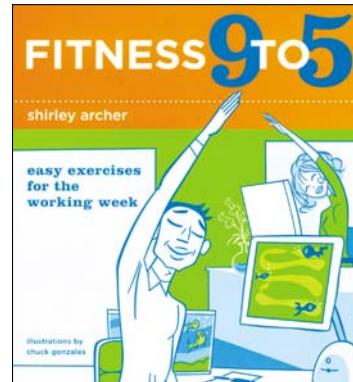
TURNING SPIRULINA AND PARSLEY into a chocolate-chip flavored bar is a feat we deemed impossible when we first eyed Think Green (\$1.70-\$2.20). After ripping open the wrapper to devour the contents, which included other healthful ingredients like beets, broccoli, brown rice and wheat grass, our opinion didn't change. But the gummy texture and fruity taste are surprisingly addictive and, at 180 calories, it's the right size for a snack on the run.

## NEW IN HEALTH warm ups

## Working Out in the Workplace

**FOR THOSE TOO** busy making a living to make it to Pilates class comes Shirley Archer's book "Fitness 9 to 5: Easy Exercises for the Working Week" (\$13, Chronicle). The tiny tome details 69 moves tailored to the workplace. Whimsical illustrations depict office-space cadets doing "early-bird coffeepot curls" and "waiting-for-that-fax push-ups." The idea here—that it's good to fit exercise in whenever and wherever you can—

seems laudable. (Even standing burns .9 calories more than sitting motionless.) But when tested in our newsroom, ideas like giving oneself a head massage or doing butt squeezes while conducting a meeting proved downright laughable.



## Your Kids, the Disc Jockeys

**NO MORE PENCILS AND NO MORE BOOKS**, but dirty looks are hot this summer. One of the most entertaining ways to convince your kiddies to get messy running around the yard is Dodge Discs (\$20, shopwildplanet.com). The two shooters in each set spit out foam donuts that don't hurt too badly, but still convince the targets to flee. And the shield shape means coordinated combatants can deflect hits. The one drawback: Once you've shot out all of the discs, collecting them again can be a pain. But that's good exercise, too.

| PRODUCTS

## GearHead



## Take It on the Shin and Smile

### THOSE WORLD CUP DUDES

aren't afraid to smack into each other. And unlike sports in which players wear helmets and lots of padding, soccer stars get just one kind of protection: shin guards. "These guys are getting kicked in the ankles quite a bit," said Francisco Tobar, equipment manager for D.C. United.

The trend today is toward the small, thin variety, which slips under the sock with no straps. "Players want to feel like they're not wearing them," explained Tobar. Aiming small used to be a pain, because even with tape holding them down, shin guards can slide out of place. KwikGoal changed that with compression sleeves that go over the guard, providing the security players need without adding too much extra bulk. If you're not a pro, however, it may be worth the extra heft to have more coverage. As Tobar said, "I want some serious protection."

VICKY HALLETT (EXPRESS)

MILLENNIUM  
MEDICAL  
*Spa*

Dr. H. Michael Rassael  
Cosmetic Surgeon

Member of American Academy of Cosmetic Surgery

## Complimentary Cosmetic Consultation It's Time... Turn Your Attention on Yourself

- Cosmetic & Plastic Surgery
- Botox/Restylane
- Acne Treatment & Photorejuvenation, \$100 For The 1st Treatment
- Laser Resurfacing Full Face, \$1000 For A Limited Time
- Liposuction, \$2500 Per Area, For A Limited Time
- Endermologie/Cellulite Treatment
- Hair Restoration
- Laser Services: Hair Removal, Vein Treatment, Tatoo Removal
- Microdermabrasion, Chemical Peel
- General & Cosmetic Dentistry



CHEVY CHASE/BETHESDA

301.652.9005

www.anythingcosmetic.com  
4407 Willard Ave., Chevy Chase MD 20815 (Across from Friendship Hts. Metro)

ROCKVILLE

301.460.6000

# fit | Phys Ed

| THE EXPERTS

## TrainReaction

### Speed Needs

I enjoy weight training, but I have read conflicting information regarding repetition speed. What's the deal? Should I do my reps fast or slow?

**Q** The speed of your repetitions should be determined by the reason you started a weight training program in the first place. Both styles of training have their pros and cons — which you choose depends on your goals as a fitness fanatic.

Slow to moderate tempos are more often used by novice lifters, as it's easier to control the weight through the full range of motion. Those looking to add lean mass by maximizing muscle tension will also find a slower speed beneficial: Increasing tension will activate more motor units — groupings of neurons and the muscle fibers they activate.

Faster movements should be used by two populations on opposite ends of the spectrum: athletes and the elderly. Athletes should train by mimicking the speed of their sports. Trainers call this "sports-specific training," and it's designed to enhance athletic performance. As for seniors, we all have a tendency to move slower as we age. To avoid slowing down, gradually increase the speed of your training.

**Matthew Blair Davis** is an award-winning personal trainer and president of Functional Revolution Fitness ([functionalrevolution.com](http://functionalrevolution.com)), which provides private personal training for Northern Virginia and D.C. E-mail him at [matt@functionalrevolution.com](mailto:matt@functionalrevolution.com).

### VITAL STATS



NUMBER OF MEMBERS OF ONE FAMILY WHO HAD THEIR STOMACH REMOVED TO AVOID A RARE HEREDITARY STOMACH CANCER

# Young, Poor, Fit

Summer interns can afford to work up a sweat

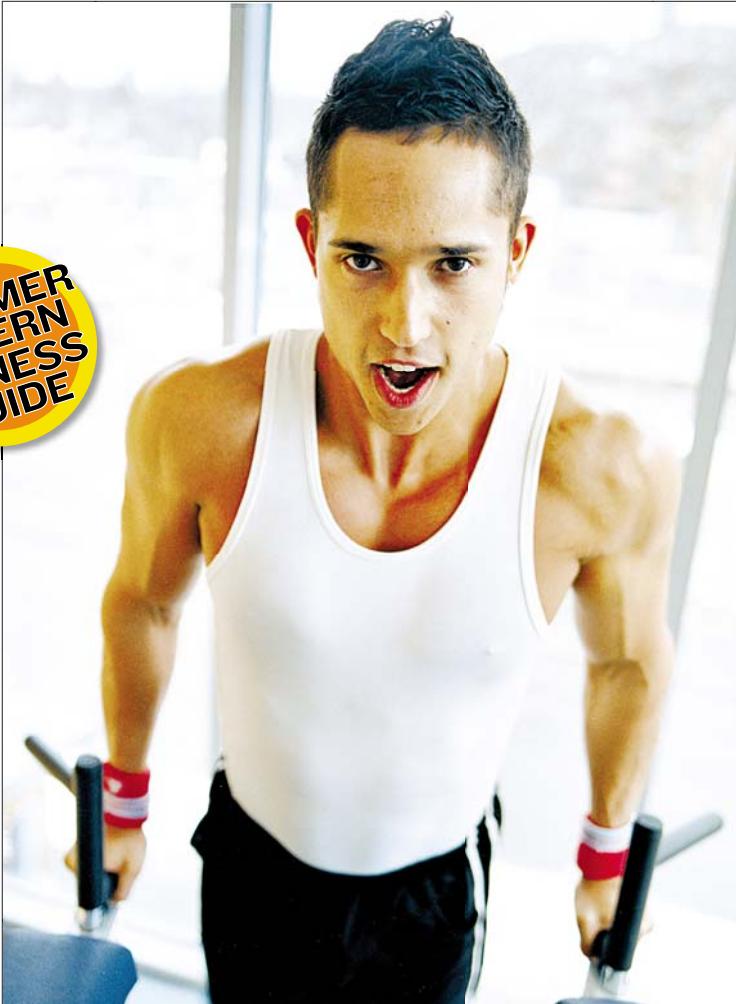
**Scoring free grub at a reception will be easy during your internship. And anyone in your office can direct you to where the college crew goes for cheap beer (because they'll be staying far away until September).**

Tracking down a bargain place to exercise, however, can be trickier. But you'll need one — after all, answering the phone and making copies isn't going to do any wonders for your abs.

#### Membership Has Benefits

You might still be jogging outside, thinking how lovely D.C. weather is. That's guaranteed to change with the sticky, polluted arrival of July and August, when even stepping out to grab lunch can seem hazardous to your health. You need a gym and, luckily, many local facilities know you're just stopping by for a short stint. Gold's Gym's ([goldsgym.com](http://goldsgym.com)) college membership is the value to beat. A three-month pass to any of the three D.C. locations (and some in the 'burbs, too) goes for \$129 through June 28, provided you show a valid college ID. You'll also need proof you're a student to snag the deal at Washington Sports Clubs ([mysportsclubs.com](http://mysportsclubs.com)). For \$199, you have unlimited access to the club of your choice through Sept. 4.

Non-student interns may be partial to the D.C. Jewish Community Center ([dcjcc.org](http://dcjcc.org)), which has waived its initiation fee for the summer. The rate is just \$73 per month. Results ([resultsthegym.com](http://resultsthegym.com)), with locations on the Hill and



SUMMER  
INTERN  
FITNESS  
GUIDE

U Street, is offering two months for \$200, sans initiation fee. And if Mommy is generously bankrolling your unpaid summer? Spend her cash on a month-to-month membership at the Sport & Health Club ([sportandhealth.com](http://sportandhealth.com)) at the Washington Hilton. There's a \$249 initiation fee, a \$99.95 monthly charge and a \$25 termination fee, but the rock-star swimming pool and tennis courts are worth it.

#### Yoga, Yoga Everywhere

After addressing envelopes all day, you could use some stretching. Many studios will let you try one class for free or give you some sort of intro deal. Cleveland Park's Hot Yoga ([hotyogausa.com](http://hotyogausa.com)), for instance, allows new students to take 10 days of unlimited yoga for \$10. Willow Street Yoga ([willowstreetyoga.com](http://willowstreetyoga.com)), in Takoma Park and Silver Spring, is offering a slew of free classes from

July 3 to 9. After that, your best bet is to pick one studio and buy a class card. Bulk is almost always a better deal than paying per session.

#### Working It

If the price remains too high wherever you want to work out, see if a studio or gym will let you trade your services for classes. By sitting at the front desk for a few hours — just like you do at your "real" internship — you may be

**By sitting at the front desk, you can earn free exercise classes.**

able to work out for free. A four-hour shift at DC Dance Collective ([dcdancecollective.com](http://dcdancecollective.com)), near the Tenleytown Metro, earns you two classes.

#### Summer Rental

Dedicated lanes and cycle-friendly trails make D.C. a fine city to traverse by bike. If you didn't bring your 10-speed, you can always rent for a few days. Bike the Sites ([bikethesites.com](http://bikethesites.com)) is geared toward tourists, so the weekend daily rental rate is \$25. But if you want a bike during the week, it's just \$9.99 per day for a minimum of four days.

If you're thinking of buying a bike to get around this summer, visit Chain Reaction ([shawecovillage.org](http://shawecovillage.org)). The youth-run shop rehabs donated bikes and sells them at super-low prices — generally from \$100 to \$250. Plus, you're helping out your adopted community.

And if all else fails, there's always the company softball team.

VICKY HALLETT (EXPRESS)

## running for congress

### ■ Rep. Brad Miller

**ALTHOUGH REP. BRAD MILLER,** D-N.C., grew up eating his mom's Southern cuisine, he abstains from one of her favorites: fried fatback. "I'd be in deep trouble if I kept that up," he says of the lardy treat. Now he resists the temptation to fry things — most of the time — and his guilty pleasure is mixed nuts. v.h.



"I like to play tennis Sunday morning. We have an 8 a.m. church service and I'm on the court by 9:30."

"I used to play basketball, but particularly once Mike Oxley leaves Congress, there won't be anyone slow enough for me to guard."

"The YMCA" in Raleigh, where I do elliptical, is the establishment

workout area. There are other fitness businesses for young, buff people. But the YMCA is where the slow, old, pudgy guys who tend to be known in the business community go. I fit in."

"My healthiest meal is breakfast: oatmeal, an orange and coffee. Everything else is catch as catch can. I'm not particularly disciplined in the presence of food at receptions."



| STUDIES

**Stethoscope****Coffee vs. Cirrhosis**

Hangover victims who reach for a cup a joe are wiser than they knew. The Archives of Internal Medicine reported that for each cup of coffee consumed per day, subjects were 22 percent less likely to develop alcoholic cirrhosis. But what is it about coffee that helps? They don't know. It's not the caffeine, because tea didn't seem to do much for the liver. Of course, the authors caution that the best way to prevent cirrhosis is by avoiding heavy alcohol consumption.

**Attack of the TV**

We all know TV can be bad for kids, what with the violence and sex. But many are unaware of the other boob-tube danger: They tumble and hit tots. According to the U.S. Product Safety Commission in the journal Academic Emergency Medicine, 2,300 children go to emergency rooms with injuries from falling televisions each year. To be fair, however, a large, falling book could also injure a toddler.

**Smoke: Still Bad**

As if getting wrinkles didn't suck enough, it seems that smokers with lots of lines are five times as likely to contract chronic obstructive pulmonary disease as puffers with taut skin. COPD is a melange of progressive lung diseases, including emphysema and bronchitis, that the World Health Organization predicts will be the third leading cause of death by 2020. Cambridge University researchers, who analyzed data on 149 current and former middle-aged smokers, suggested that those with premature wrinkling get screened for COPD.

# Don't Die of Machismo

Real men won't ignore these potentially serious aches and pains

**Most of the time, it's good that the little Vince Lombardi sitting on our shoulder tells us to shut up and play through the pain, otherwise we'd never get anything done.**

On the other hand, there are a few instances in which pain should never, ever be ignored, on pain of death or other dire consequences.

**Sudden Groin Pain**

→ **CONDITION:** Odds are it's something called testicular torsion. Normally, a man's testicles are attached to his body in two ways: by the spermatic cords, which run into the abdomen, and by fleshy anchors near the scrotum. But sometimes, in a relatively common congenital defect, these anchors are missing. This allows one of the spermatic cords to get twisted, which cuts off the flow of blood to the testicle. "If you catch it in four to six hours, you can usually save the testicle," said Dr. Jon Pryor, a urologist at the University of Minnesota. "But after 12 to 24 hours, you'll probably lose it."

→ **DIAGNOSTICS:** A physical examination. A surgeon will straighten the cord, then construct artificial anchors with a few stitches near the scrotum.

**Severe Back Pain**

→ **CONDITION:** "If it's not related to exercise, sudden severe back pain can be the sign of an aneurysm," said Dr. Sigfried Kra, an associate professor at Yale. Particularly troubling is the abdominal aneurysm, a



GETTY IMAGES

dangerous weakening of the aorta just above the kidneys. Eventually, the pain subsides — right after your body's main artery bursts. A non-fatal possibility: You have a kidney stone.

→ **DIAGNOSTICS:** A CT scan using intravenous radiopaque dye does the best job of revealing the size and shape of an aneurysm. Once its dimensions are determined, it'll be treated with blood-pressure medication or surgery to implant a synthetic graft.

**Sharp Abdominal Pain**

→ **CONDITION:** Take your pick. Since the area between your ribs and hips

## Sudden severe back pain can be the sign of an aneurysm.

is jam-packed with organs, the pain can be a symptom of either appendicitis, pancreatitis or an inflamed gallbladder. In all three cases, the cause is the same: Something has blocked up the organ, resulting in a potentially fatal infection.

→ **DIAGNOSTICS:** If the pain is in

your lower-right abdomen and your white-blood-cell count is up, said Kra, it's probably appendicitis (out comes the appendix). Pain in the upper abdomen with high white blood cells usually spells an inflamed gallbladder (goodbye, gallbladder). And if it hurts below your breastbone and certain enzymes in the blood are elevated, then pancreatitis is probably the culprit. (The pancreas stays, but a gallstone may be blocking things up. If so, the stone and the gallbladder may have to come out.)

**Transient Chest Pain**

→ **CONDITION:** It could be indigestion. Or it could be a heart attack. "Even if it's very short in duration, it can be a sign of something serious," said Dr. John Stamatos, author of "Painbuster." A blood clot may have lodged in a narrowed section of a coronary artery, completely cutting off the flow of blood to one section of your heart. How much wait-and-see time do you have? Really, none. Fifty percent of deaths from heart attacks occur within three to four hours of the first symptoms. You're literally living on borrowed time.

→ **DIAGNOSTICS:** A blood test checks for markers of damaged heart tissue. Treatment: angioplasty or bypass.

**Painful Urination**

→ **CONDITION:** Worst case? Bladder cancer, according to Dr. Joseph Smith, chairman of the department of urologic surgery at Vanderbilt University. The pain and the blood in your urine are symptoms of this, the fourth most common cancer in men. Smoking is the biggest risk factor. Catch the disease early, and there's a 90 percent chance of fixing it. Bladder infections share the same symptoms.

→ **DIAGNOSTICS:** They'll diagnose by process of elimination. Urinalysis first, to rule out bugs, followed by a scope to look inside the bladder. A tumor will be treated with surgery, radiation or chemotherapy. ALLEN ST. JOHN (REPRINTED BY PERMISSION OF MEN'S HEALTH MAGAZINE. © RODALE INC.)

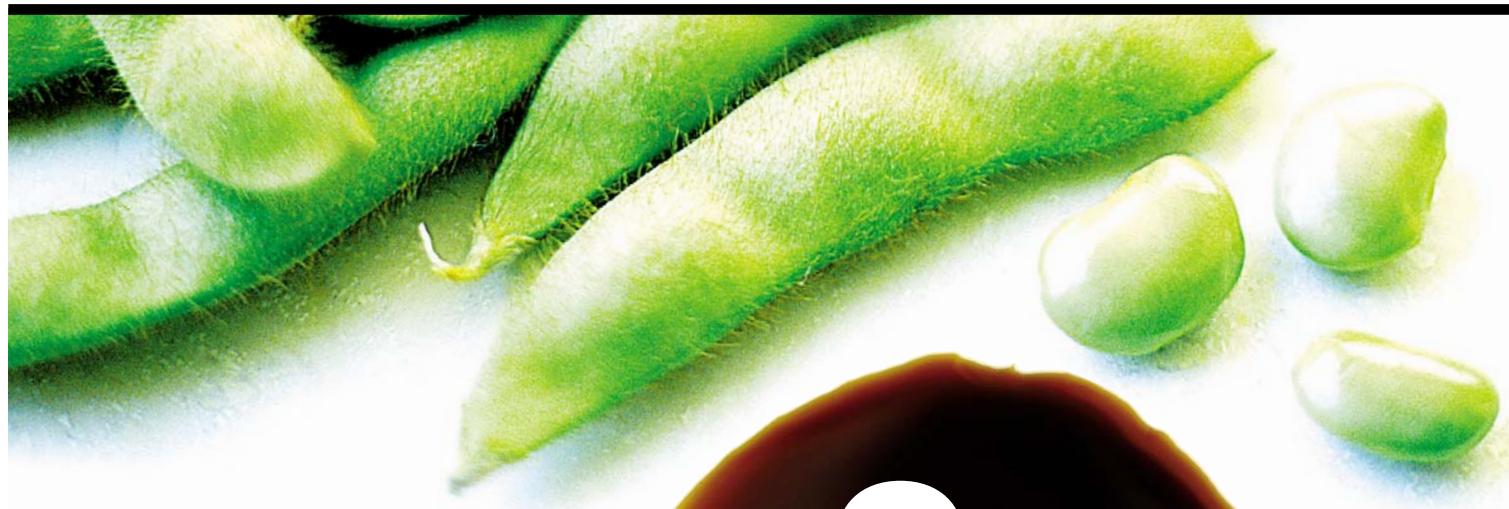


## hypochondriac

WHAT YOU COULD HAVE BUT PROBABLY DON'T

**Do you need a lot of sleep** — up to 20 hours a day? Do you consume large amounts of food? Do you want a lot of sex? Are you apathetic, lethargic, irritable or confused? Are you a teenage boy? You might have **KLEINE-LEVIN SYNDROME**, a very rare disorder that primarily affects adolescent males. The symptoms clump together in sporadic episodes that can last for days, weeks or months (the average length is two weeks), and the illness usually abates once adulthood is reached. It's not known what causes Kleine-Levin, but it probably has something to do with the hypothalamus, a bit of the brain that helps regulate sleep and appetite. There is no known cure.

SOURCES: KLEINE-LEVIN SYNDROME FOUNDATION, NATIONAL ORGANIZATION FOR RARE DISORDERS



## Has the magic food become a has-bean?

**When soy burst onto the Western food scene in the early 1990s, the possibilities for the bean seemed boundless. The protein-packed legume had the potential to prevent breast cancer, increase bone mass and alleviate hot flashes. It seemed to lower cholesterol, and thus to help prevent heart disease.**

Millions of dollars were poured into research, and technologists plopped soy into every food imaginable. They ground it into burgers, hot dogs and sausages (Tofurky was born). They processed it into cheese, milk and ice cream. Manufacturers added it to baby formula, and baristas foamed it into lattes.

Purists consumed soy in its traditional Asian forms — as tofu, “tempeh” or “edamame” — while hard-core health nuts sought out soy protein powder.

But 15 years later, with ever more soy products available in the grocery store and conspicuous soy consumption a cultural shorthand for “Hey, I’m health-conscious!” the tides are turning against the Asian wonder food.

Call it the “soy backlash.”

A crop of books and articles are now warning about the dangers of the bean.

Soy now has its very own tell-all, penned by a certified nutritionist: “The Whole Soy Story: The Dark Side of America’s Favorite Health Food.”

It’s being tracked by an international watchdog group, the Soy Online Service, whose mission is to “uncover the truth about soy” and

### New research is showing that soy is not actually a magic bullet.

inform consumers about “the plethora of criminal and dangerous lies that issue from the soy industry.”

Soy, we are warned, can do terrible things should we overdose on tofu, suggests the men’s magazine

# Oy For Soy!

Best Life: “Grow man boobs! Shed muscle tone! Boost estrogen! Saps your sex drive!”

These reactions are extremes. But even mainstream scientists are pulling back on once-heady health predictions for the bean. New research is showing that soy is not the magic bullet researchers once hoped it might be.

Yet these scientists also see soy as the latest casualty in Americans’ endless (and unrealistic) search for a single substance that can change your life.

“It’s just food!” says soy guru Mark Messina, an adjunct professor of nutrition at Loma Linda University in California, who con-

sults for the soy industry. “We are talking about diet here. Not the fountain of youth.”

Nutritionists watch the very public taking down of soy with bemusement—and slight exasperation. Many point out that meta-analyses (which pool results of different studies together) are not the best way to determine a food or medicine’s effectiveness — especially in the case of soy because the product comes in so many forms.

But they also see the fall of soy as part of the cycle of American pop culture, be it celebrity or bean: hoist it up to impossible heights, then drag it down and bash it. The truth about soy, they say, is somewhere in the middle. If anything is problematic, nutritionists say, it is the quintessentially American habit of assuming that if a little of something is good, then a lot must be really good. Eat soy as a food, they add. It would be nearly impossible to overdose from eating too much tofu, “tempeh” or soy burger.

Just because soy isn’t a magic cure for hot flashes and breast cancer doesn’t mean it isn’t a good food.

HILARY E. MACGREGOR (LOS ANGELES TIMES)

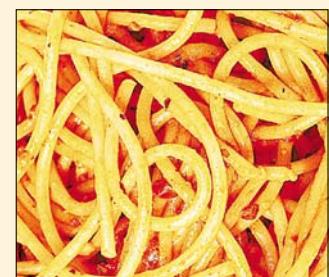
| THE EXPERTS

## Chew On This

### Red Means Go



I can’t stand tomatoes (though I do like pizza and Bloody Marys). Now I hear tomatoes are helpful in preventing prostate cancer. Are there other foods that serve the same nutritional purpose?



It turns out that cooked tomatoes, not fresh, contain the most lycopene — the anti-cancer agent that’s been linked to a reduced risk of prostate cancer. Foods like pizza, pasta with red sauce, and chilis and soups made with tomato paste are your best bets to reap the benefits of tomatoes. Watermelon and pink grapefruit also contain lycopene, but in smaller amounts. You can decrease your cancer risk further by consuming plenty of low-fat, high-fiber, antioxidant-rich foods such as broccoli, cauliflower, citrus fruits and soy. Antioxidants are important because they kill free radicals, which may promote cancer and heart disease.

Kristen Ciuba, MS, is the nutritionist at Results the Gym, in Washington, D.C. She also implements nutrition programs for local companies. E-mail her at nutrition@readexpress.com

## Meat and Fruit Meet Cute

### PORK STEAKS WITH PLUM GLAZE, serves 4

**INGREDIENTS:** 1 pork tenderloin, trimmed; 1 tsp. salt; 1/4 tsp. black pepper; 1/2 cup plum jam; 1 tbsp. brown sugar; 1 tbsp. grated fresh ginger; 1 tbsp. fresh lemon juice; 1/2 tsp. cinnamon; 2 garlic cloves, crushed; 4 large plums, halved and pitted.

**MAKING IT:** Prepare outdoor grill for direct grilling over medium heat. Cut pork lengthwise, almost in half, being careful not to cut all the way through. Open and spread flat. Place tenderloin between two sheets of plastic wrap and pound to about 1/4-inch thickness. Cut tenderloin into 4 pieces; sprinkle with salt and pepper. In small bowl, mix plum jam, brown sugar, ginger, lemon juice, cinnamon and



garlic. Brush one side of each pork steak and the cut side of each plum half with plum-jam glaze. Grill pork and plums, glaze side down, for 3 minutes. Brush with remaining glaze; turn and grill until steaks are lightly browned on both sides and plums are hot, about 3 minutes longer. (AP)



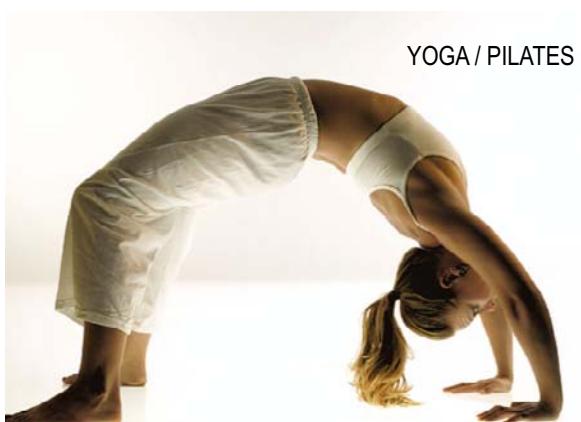
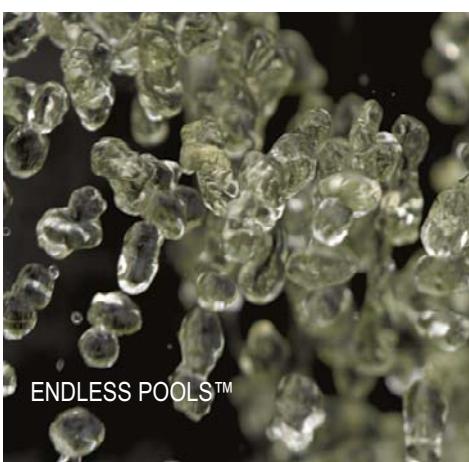
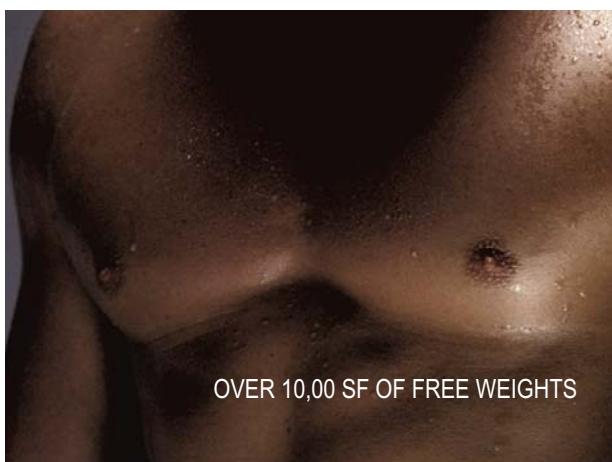
Per serving: 179 cal., 16g protein, 20g carbs, 4g fat, 59mg cholesterol, 518 mg sodium

## VITAL STATS

# 95

THE PERCENTAGE OF AMERICANS WHO LOOK FOR LABELS SUCH AS KOSHER, ORGANIC OR WHOLE GRAIN WHEN GROCERY SHOPPING FOR THEIR FAMILIES, ACCORDING TO A SURVEY BY CONAGRA FOODS

# Spoil Yourself BEFORE JUNE 29!



601 F Street NW: Opens August 23, 2006  
1515 15th Street NW: Opens Fall, 2007

Charter Membership Offer in DC's most Unique, Full-service Luxury Fitness Center & Spa ends **June 29!**

- All Above Ground Facility
- Yoga / Pilates / Meditation
- Unique Group Classes
- Over 50 Pieces of Cardio
- Over 10,000 sf of Free Weights & Selectorized Equipment
- Zen Spa
- Endless Pools™
- Well-appointed Locker Rooms
- BANG Salon & Day Spa
- Health Bar
- Cycling Studio
- Team LLOYD IRVIN Mixed Martial Arts
- **No Extra Fees for Group Classes** including Yoga / Pilates / Meditation
- **Convenient hours:** M-F 5am - 11pm, Sat/Sun 7am - 9pm

**202.393.VIDA**